

Staff

News 'n' Views

NHS

St Helens and Knowsley
Teaching Hospitals
NHS Trust



MERRY
CHRISTMAS
AND HAPPY NEW YEAR

*Thank you
for all your hard work*

From Richard Fraser, Chairman,
Ann Marr OBE, Chief Executive
and the Trust Board

www.sthk.nhs.uk

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@sthknhs



Excellent Patient Care in World Class Hospitals

Issue 82 Winter 2022

Christmas message from the Chief Executive

As I look back over the past 12 months, I am once again humbled by the strength and commitment shown by our staff throughout another year of significant pressure across the NHS.

Despite the many ongoing pressures faced from continuing COVID-19 presentations, restoring our elective activity to pre-pandemic levels and unprecedented demand for our services, you continue to prove what an exceptional team of professionals you truly are. There have been many examples of truly exceptional care and fantastic achievements throughout the year.

Our teams across Cancer Services have been on a winning streak, receiving not one but six prestigious awards for their outstanding care of patients, including the Excellence in Healthcare Award at the NHS Parliamentary Awards in July. The Trust joined the Rainbow Badge accreditation programme for our work in LGBT+ inclusivity, and we held our first Staff Awards ceremony in three years which was a great success, it was wonderful to be able to come together once more to celebrate the very best that Team STHK has to offer!

These are just a few of the many great things we have accomplished together this year and as 2022 draws to a close, I want to thank each and every one of you for everything you do; day in, day out. You all play such an important role in making STHK an outstanding organisation.

Many of you will be working over the festive period, and whilst I know you will do your very best to bring a smile to the faces of our patients, I also hope that you will be able to take some time to rest and recharge ready for the adventures of 2023.

I will never take for granted the hard work it takes to continue to provide the very best care to our patients and their families. On behalf of the Trust Board, I wish you a Merry Christmas and a healthy and happy New Year.

Ann

Ann Marr OBE
Chief Executive





Are you protected?



Thank you to all colleagues who have had their flu and COVID-19 autumn booster jab already. As you know, these vaccinations dramatically reduce the risk of infection and complications to our most vulnerable patients.

With social distancing feeling like a thing of the past, we are in a much different situation this year, and if you have been in this business for a long time – you will know that flu is one of our main pressures each winter!

Not only do we have flu to contend with this winter, but we are also protecting our patients from the risk of COVID-19, so we continue to offer the vaccination to colleagues to reduce the spread of the infection.

MYTH: I am fit and healthy so do not need the flu vaccine

FACT: Whilst it is recommended to eat well and exercise, the only protection against flu is to have the flu vaccine.

MYTH: I've heard the jab can give you flu

FACT: The flu jab offered at STHK is not a 'live' vaccine, so cannot give you flu. If you have been exposed to the virus prior to having the vaccine you are still at risk.

Why our Execs have been vaccinated....

Peter Williams, Medical Director

"I have had my COVID-19 booster and flu jab, to protect our patients and myself. I would advise all colleagues to do the same."

Sue Redfern, Director of Nursing, Midwifery and Governance

"This is the most effective way that we can prevent spread of infection - it's really important that we protect our patients."

MYTH: I have only just had COVID so can't have my flu jab yet

FACT: You can have the flu vaccine as soon as you are fit and well, as long as you do not have a temperature or acute COVID symptoms.

MYTH: I have had my COVID-19 booster, so I don't need the flu jab

FACT: Flu and COVID are different viruses, so you still need your flu vaccine to be protected against flu.



Our vaccination programme is still running, and colleagues are encouraged to protect themselves and others throughout the winter months – you can find the latest timetable on the intranet.

Employee of the Month

JUNE 2022

Michelle Duckworth

Fitness to Practice & Governance Lead

Nominated by: Ngozi Anya, Head of HR Operations

Consistently going over and beyond what is required of her role, Michelle was presented with Employee of the Month for June 2022 for her constructive and positive approach to her work.

In her nomination, Ngozi said, "Michelle is one of those people who just gets on with the job at hand and her work speaks for itself. Her ability to quickly build confidence with stakeholders through her responsive approach to work is commendable.

