

# Staff News 'n' Views



St Helens and Knowsley  
Teaching Hospitals  
NHS Trust



## 2020 International Year of the NURSE AND MIDWIFE

[www.sthk.nhs.uk](http://www.sthk.nhs.uk)

[www.facebook.com/sthknhs](https://www.facebook.com/sthknhs)

[@sthknhs](https://twitter.com/sthknhs)

*Excellent Patient Care in World Class Hospitals*

Issue 71 Spring 2020



# Trust named top PLACE for the third year running!

The Trust has been named the BEST in England for the 3rd year running, according to the Patient Led Assessments of the Care Environment (PLACE) programme.

The PLACE programme awarded first place to the Trust after inspections were carried out at Whiston and St Helens hospitals, as well as the Trust's Intermediate Care Unit at Newton Hospital.

Scoring an average of 99% across the board, the inspectors assessed a number of different areas including cleanliness, food, privacy and dignity, condition of the buildings and facilities for patients living with dementia and patients with disabilities.

Not only were we ranked best in the NHS overall, but the Trust also scored 100% in two categories; cleanliness and the condition of the hospital buildings.



Ann Marr, Chief Executive said:

"It is wonderful news that the Trust has been named the best Trust in the country for the third year running. The Trust's staff work extremely hard to maintain the highest standards and these results highlight our commitment to providing high quality care for our patients in excellent facilities."

Nicola Bunce, Director of Corporate Services said:

"I am delighted that the continued hard work and commitment of staff from across the Trust and our partner organisations has been recognised by PLACE, I would like to thank them all."

A massive THANK YOU to all Trust, Medirest, NewHospitals and Vinci FM staff for their hard work. You are simply the best!

## PLACE FACTS AND FIGURES

1,144 assessments were undertaken across the country in 2019

STHK was the best NHS organisation in the country

100% score for cleanliness

100% score for condition of buildings

### In just one year, there were:

35,455,232 metres of floors cleaned

68,540 mop heads changed

3,752,474 linen pieces cleaned

910,000 meals served to inpatients

364,000 slices of toast buttered

220,000 pints of milk used (in too many to count cups of tea)!



# Trust Chief Executive awarded OBE in New Year's Honours



The year 2020 got off to a terrific start with the announcement that Ann Marr, Chief Executive, was awarded an OBE in the Queen's New Year Honours list for her services to the NHS.

Born in Whiston Hospital, Ann started her career as a junior clerk at the Regional Health Authority before working her way up the ranks. After qualifying as an accountant through a day release study scheme, she eventually progressed to Director of Finance at Aintree University Hospitals and then joined Liverpool Womens' Hospital as Chief Executive.

Ann was appointed Chief Executive of St Helens and Knowsley Teaching Hospitals NHS Trust in 2003 and was the driving force behind the building of the new Whiston and St Helens hospitals, providing the communities she grew up in with world-class healthcare facilities.

Last year, the Trust received the highest accolades for its excellent standards of care, rated outstanding by the Care Quality Commission and named Trust of the Year by the Health Service Journal.

Ann said: "I am immensely proud and humbled to receive this honour for my career's work in the National Health Service. I have always been passionate about providing the highest standards of care to the people we serve, and I have had the privilege to work alongside the most caring and committed colleagues who strive every day to make a positive difference to peoples' lives."

Ann, who has been Chief Executive at the Trust for 17 years, is looking forward to receiving her award in March at Buckingham Palace.

## ***Congratulations from friends and colleagues!***

Ann's wonderful news was received with delight by colleagues and friends. Social media impressions rocketed with over 43,000 seeing the news on Twitter and tributes flooded in from across Merseyside, Cheshire and beyond.

Here's just a few of the lovely comments she received.

*"This is well-deserved recognition for Ann's service to the NHS and her tireless dedication to improving patient care. Ann is always the first to praise the wider team for their contribution, and I am thrilled that her own steadfast commitment to serving the community has been rewarded with such a prestigious honour."*

**Richard Fraser, Trust Chairman**



I want to pass on my sincere thanks to everyone who has taken the time to send their kind words & good wishes following the announcement of my OBE award in the Queen's New Year Honours List.

