

PATIENT ASSESSMENT: EXAMINATION, INDICATIONS AND FIT

Note: blood tests should include MCV, FBC, U&E, iron studies/ferritin, eGFR and CA125 for women.

Symptoms/clinical findings	Adult aged 18 years or over
Unexplained abdominal pain and/or unexplained weight loss	<p>Arrange FIT test AND order bloods.</p> <p>Safety net and wait for the results and then consider referring depending on results in context of clinical concerns</p>
Changes in bowel habit (CBH)	
Anaemia <i>without</i> iron deficiency which is unexplained (especially in those 60yrs and above)	
Unexplained rectal bleeding	
Rectal bleeding AND WITH abdominal pain/CBH/weight loss	
Unexplained IDA OR previously un-investigated IDA in men and non-menstruating women (menstruating women with IDA need only be referred if FIT Positive)	<p>Refer Urgent Suspected LGI Cancer Referral (TWW) PLUS Arrange FIT test AND order bloods</p> <p>Do NOT wait for FIT result or blood results</p> <p>Ensure that it is unexplained IDA</p>
Abdominal mass	<p>Refer Urgent Suspected LGI Cancer Referral (TWW) Arrange FIT AND Order bloods. Do NOT wait for FIT result or blood results</p>
Anal/rectal mass	<p>Refer Urgent Suspected LGI Cancer Referral (TWW). DO NOT FIT test. Order bloods. Do NOT wait for blood results</p>
Anal ulceration	

WHEN TO REFER ON URGENT SUSPECTED LGI REFERRAL

FIT results must be interpreted in the context of other results, examination findings and clinical concern. Never interpret a negative FIT result in isolation.