"I believe that every team needs people like Michelle who can work with you when the going is good, but will buckle down and strive forward when the going gets tough. She is both a rising star and a member of the team who has done a super amazing job."



On receiving her award, Michelle said, *"It was such a shock to receive the award. I am really, really grateful and just want to say thank you to Ngozi for nominating me. I'm so lucky to work with such a great team in HR Operations, they're a fantastic bunch, thank you."*

JULY 2022

Emma Porter

Radiographer

Nominated by: Patient and supported by Sue Conroy, Radiology Manager

On accepting her award Emma said, *"I feel absolutely made up to receive this award today. I feel really proud and grateful, I work for an amazing team in Radiology and I couldn't do it without them. I just want to say thank you to everyone that put me forward for this award."*

Thanks to her seemingly never-ending patience and extraordinary empathy, Emma was the proud recipient of the July's Employee of the Month Award after being praised for her exemplary care and kindness in reassuring and comforting a highly anxious patient as they received a vital MRI scan to support their recovery.

In their nomination, the patient said, 'It is no exaggeration to say that if it wasn't for Emma, I would not be receiving the care and treatment I need to recover. Emma became my angel in maroon. Her care was so outstanding that when I left the department, I cried because I was so relieved I had finally had the scan. I cannot thank Emma and her team enough for how fantastic they were on that day.' Her manager Sue said, "Emma receiving this kind of feedback from a patient is no surprise, she is hard-working, conscientious, and always goes the extra mile to help her patients and puts herself in their shoes. Nothing is too much trouble; she approaches everything with a smile and a can-do attitude."



AUGUST 2022

Shaun Grady

Hair Loss and Wig Consultant

Nominated by: Lynne Shaw, Estates and Facilities Manager

After joining the Estates and Facilities Team over 30 years ago, Shaun has transformed the confidence of many patients. In his nomination, Lynne said, "Some people are simply not aware of the vital work undertaken by our hospital hairdressing service. It can improve the mood of a patient who has been in hospital for some time or increase the confidence of those patients going through a period of hair loss."

A recent patient message said, "As a patient with terminal secondary breast cancer, coming to terms with the diagnosis has been very difficult to say the least – losing my hair with treatment is like grieving the loss of my femininity. I feel like a woman again because the wig I have is so perfect. The confidence I feel has boosted my self-image, which is the most important thing whilst coping with this nasty disease."



On receiving his award Shaun said, *"I'm extremely proud of getting the award today, my job is so rewarding! I've done it a long time, and I love it!"*

SEPTEMBER 2022

Milady Doinog

Operational Site Manager

Nominated by: Johanne Marsden, Directorate Manager



Graciously accepting her award, Milady commented: *"I really didn't expect to win this award, but I would like to extend this recognition to the whole team and patient flow, and I would also like to thank the Filipino nurses – you are all amazing."*

Milady was one of the first nurses to arrive from the Philippines, joining STHK almost 20 years ago! She has been honoured with the Employee of the Month Award for September, for her persistent support and positivity to her colleagues and for her dedication to patient safety. Johanne said in her nomination: "Milady always remains calm and positive, going above and beyond her role when times are tough - she always puts the patient first, being their voice and advocate. As part of the Trust's community of International Nurses, she has become a 'Queen Bee' of the group. Helping to build a community that is embedded within the heart of the STHK family."

OCTOBER 2022

Rieka Taghizadeh

Consultant Plastic Surgeon

Nominated by a Patient, supported by Miss Leena Chagla, Consultant Surgeon and Lead Clinician for Breast Services



Reika has undertaken some amazing work at STHK, leading the DIEP service which is now amongst the top DIEP centres in the country. In her nomination the patient said, "Miss Taghizadeh is no doubt about it - a pioneer in her field. She is an amazing woman who is highly recommended and praised by ladies on various social media platforms for her outstanding skills, care for all her patients and her reputation as one of the greatest surgeons."

Supporting the patient nomination Miss Chagla said, "Patient feedback for the service is exceptional with surgical outcomes for patients exceeding expectations. She is loyal and passionate not only in her desire to always provide the very best care for her patients, but about the Trust too. She is a confident leader and a loyal colleague, and we are incredibly proud to have her here at the Trust."