It is a pleasure & a privilege to serve my own local community, working with amazing colleagues to deliver the best possible healthcare.

Ann Marr OBE



**Caroline Ingham** A well deserved honour for a lady who has led our Trust into the magnificent position we are in today - congratulations Ann . X



**Lorna Plumpton** Congratulations Ann Marr as a patient and a volunteer with the the PEG and PLACE team, this is well deserved for all that you have done for our local hospital trust. 🌟🌟🌟🌟🌟🌟🌟🌟🌟🌟



**Chris Gee** Congratulations Ann, fantastic news and well deserved. Proud to be part of STHK under your leadership 🌟🌟🌟🌟🌟xxx



**Ragit Varia** Congratulations to our inspirational CEO - Ann Marr. Amazing news and so very well deserved!! @sthknhs





## St Helens Urgent Treatment Centre

On 1st December 2019, the Trust took over the management of St Helens Urgent Treatment Centre (UTC), the first time the organisation has provided urgent care services outside of its hospitals.

Now, 3 months later, the team at the UTC are very much part of the STHK family and staff have been working incredibly hard across the winter period to treat those who need their care.

Urgent treatment centres are an 'in-between service' for those who need care for an illness or injury that needs tending to quickly, but is

not serious enough to require emergency care at an A&E department.

UTCs provide same-day GP appointments for those who are unable to attend their own practice at short notice, and also provide enhanced services such as x-ray, on-site pharmacy, blood tests and even ECG (heart monitoring) so unless it is life-threatening, there is no need to attend A&E.

St Helens UTC is perfectly positioned in the town centre, right next to the bus station for easy access. It is open 365 days a year – even Christmas Day and Bank Holidays, and the dedicated team of doctors and nurses can assess and treat a wide variety of illness and injury in both adults and children.



### What can we treat?

- Minor cuts and wounds
- Minor head injury
- Suspected fractures
- Rashes or allergic reactions
- Muscle or joint injuries (sprains & strains)
- Bites and stings
- Coughs, colds and sore throats
- Urine infections
- Abdominal pain
- Minor burns or scalds
- Eye injuries and infections
- Ear pain
- Emergency contraception
- Childhood illnesses (e.g. croup & bronchiolitis)



### Do you need to go to A&E?

Here are some handy tips to test whether you really need to go to the Emergency Department:

- Call 111 free for expert advice. They will assess you and book you a same-day GP appointment if needed
- Visit your local pharmacy for minor ailments
- Call your GP for more serious ailments
- Go to your local Urgent Care Centre / Walk-in Centre. You will see a triage nurse who will assess the seriousness of your condition and will treat as appropriate.

### Where are we?

St Helens Urgent Treatment Centre  
The Millennium Centre, Corporation Street,  
St Helens WA10 1HJ

Open 7am to 10pm, Monday to Saturday

9am to 10pm, Sundays

A GP is available Monday to Friday, 11am to 8pm, in addition to nursing staff, call 111 to access appointments.



# THIS IS OUR TIME

**NHS**  
This is OUR Time  
**2020**  
#YearOfTheNurseAndMidwife

The World Health Organisation has designated 2020 as the first International Year of the Nurse and Midwife.

And of course, never ones to shy away from a celebration, over the next 12 months we will be taking the opportunity to showcase these two vital professions.

The Trust is planning a series of activities to celebrate the two professions and showcase their talents and expertise, more details to be released shortly.



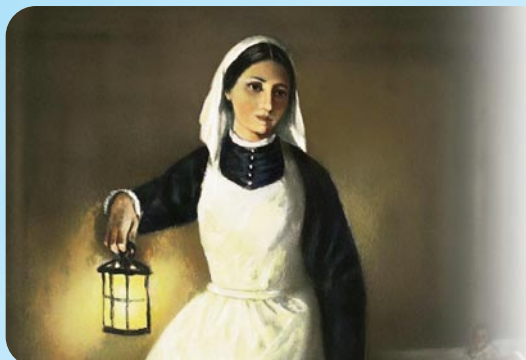
Nursing and midwifery touch all of our lives at some point: we all have a connection, and we want everybody to be involved.

Sue Redfern, Director of Nursing, Midwifery and Governance said: "This year is a great opportunity to highlight the incredible work of our nurses and midwives. I hope all our staff get involved and help us to celebrate."



## Did you know...

- Nurses and Midwives make up the largest numbers of the NHS workforce
- At STHK, we have 1,794 nurses and midwives working at the Trust
- Between July-December 2019, 29% of all new recruits to STHK were to nursing and midwifery roles
- Since 2017, STHK has recruited 99 international nurses, with a further 14 due to join us by April 2020
- The Trust's first ever cohort of 15 Trainee Nurse Associates will graduate in 2021 after 3 years of training
- The Trust holds regular nursing and midwifery recruitment events, most recently in February 2020 when 33 positions were offered across a range of specialties

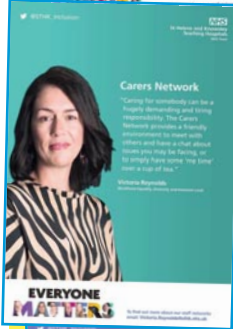


It's fitting to choose 2020 as the Year of the Nurse and Midwife as it coincides with the 200th anniversary of the birth of Florence Nightingale, the founder of modern nursing.

The so-called 'Lady of the Lamp' rose to fame whilst serving as a manager and trainer of nurses during the Crimean War, in which she organised care for wounded soldiers in the 1850's.



# Connecting our staff



We recognise that our staff are our greatest asset and when you feel supported and happy in work, this positivity reaches out to those very people we are here for, our patients. This is why it's important for us to provide you with a friendly, diverse and inclusive working environment, ensuring you have everything you need to deliver the Trust's vision, 5 Star Patient Care.

Our staff networks provide staff with support as well as development and networking opportunities for all of its members.

Each network is totally unique and offers staff the opportunity to come together, share experiences and learning, often over a cup of tea. But, it's not just a social get together! The networks also assist in the shaping and delivery of organisational strategy and policy, working with us to improve staff experience on specific issues relating to each network.

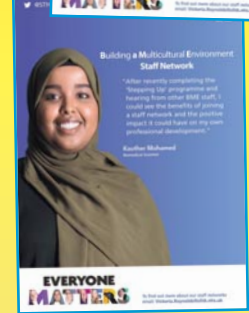
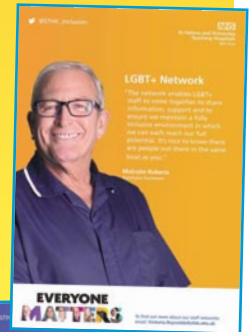
We currently have five staff networks:

- Building a Multicultural Environment
- LGBT+
- Carers
- Disability & Wellbeing
- Armed Forces

The networks are open to all staff with a positive interest in driving forward diversity and inclusion within the Trust.

### Find out more

If you would like to join or start a staff network, please contact: Victoria Reynolds, Workforce Equality, Diversity and Inclusion Lead, email: victoria.reynolds@sthk.nhs.uk



## STAFF ENGAGEMENT



Team Talks are a great opportunity for staff across the Trust to have an open and honest discussion with members of the Trust Board. It's a chance for you to share your experiences, inform us about what works, as well as what doesn't, and influence positive change.

The events are held across the year at all sites with staff from every area invited to attend. Here's some of the questions raised at the last session and our responses.

More information about Team Talks and responses to all queries can be found on the staff intranet, just search for 'Team Talks'.

You said..

What staff recognition events are available for staff working at Alexandra Business Park?

Can we look into reducing the number of non-recyclable items in the cafeteria, e.g. plastic cutlery and polystyrene takeaway boxes?

Can awareness sessions be arranged to raise the profile and opportunities the Volunteers Services could bring?

Can some of the wellbeing sessions be delivered at St Helens Hospital?

Can the signage for Outpatient's Department at St Helens Hospital be revised and improved?

We did...