Upon receiving her award Rieka said, *"It is humbling, I am incredibly grateful both to the patients and my wonderful colleagues and Miss Chagla, and the rest of the team that makes it possible – because it's all about the teamwork."*

NOVEMBER 2022

Sen Kuppuswamy

Therapy Operational Manager

Nominated by Viki Hunt, Therapy Manager



Upon accepting his award Sen said, *"I'm really happy and I feel very privileged, I work with an incredibly supportive team, and it means a lot to be winning Employee of the Month."*

Sen may be new to STHK but he has certainly wasted no time in further improving our services, by helping to develop and launch a brand new Urgent Crisis Community Response Team, operating seven days a week. In the nomination Viki said, "Feedback from our local partners is extremely positive, highlighting that Sen and the therapy leads who support the discharge pathways are always incredibly responsive and supportive. He works alongside colleagues to ensure that patient care is streamlined and efficient, assisting not only high standards of patient care, but supporting the improvement of hospital flow, admission avoidance and helping to reduce any unnecessary pressures on staff."

If you would like to nominate a member of staff for Employee of the Month, you can download a nomination form from the staff intranet or email: employeeofthemonth@sthk.nhs.uk



RESEARCH HUB

The Trust, in partnership with the Clinical Research Network Northwest Coast, has invested in a brand-new Research Hub with dedicated clinical research space and equipment. Here we catch up with the award-winning Research Team to find out what this has meant for them.

What is research?

Research helps doctors and clinicians to better understand how diseases work.

Different types of research include:

- Questionnaires
- Surveys
- Interviews
- Clinical trials of medicinal products
- New device/products
- Data collection

Who we are?

Our team spreads far and wide across STHK - we have Principal Investigators, Research Nurses, a team of dedicated research delivery staff and more recently we have had the much-welcomed addition of our first ever Clinical Director of Research, Dr Ascanio Tridente.

What we do?

Committed to helping the Trust deliver 5 star patient care, we contribute by finding new and better treatments for diseases. We work with patients and their families to improve prevention and treatment of diseases.

What research we undertake...

We have research studies in a whole host of specialties including Burns and Plastics, Cancer, Diabetes, Intensive Care, Heart Disease, Obstetrics and Gynaecology, Paediatrics, Rheumatology, Stroke, and other specialist areas.

How the Research Hub has transformed our work...

Last year, we had approximately 100 studies across various specialties open to recruitment at STHK and more than 1300 participants took part in clinical research studies.

In the Hub, we now have two new clinic rooms, that will be key in speeding up access to new, innovative treatments for patients both locally and nationally and will allow us to deliver a wider range of clinical trials tackling a larger number of priority disease areas.

As we move forward into a new chapter, we are keen to raise the profile of the department and encourage new working relationships with industry (commercial businesses such as pharmaceutical companies).

This can help the Trust and our patients to:

- Access new treatment, practices and procedures
- Access large scale clinical trials
- Generate income for re-investment back into research, facilities and patient care.



Some of our proud moments:

- We were recognised this year for playing our part in contributing towards the **Oxford Vaccine Study**, by working closely with Liverpool School of Tropical Medicine.
- We were the top recruiters for the **Melanoma Margins Trial** which is looking at whether reducing the amount of skin removed during surgery can improve quality of life and reduce the risk of melanoma returning.
- We were the top recruiter for the **ROSETA study**, which aims to test combinations of four different interventions, designed to support women who have been prescribed hormone therapy medication as part of their treatment for breast cancer.
- We were congratulated for our contribution to the Genomic Study, a study aiming to find the genes that cause some people to be more vulnerable to COVID-19 and have been a top recruiter out of the 48 sites taking part in the study.
- The **National Cancer Patient Experience Survey** (2021), published in July 2022 placed us in first position across all the Cheshire Merseyside Acute Trusts for discussing cancer research opportunities with our patients. We also received the most responses for the **National Institute for Health Research (NIHR) Patient Research Experience Survey** with excellent feedback.