Staff working at Alex Park are included in the Trust-wide schemes, e.g. Long Service Awards, Annual Staff Awards or Employee of the Month. In addition, we have established a Communications and Engagement Forum for staff at Alex Park. Any ideas from staff will be welcomed at this forum. (WATCH THIS SPACE!)

YES! Alternative products are being trialled to ensure they meet safety and quality standards. The plan is to remove all plastic and polystyrene by the end of 2020.

YES! During 2020, the Volunteer's Department will be holding pop up workshops across a number of sites to highlight the role of the volunteers and promote the diversity of the roles they undertake.

YES! Yoga and Thai Chi sessions are organised on a weekly basis at St Helens Hospital. A calendar of wellbeing events for St Helens in 2020 will be shared on the Trust intranet, once available.

Contractors have attended St Helens Hospital to identify what improvements are required and an order will be placed to install additional signs.

## The first ever Sepsis Conference has been held at Whiston Hospital

Organised by the Trust's Sepsis Team, over 100 NHS staff from across the region came together to learn more about this devastating illness from some of the country's leading experts.

The Conference was opened by Dr Ron Daniels, Founder of the UK Sepsis Trust who has spent the last seven years developing and disseminating the Sepsis 6 pathway across the NHS and globally. He believes that earlier diagnosis and treatment across the UK would save several thousand lives a year.



After speaking passionately about the work of the charity and its ambition for the future, Dr Daniels introduced former patient Laura Lambert who shared her personal battle with Sepsis. After contracting Sepsis in 2017, Laura had surgery to amputate her left leg, reconstruct her right leg and also had 7 fingers shortened. Since her recovery, Laura has returned to her work as a graphic designer and her role as Cub Scout leader and is a passionate supporter of the UK Sepsis Trust helping to raise awareness.

Laura said: "I didn't know anything about Sepsis before, the signs or symptoms, and now it's really important to me and my family that people know about it

and even if it's just suspected to treat it as if it is Sepsis, as that could save someone's life. I think learning the signs for both children and adults is really important."



## NHS ENGLAND'S CHIEF AHP LAUNCHES REGION WIDE INITIATIVE AT STHK

The regional Allied Health Professions Faculty Test Bed has been officially launched at STHK by Suzanne Rastrick, Chief Allied Health Professions Officer, NHS England.

The test bed is an exciting opportunity to drive innovation across the system, boost recruitment, develop careers and reduce waiting times. It will bring together individuals or groups with a shared interest from across Cheshire and Merseyside.

Starting as they mean to go on, AHPs from across the region gathered for a breakfast networking event at Whiston Hospital. They shared ideas and mulled over current issues in a market place that was set up especially for the event in the Spice of Life Restaurant.

Suzanne was then given a tour of the Trust's leading Stroke Unit where she met staff and patients before attending the official launch with Ann Marr, Chief Executive.

Caroline Dawn, Therapy Manager, said: "This is an exciting day for AHPs both with STHK and across the region to be a part of the first Faculty Test Bed Launch, and it was an honour for Suzanne to be here to support this. We have had an exciting day sharing what we do with Suzanne and took energy from her inspiration".



## High praise for 'excellent' treatment at St Helens Diabetes Centre

Chris Askew, Chief Executive of Diabetes UK, has visited St Helens Hospital to meet the Trust's Diabetes Team and speak to Diabetes UK volunteers who are on the centre's Patient Involvement Group.

During his visit, Chris was also given a tour of the Diabetes Centre at the hospital so he could walk the 'journey' patients are taken on when they visit.

Chris said: "It was great to visit the team at St Helens Diabetes Centre and hear first-hand about the unit's quality services, which are evidence-based and focused on patients' needs. It was also a pleasure to meet the patient involvement group and Diabetes UK volunteers, who were full of praise for the work done at the centre. The centre is a fine example of how vision and joined-up thinking can deliver excellent care for people living with diabetes."

Chris was joined on his visit by Clare Howarth, Head of the North of England at Diabetes UK, who added: "The team at St Helens Hospital is amazing. Their work for people living with diabetes is a true example of putting the patient experience first. Some of Diabetes UK's longest-serving volunteers sit on the patient support group and are full of praise for the care they receive."