- We are the top recruiters to the important **Huawei Stroke Study** that aims to find out whether the use of a smart watch can detect atrial fibrillation (abnormal heart rhythm) in patients following a stroke to reduce the chances of another.
- Our Burns and Plastics team successfully recruited to the **Re-Energize** trial which was accepted in the New England Journal of Medicine, one of the world's top-ranked journals.
- The team also submitted 23 presentations to the British Burn Association meeting held in Bristol in early May 2022, and won two out of three poster prizes.



Harmonie Study

We are taking part in the Harmonie Study which aims to protect babies from respiratory infections. RSV infection is unpredictable and is a leading cause of hospitalisations in babies.

Current studies show that the immunisation protects infants approximately 70% from RSV respiratory infection for approximately 5 months.

We are recruiting babies below one years old to take part in this clinical trial.

To take part visit: rsvharmoniestudy.com/en-gb



If you have a condition and would like to take part in a research study, you can visit: <https://bepartofresearch.nihr.ac.uk/>

Theatres set to expand in time for Summer 24...



Though we are lucky to have our great modern facilities, the operating Theatres at Whiston Hospital were last redeveloped back in 2010 and since then we have seen a substantial increase in demand for our services. This



has prompted the need for us to enhance our current operating space to accommodate more patients.



To do this we will be redesigning the current office space on level four at Whiston Hospital, to build a self-contained twin theatre suite - the additional space could enable us to treat an extra 2000 patients per year!

Those currently in the offices on level four will be relocated, but regular meetings are taking place to make sure that colleagues move to office spaces that will work for them.

Cancer Services on a winning streak!



Our Cancer Services Team have excelled themselves by winning another three awards, making them the proud owners of six awards in the space of a year!

The team attended the prestigious Nursing Times Awards, at Grosvenor House in London for a glamorous evening of celebrations, where they were announced the deserving winners for the Cancer Nursing category.

The award was presented for the introduction of a brain tumour optimisation pathway, which has transformed the patient journey following an abnormal brain scan. Patients are

now given a key support worker at the start of their diagnosis, ensuring that they get the opportunity to ask questions and have regular contact with someone at a difficult point in their lives.

Only a few weeks later, the team were off to Wembley Hall hotel in

London to attend the Macmillan Excellence Awards. It was there where they were presented with two awards for Innovation Excellence after implementing the brain tumour pathway, and Quality Improvement Excellence for the cancer services advice line.



Our cancer advice line was introduced back in 2020, to offer advice and rapid access to those experiencing cancer symptoms.

Since the service launched, it has been contacted 158 times, leading to 41 fast track cancer referrals, with four patients getting a faster cancer diagnosis as a result.

Well done to colleagues involved in these awards, the work that has gone into these initiatives has been significantly recognised!



Staff Facebook Group

Have you joined our Staff Facebook group yet?

Share updates from your team, celebrate those good news stories, or simply thank a colleague. The Facebook group is your space to connect with other members of Team STHK! The group is a positive space dedicated to colleagues where you can thank individuals, wish a team member Happy Birthday, and share your achievements.

How do I join?

It may sound obvious – but firstly you need a Facebook account!

You can find the STHK staff group by logging in your account and searching for 'Team STHK'

As it's a closed group, you'll need to apply to join and answer some questions to confirm you're eligible.

A safe space for everyone...

There are some sensible rules to follow, and we hope the group provide a safe space for you to keep in touch and stay up to date!

Visit the staff intranet to find out more and check our staff Facebook group FAQs.



We've gone mobile!