Professor Kevin Hardy, Diabetologist, said, "It was great that Chris took time from his busy schedule to visit the centre and to meet members of our patient user group. Improving care and outcomes for people with diabetes is about team work. Our multi-professional team at St Helens Hospital works with patients and carers, local primary care teams, Diabetes UK and our CCGs with just one shared goal – better care and outcomes for local people with diabetes."





# ANGELA'S A HIGH FLIER



**Lead Colorectal Nurse Specialist Angela Fitzgerald-Smith travelled over 3,000 miles to put STHK on the international map.**

She spent 15 months in the Saudi Arabian capital of Riyadh, to introduce the role of the cancer nurse specialist.

Before Angela's arrival in the United Arab Emirates, that role simply didn't exist and in fact patients received very little support.

Angela has helped to change all that and before she left Riyadh, 5 cancer nurse specialists had been appointed and has secured funding for another 15!

This is a huge step forward for cancer nurses in the Middle East. And that's not all.

Angela also made it possible for a Saudi nurse who was appointed as Breast Care Nurse to spend a month at STHK to gain some insight and experience into the role.

Angela says her heart lies back in STHK but intends to return to Saudi in the Spring, on a voluntary basis, to see how things are progressing. It's great to share knowledge... if only we could share the Saudi weather!



## Katie excels to become Higher Apprentice of the Year



**Katie Fielding, Executive Personal Assistant, has been named Cheshire College South and West's Higher Apprentice of the Year.**

Katie joined the Trust in 2017 as an Administration Assistant and began her fully funded apprenticeship the same year. She has spent the last two years studying for an NVQ Level 4 in Business & Professional Administration alongside her full time role and secured a promotion along the way too!

Nicola Barnes, NVQ Assessor for West Cheshire College said: "Katie

has expressed enthusiasm throughout her learning journey which at times has been challenging due to her heavy work demands. She shows strength and determination and is enthusiastic in everything she does."

Katie was delighted to receive the award and would encourage staff across the Trust to become apprentices too: "I am very grateful to the Trust for funding my development. Becoming an apprentice was the best thing I ever did. Thank you to everyone at West Cheshire College, who have been really supportive, I am very grateful."

If Katie has inspired you, enquire about an apprenticeship now tel: 0151 290 4643 email: [sthkapprenticeships@sthk.nhs.uk](mailto:sthkapprenticeships@sthk.nhs.uk)

## SO LONG STE!

Few staff have earned their retirement more than Vinci Senior Maintenance Technician Ste O'Brien.



For 50 years, Ste worked at Whiston, he was just 16 when he started a summer job as a porter and driver, before moving into maintenance in 1975!

We've lost count of the hours Ste must have put in over his 50 years and he was always known for his hard work.

A News 'n' Views source said that if Ste had been called on Christmas Day to sort out a problem, just as he was sitting down for his dinner... his turkey and roasties would have gone cold as he'd have responded to a call of duty without hesitation.

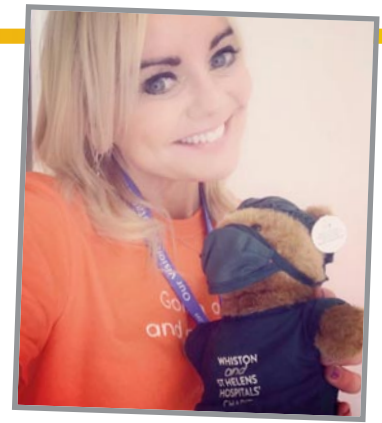
So, we and his many colleagues at Vinci FM, wish Ste a long and happy retirement.





# WHISTON and ST HELENS HOSPITALS' CHARITY

## Simmo Says...



Hello and welcome to our hospitals' charity page written by me (although the spelling was checked by the Comms team!).

Anyway, I can't believe it's five months since I took up the role of Community Fundraiser and how time has flown. I've already met so many incredible people who've taken the time to raise money for our hospitals, often at a really difficult period in their lives. They've been so inspired by the care they or a family member have received from our staff, that they just want to do something to help and wow have they helped!