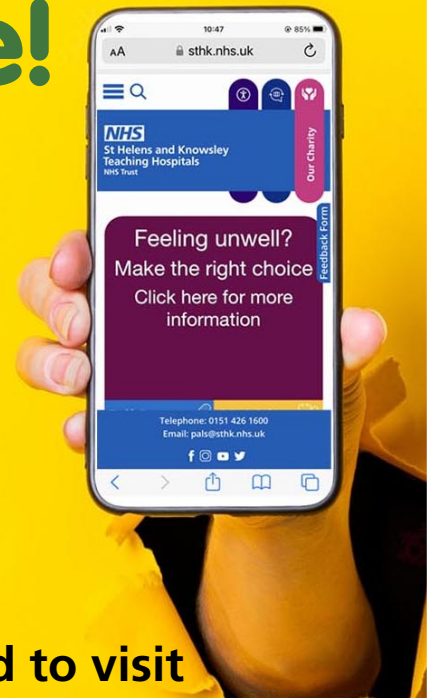
You can now access the intranet from your phone! We appreciate how hard it can be for colleagues to get access to a computer, so we have made it easier than ever to stay in touch with all things STHK!

You can:

- See all the latest STHK news and events
- Visit our Wellbeing Hub for all the latest support available
- Access your payslip
- Find all your team's information and important documents
- Check out the latest NHS staff deals and discounts
- And so much more!

To get the intranet on your phone you need to visit <https://intranet.sthk.nhs.uk/extranet/>

Visit 'day to day stuff' on the intranet to find out how to add this as a quick link.



Winter Wellbeing

Your wellbeing is our priority at STHK, which is why we have a range of resources and tips to help support you through the winter months.

Winter in the NHS can be a difficult time - we know the challenges that our colleagues face, and now we have additional pressure from the cost-of-living increase. Throughout the next few months we will be updating our Wellbeing Hub on the intranet to bring you support, advice and money tips. Make sure to check it out regularly and share any tips you find with your colleagues.

Staying on top of your finances this Winter...

The festive period can leave us strapped for cash, but as part of our Salary Sacrifice program, fleet home electronics can help to ease the burden of those expensive presents by spreading the cost. You can access the scheme by visiting the intranet and clicking on payroll.

Budget planners

'Better with Money' offer free downloadable budget planners to help you keep track of your incomings and outgoings.

If you prefer managing your money online there are a range of apps that can help you with budgeting your money, including:

- Emma
- Money Dashboard
- Plum

Low-cost meals

There are lots of low-cost budget recipe plans now available online, many supermarkets have budget friendly recipes. We have found some popular Instagram accounts that you can follow for family friendly low-cost meals:

@plantbasedonabudget

@realfoodbydad

If you follow any budget meal accounts, share them with colleagues on our Staff Facebook group.

Mental Health

It's no surprise that focus has shifted over recent years to our mental health, especially given the pressure we have faced during the past few years. We know the benefits that mindfulness and taking time for ourselves can bring - but putting these things into action can be a different story.

There are a range of wellbeing apps that NHS staff can access for free with some of the guided meditation sessions starting from as little as three minutes! Why not pop in your headphones and listen to them during your walk from the car park?

Headspace - Headspace is a science-backed app in mindfulness and meditation.

Unmind - Unmind is a mental health platform that empowers staff to proactively improve their mental wellbeing.

WorkLife Central - WorkLife Central's programme offers expertise and support to help you balance work with family life.

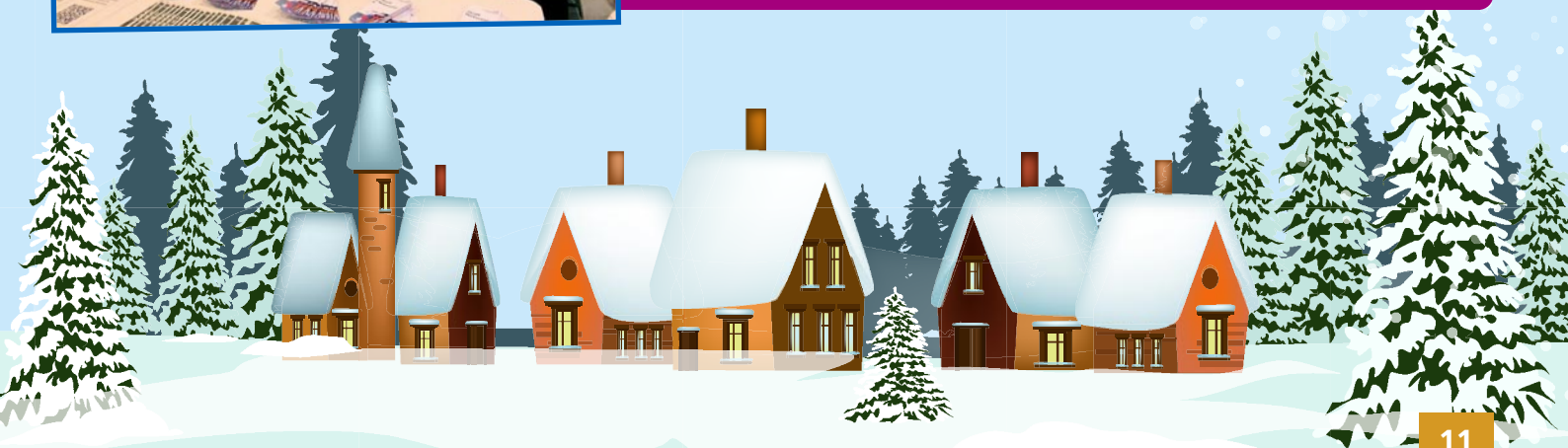
We also have some upcoming events in January to help support your wellbeing, don't forget to check out our Wellbeing Hub on the intranet for more information.