Here are just some of our fantastic fundraisers...

Allan Harvey, his mum Sandra and their family raised £507 from donations at his father's funeral. Allan snr had been treated at the Lilac Centre and the family wanted to say a special thank you to all the staff. What a lovely family, we appreciate your support.



Lovely Lisa Ormrod raised a fabulous £3,000 for the Burney Breast Unit at St Helens Hospital and £1500 for Macmillan Cancer Support. She organised and starred in a Full Monty style show at Thatto Heath Labour Club. Former patient Lisa was treated at the Breast Unit in 2017 and hopes to have inspired others by raising money and awareness. Well done Lisa

Landlord Jonathan Woodward organised a music festival at The Junction Pub and raised £3325 to brighten the lives of patients being treated at the Lilac Centre. You can follow The Junction, Sutton on Facebook to see more photos from this fantastic event. Cheers Jonathan!



Natasha Spencer and Jay Edwards have raised an incredible £2304.86 for the Maternity Unit in memory of their baby son Stephen Wayne. Their kind donation will enable us to provide bespoke mood lighting on our Delivery Suite. They also donated lots of gorgeous toiletries for new mums. Thank you so much and congratulations on the recent birth of baby Oscar, brother to Bella, John-Paul and Warren.



Now, it's going to be a very busy year that's for sure. Here are just a few of the events I'm going to be involved in:

**Forget Me Not Ball**  
starring X Factor finalist Gary Barker.  
Saturday 6th June, Totally Wicked Stadium,  
St Helens.



The ball will raise funds for patients living with dementia. Tickets are on sale now £35 per person, and can be purchased at the General Office at either St Helens or Whiston hospitals or phone the ticket hotline on 0151 705 7427 and quote Forget Me Not.

**Celebrity Charity Football Match**  
STHK vs Hollyoaks! Saturday 19th July



We'll let you know the venue very soon, but save the date and if you want to sign up to the team email me now!

**AND OF COURSE OUR YEAR  
WOULDN'T BE COMPLETE WITHOUT  
THE ANNUAL CHARITY ABSEIL.**

This will take place at Whiston Hospital on 17th June and St Helens Hospital on 18th June. You know you love it! Conquer that fear of heights, and raise money for a great cause.



**That's it for now, don't forget to  
keep an eye on our social media:**

 /WSHospCharity  
 @WSHospCharity  
 @WSHospCharity

And remember, I'm always here to help with advice and suggestions on the best way to go about your fundraiser. You can call me on 0151 478 7568 or email me: [claire.simmo@sthk.nhs.uk](mailto:claire.simmo@sthk.nhs.uk)



# Because you're amazing!

*We regularly receive feedback about how fantastic the care is at our hospitals. Here are just some of the messages from the last few months.*

## ★★★★★ Five star

I was admitted to Whiston Hospital and the staff really looked after me. The surgeon couldn't have done enough to help me. I have a few things wrong with me, the doc was very interested and tried to find out what the problem was. He took blood before I was discharged so he could run some test to see. He was so kind and helpful I couldn't have asked for better!! All the staff were professional and friendly!! Doctor you are a credit to the national health, thanks so much.

## ★★★★★ Ward 4B

The staff on Ward 4B are amazing, nothing was ever too much for them. The cleaners were constantly cleaning making sure everything was in the right place and the surgeons were amazing.

## ★★★★★ Great Practice

Attended at the A&E after having visual disturbance and bad headaches which was subsiding. After explaining problem to reception, I was in the triage within 5 mins. Short while after I had blood samples taken. Next saw a duty doctor who gave me a thorough examination. Then on for a CT scan, which found the problem. The doctor gave me enough time to discuss the problem.

As there was no urgent need for treatment, I was referred onto the Walton Centre. Very impressed with the speed and efficiency of all the staff. Their mannerism was very professional and at the same time friendly, putting me at my ease. They are a credit to the hospital.

## ★★★★★ Amazing staff so professional in difficult diagnosis

I've attended hospital for the last 7 Fridays in the Urology Department, the nursing staff and the consultant were very professional. I was diagnosed with prostate cancer and they were so understanding about the traumatic situation my life had taken and the stress I am facing. All the staff were amazing. I've visited 3 different hospitals and the quality of service I have received is outstanding. I've got surgery coming up shortly and have every confidence in the team treating me. Thank you all, you are all so very special people to me.

## ★★★★★ Professional, knowledgeable and caring staff

Clean, bright hospital staffed by compassionate doctors, nurses and ancillary staff. Everyone was approachable and helpful. My mum was treated throughout with the utmost dignity and respect.

## ★★★★★ First Class Service and Delivery

I underwent a procedure relating to an injury to the forehead requiring minor surgery / biopsy and dressing post-surgery. I cannot praise the staff enough for their attention / assistance / help in making this visit so pleasant. Their attention to detail and assurances before and post-surgery was exceptional. I cannot thank all of the staff enough, they are a credit to the NHS for the service and dedication they provide.

## ★★★★★ Fantastic

My stepdaughter was suffering with nightly nosebleeds to which my GP practice didn't refer nor did they diagnose the issue (badly burst blood vessel). The secretary of the ENT department saved the day 'and Christmas' by getting her booked in and seen within 24hrs!! I cannot thank the ENT Department enough and wish them well, as at time of writing my stepdaughter has had a good nights kip and her nosebleeds have stopped. Wish everyone you meet in the NHS was as efficient and helpful.

## ★★★★★ Fantastic team

Thank you so much to the team who looked after me for my Bowel Cancer screening. They were so friendly and professional. Everything was explained and they really made you feel at ease. To be honest, I didn't know St Helens had a hospital but it's such a smart and clean place.

## ★★★★★ Fantastic service

Just returned from having cataract surgery and have to send such a positive review! The staff were amazing and were so kind and professional! Have to mention one of the nurses who put my mind at rest as I was very nervous before hand! Thank you all very much.

## ★★★★★ Wonderful Staff

A huge thank you to the doctor and his incredible team of passionate, caring staff. I came in to the Sanderson Suite for day surgery and from the moment I stepped through the doors to the moment I left I was looked after brilliantly. Everything was explained clearly and all questions I had were answered. After my surgery, the medical team were nothing short of incredible. They bent over backwards to ensure I was comfortable; made sure I was given pain relief and walked me through my recovery process. The relief I had at being given such a prompt surgical slot was huge and I am so appreciative of the care I received.

I want to take this opportunity to thank you all from the bottom of my heart. The NHS is a wonderful institution but one that is so often abused and underappreciated but you should all be proud of what you do. You all work so incredibly hard to provide a free service that is one of the best in the world and without you all God only knows what state we'd be in.



The main title of the event, 'Annual Staff Awards 2020', is written in a large, white, elegant cursive script. The word 'Annual' is smaller and positioned above 'Staff'. The year '2020' is written in a bold, white, sans-serif font below 'Awards'. The background is black with a dense pattern of multi-colored confetti (red, blue, green, yellow, pink) scattered across the entire page.

Tickets on sale 7am,  
Wednesday 4th March 2020

Available from General  
Office at Whiston and  
St Helens hospitals.

.....  
LIVERPOOL ARENA  
.....  
FRIDAY 1ST MAY 2020  
.....