Colleagues can also access the Cheshire and Merseyside Resilience Hub for extra support, visit cheshiremerseyresiliencehub.nhs.uk for more information.

Social Wellbeing

The National Trust website has a list of different walks in your area that you can access to get you out and about this winter. Our intranet and Staff Facebook group also have lots of ideas for keeping busy this winter.

In November, we hosted our Wellbeing Hub Staff Winter Event, where we had around 30 stalls providing a range of information and resources to support colleagues, as well as practical and informative sessions to try out. Thank you to everyone who came along.





Dee Says ...



We've had a busy few months at Whiston and St Helens' Hospital Charity, with lots of fantastic fundraisers raising money for our services. This goodwill of our patients and colleagues ensures that we are able to continue to deliver 5 star patient care that we pride ourselves on. To donate to our Charity scan the QR code on this page. You can also visit wshospitals.enthuse.com to get involved in one of our fundraising events!

Dee Littler, Charity Fundraiser



Presents for Patients

We know how difficult Christmas in hospital can be, so we are looking to raise £7000 to ensure that everyone receives a gift on Christmas Day and hopefully bring a smile to our patients.

Thank you to everyone who has donated so far, this wouldn't be possible without your generosity and help in raising money.



WSHospitalsCharity.org

WHISTON and ST HELENS HOSPITALS' CHARITY

Presents for Patients

Christmas Appeal

A gift for every patient in hospital on Christmas Day

donate here



Text CHRIMBO to 70580 to donate £5

Texts will cost the donation amount plus one standard network rate message

A Bonding Fun Casino Night



We held a casino night at the Totally Wicked Stadium in October, raising a whopping £10,000 for our specialist Burney Breast Unit at St Helens Hospital.

The evening was fun from start to finish, with attendees enjoying a 2-course meal and live music from singer Olivia Parr and the Easy Street Big Band. We also got to witness some incredible magic tricks from Barrington Powell the table magician and had an auction for some unbelievable prizes, including a gorgeous Cornwall cottage retreat worth over £1,500!

Huge thanks to our generous sponsors and everyone who came along to celebrate on the evening, the money will contribute to helping our amazing team and purchase essential equipment, bras, books, and much more.



WHISTON and ST HELENS HOSPITALS' CHARITY

Zoodies help patients stay warm during Chemotherapy

Sandra Glynn, Lilac Centre patient, has used her experience of receiving chemotherapy to design special hoodies with zips to allow patients to stay warm during treatment. Naming them 'Zoodies' the zip on the arm means that patients can zip up around the PICC line administering the drug.



Sandra regularly runs around Sefton Park, Liverpool,

collecting money for charities and recently raised funds to produce more Zoodies for other patients living with cancer.

The 61-year-old dropped the new zoodies off at the Lilac Centre and shared her innovative designs.

Sandra said, "When you are having treatment you get cold anyway, but if you wear a cold cap it's even more so. So at least with these Zoodies people can be as comfy as possible, they were made up when I went in to drop them off."



Thank you to Jeanine Murtagh

Jeanine underwent genetic testing due to a very high family history of breast cancer. The results found that she was at 87% chance of having the disease in her lifetime and she took the difficult decision to have preventative surgery.

On the first anniversary of her operation back in 2014, she decided to mark the occasion by holding a fundraising event for the Burney Breast Unit. Nine years later and she is now on 'Boob do 9' and has raised almost £10,000 over the years. Jeanine dedicated the most recent event to her mum who sadly passed away from breast cancer after fighting the disease twice before. We are very grateful to Jeanine for her tremendous efforts in raising money for our Trust, with her latest event bringing in a brilliant £2825.50.



Please remember, if you are looking for a challenge or a charity to support, we are your local hospitals and we need you. You can call me on 0151 478 7568 or email: hello@wshospcharity.org I'm always here to support with advice and suggestions on the best way to go about your fundraiser.

[f /WSHospCharity](https://www.facebook.com/WSHospCharity) [@WSHospCharity](https://www.instagram.com/WSHospCharity) [@WSHospCharity](https://www.twitter.com/WSHospCharity)

Got a question for our Exec Team?

Ask them at our brand-new Trust Brief live.

Trust Brief Live is our new all-staff briefing that will be a weekly check-in with the Trust's Executive Team, giving updates on activity from services across our organisation.

Colleagues will also have the opportunity to ask members of the Senior Team questions directly.

Trust Brief will take place each Thursday at 12pm on MS Teams, an email with the link to the briefing will be sent out every Wednesday.

If you are unable to join the session, the briefing will be recorded and shared on the intranet and Staff Facebook group.

If you have a question that you would like answered on Trust Brief live and want to submit it prior to the event, email: communications@sthk.nhs.uk



Team Talks

Team Talks are a chance for our Executive Team to get out and about to meet with colleagues and hear first-hand about what it's like to work in different areas of STHK!

Giving staff the chance to have their say, this is just one of the ways that our leadership team are actively listening to colleagues.

The feedback from these sessions has been extremely popular, with colleagues saying, "I think that it is great that the Trust leaders are listening to staff on the shop floor. It's good to see Team Talks back after the pandemic."



You Said, We Did:

- **Can we increase Business mileage for travel over 3500 miles?**

To provide additional support to staff who regularly travel as part of their role, we have increased the mileage allowance from 20p to 45p for distances travelled above 3,500 miles.

- **Are we able to adopt some of the best practises highlighted from the Patient Experience Council to reduce the demand on A&E?**

In September, we launched our Urgent Crisis Response Service in St Helens and have since branched out to other boroughs through Merseyside and Bridgewater. The team respond to crisis' in care homes and patients own homes to avoid potential hospital admissions.

Say hello to Wagestream

YOUR NEW EMPLOYEE BENEFIT



Track wages

Keep track of your earnings, in real-time as you work.



Stream wages

Giving you access to the wages you've already earned, for a flat fee of £1.75, whatever the amount.



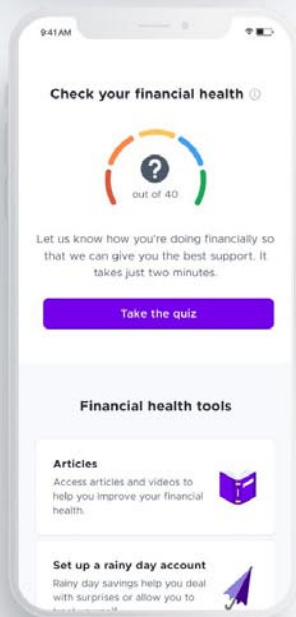
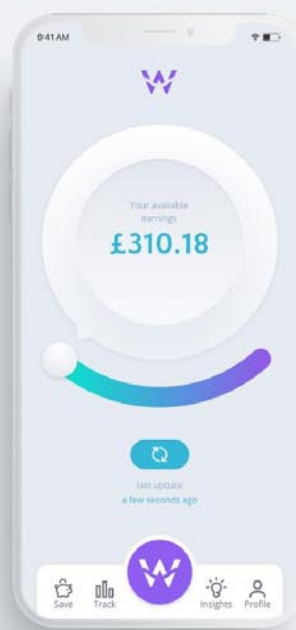
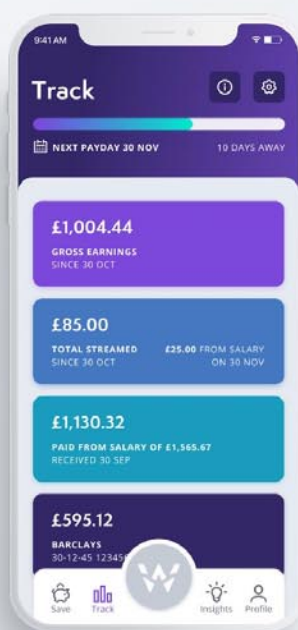
Save wages