# Year of the Nurse and Midwife

**NHS**  
This is OUR Time  
**2020**  
#YearOfTheNurseAndMidwife

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| A | L | T | C | M | N | L | L | P | M | Y | L | M | J | O | S | Q | J | G | U |
| U | J | O | D | G | R | A | R | I | T | T | T | N | L | S | Z | P | J | N | B |
| A | I | M | T | A | T | I | D | U | F | I | Y | R | E | G | R | U | S | I | W |
| Q | P | U | I | I | S | W | F | W | M | N | G | Y | X | C | Q | G | S | R | Q |
| J | H | Y | P | H | I | G | U | L | P | R | C | F | N | S | A | B | S | A | G |
| E | L | S | T | F | K | G | Z | I | Y | E | X | T | C | P | C | O | M | C | G |
| D | O | A | E | I | A | T | V | M | Y | T | B | M | K | O | G | Y | C | U | E |
| H | P | E | B | R | N | N | A | V | F | A | L | A | T | W | V | U | E | I | M |
| Z | L | P | A | O | T | U | M | T | Y | M | Z | Z | N | N | V | Z | D | X | E |
| N | Z | F | M | Y | U | F | M | S | C | R | U | B | S | D | E | A | V | B | X |
| U | L | K | B | Y | J | R | Y | M | T | Y | S | L | T | N | A | I | M | L | V |
| R | H | T | R | I | B | G | T | Q | O | E | R | L | A | N | G | G | T | M | Y |
| S | S | X | G | T | E | Y | Y | R | I | C | V | E | C | U | Y | W | E | A | B |
| E | Y | K | V | L | F | R | W | B | Y | G | L | I | L | B | E | C | D | M | P |
| A | D | S | P | N | I | O | A | P | I | F | G | A | D | W | Z | O | Q | Y | P |
| T | Y | N | O | T | V | B | J | L | N | F | F | B | P | L | H | M | W | G | K |
| R | E | T | E | M | O | M | R | E | H | T | E | F | K | P | Q | F | W | M | Q |
| G | E | I | U | W | D | A | W | L | J | Y | O | I | D | L | O | O | Y | P | J |
| S | G | U | N | H | P | L | M | E | D | I | C | I | N | E | P | R | F | P | Q |
| V | G | N | X | C | V | A | A | B | Y | V | I | J | V | F | N | T | Y | P | K |

- |          |             |           |
|----------|-------------|-----------|
| BABIES   | BANDAGE     | BIRTH     |
| CARING   | COMFORT     | COMMUNITY |
| HOSPITAL | LABOUR      | MATERNITY |
| MEDICINE | MIDWIFE     | NOTES     |
| NURSE    | PATIENT     | SCRUBS    |
| SURGERY  | THERMOMETER |           |

# Trust LOTTERY

## It could be you!!

### December

- £500 Janet Mc Kiernan, Sexual Health Service
- £250 Paula Scott, CGarrd
- £100 Kyle Humphries, Legal Services
- £500 Susan Wade, Medical Care Group
- £250 Tracy Whelan, Women's Outpatients
- £100 Maria Rainford, Theatres
- £500 Linda Heyes, A&E
- £250 Pauline Barnes, Theatres
- £100 Mark Bottell, Theatres
- £500 Joanne Macleod, ECG
- £250 David Sarbutts, Ward 4C
- £100 Karen Shuker, Ward 4E

### January

- £500 Stephanie Birch, Pharmacy Department
- £250 Samantha Furlong, Pay and Staff Services
- £100 Lesley Walsh, Seddon Suite
- £500 Rachel Harrison, Ward 2C
- £250 Collette Taylor, Outpatients Department
- £100 Julie Devlin, A&E
- £500 Anita Butterworth, Volunteers Manager
- £250 Julie Swift, Catering Department
- £100 Karen Bolton, Medical Secretary
- £500 Fiona Winstanley, Switchboard
- £250 Emmanuel De Castillo, Ward 3A
- £100 Andrea Bailey, Lilac Centre

To be in with a chance to win the cash each week, you can download and complete the Lottery application form on the staff intranet today: <http://www.sthk.nhs.uk/library/documents/LotteryApplication2014.pdf>

## Staff News 'n' Views

**Next Issue: Summer 2020**

Many thanks to everyone who has been involved in producing this edition, if you would like to contribute to future editions please contact:

[newsnviews@sthk.nhs.uk](mailto:newsnviews@sthk.nhs.uk)

The deadline for submissions for the next News 'n' Views is 27th March 2020

## Connect and follow us on Social Media

 [www.facebook.com/sthknhs](http://www.facebook.com/sthknhs)

 [@sthknhs](https://twitter.com/sthknhs)

 [www.linkedin.com](http://www.linkedin.com)  
St Helens & Knowsley Teaching Hospitals NHS Trust

 [www.youtube.com/sthknhs1](http://www.youtube.com/sthknhs1)