Turn pennies into pounds with automatic, easy to set up savings straight from your pay each month.



Coach

Coach gives you access to a financial health score checker and a range of tools for improving your personal finances.



Download Wagestream via the App Store or Google play





Because you're amazing!

We regularly receive feedback about how fantastic the care is at our hospitals. Here are just some of the messages from the last few months.

My mum was on Ward 5A in @sthknhs for just on 3 months. I have to say the outstanding care and love shown towards her was second to none. From nurses, HCA, housekeeping staff cleaners as a family we really could not thank you enough!!! Honestly they were angels ♥

Wouldn't be here without the NHS at Aintree & @sthknhs Ward 3A, @NWAmbulance for taking me to hospital every week almost, District Nurses for daily care.

The biggest thank you to Kirsty and Caroline on Ward 4F in @sthknhs my Harry had 2 get bloods done 2day and they completely put him at ease and ensured it was pain free. Was such a lovely environment such a special touch with the certificate which he's proud as punch with!!

♥@sthknhs thank you for looking after my girl in childrens A&E Whiston over the last week & for not making me feel like a neurotic Mum!!! Outstanding care from all nurses & doctors ♥

@sthknhs thank you to the lovely audiologist who saw me today. What would we do without our wonderful NHS? I can hear again!!!

@sthknhs thank you to everyone on GPAU who looked after Adam over the past 2 days. Extremely grateful for the thorough care, understanding and your kindness. You are all stars ★

@sthknhs just wanted to say thank you to everyone who looked after my Dad today at the Lilac Centre - he received amazing care and is so much better tonight- so impressive from my first phone call, kind, caring and professional- thank you all so much xxx

The @sthknhs Palliative Care Team & @macmillancancer at Whiston Hospital were absolutely amazing with my mum's end of life care ♥

@sthknhs your A&E is so overwhelmed this evening, seeing is believing but your staff have been incredible, kind, considerate and fast in their delivery of care. Thank you.

A huge thank you to all the staff especially Ward 3A Whiston Hospital @sthknhs for my husband's surgery and care, you are amazing, now home to start the recovery.

@sthknhs TYVM to triage, resus, anaesthetic and intensive care and Ward 1D for saving my life after recent anaphylaxis... fantastic staff, cleaners, nurses, drs, cooking staff.. great hospital. came home yesterday after 4 weeks in there.

Thank you to the lovely staff @sthknhs who looked after my husband today after he came off his motorbike ♥ #NHS

Amazing Cancer Team @sthknhs who continue to care for my partner. The people skills of the staff there during the pandemic was remarkable, we got a point of contact and this made a huge difference!

Can I just say how wonderful Ward 2A are especially the ward sister, I can't fault the care and treatment I have just had xxx

The all female team at @sthknhs Whiston Hospital who left me in awe at their professionalism and empathy are an inspiration to girls... just amazing and I'll single out midwife Gemma. @NHSMillion ♥

Staff News 'n' Views

Next Issue: Spring 2023

Many thanks to everyone who has been involved in producing this edition, if you would like to contribute to future editions please contact:

newsnviews@sthk.nhs.uk

The deadline for submissions for the next News 'n' Views is 31st January 2023

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St Helens & Knowsley Teaching Hospitals NHS Trust



www.youtube.com/sthknhs1

