

Issue 39

Long Service Award Celebrations



Over 1,970 years
loyal service

PLUS:

- Angel Leanne's lifesaving journey!
- Everton FC striker visits Children's Wards
- Celebrating International Nurses Day



Excellent Patient Care in World Class Hospitals

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Employee of the Month

Employee of the Month is awarded to a Trust staff member who has gone above and beyond the call of duty, and has made a significant difference in their role to improve patient care or developed services.

March:
Susan Hawkins
Sister,
Endoscopy Unit,
St Helens Hospital.



Nominated by: Diane Stafford,
Directorate Manager

Sue has worked for the Trust for over 11 years and was nominated for her work developing a new endoscopy suite at St Helens Hospital and also for her professionalism and support to patients. In her nomination, Diane said: "Sue is extremely professional and quietly goes about her business making sure all staff and patients at St Helens Endoscopy Unit have a good experience. She is a valued member of staff."

On winning the award Sue said: "Initially I was shocked, surprised and if I am honest a little embarrassed that I had been singled out for this award. The most rewarding part of my job is knowing that our team give excellent patient care in a professional and caring manner."

April:
Viv Williams
Receptionist,
Burney Breast Unit,
St Helens Hospital.



Nominated by: The clinical
team at the Burney Breast Unit

Viv has worked for the Trust for over 8 years and was nominated for always being courteous and caring with patients. In nominating Viv, Chris Bebb, Breast Care Specialist Nurse said: "Viv is an outstanding member of staff who will go above and beyond to provide an outstanding service to the patients who attend the Burney Breast Unit."

Receiving the award, Viv said: "I am really pleased and proud to receive this award. It feels really good to be appreciated by my colleagues. As a receptionist, I am the first point of contact with patients and I try to make sure they feel welcomed to the unit and be as helpful and informative as I can."

If you would like to nominate a member of staff for Employee of the Month, you can download a nomination form from the Staff Matters section on the Intranet, call Trish Caldwell on ext: 1250 or email: trish.caldwell@sthk.nhs.uk

International Nurses Day

International Nurses Day is celebrated each year on the 12th May, the date of Florence Nightingale's Birthday.

This year, to celebrate the hard work and dedication of all of our nurses, the Trust held a service of thanksgiving in The Sanctuary, Whiston Hospital. The service was attended by Ann Marr, Chief Executive, Sue Redfern, Director of Nursing, Midwifery and Governance and staff from across the Trust. Sue spoke of her own experiences in nursing and her commitment to the Trust's promise to deliver consistently high quality care to all patients and their families. Following hymns and prayers, the service closed with a poem for all nurses:

NURSES' DAY

It is my duty

*I walk though those doors with pride
whose life will I save tonight?
Someone is waiting for me;
someone is alive today because of my duty.
Sometimes we cry cause we can't save them all,
God sometimes won't let us interfere when he calls.
A baby's first breath when he looks at me,
the joy of my first delivery.
The tear I wipe away with my own hands,
the life ending of a gentle old man.
The night seems so dark and the morning so bright.
Being a nurse you see life in a different light.
Who will I save tonight?
Who will hold my hand during their last breath with
no fright?
Who will enter this world on my shift?
How many mothers will greet their babies with a kiss?
I don't know who these special people are
but I will meet them with every call
I will hold them tight and help the pain
I will hold them up when they feel faint.
I will be strong when I am needed
That is my job, I am a nurse..
that is my duty.
Author unknown*

Start of Year Conference



The 2013 Start of Year Conference took place in April, for senior managers, clinical leaders, matrons, heads of wards and departments.

Ann Marr, Chief Executive gave a presentation reviewing the past year and highlighting the Trust's performance achievements over the past year. Ann thanked staff for their continued hard work and was positive that the skills and abilities of all staff would enable the Trust to meet any challenges in the coming year.

Ann Marr, Chief Executive, presents at the conference

Following Ann, guest speaker Terry Waite, CBE gave a powerful speech on surviving in a situation of considerable pressure and difficulty. Recounting his time in captivity, Mr Waite spoke of how change can be brought by being faithful to beliefs and practising core values in times of pressure. His talk resonated with the culture of kindness and compassion reflected in the Trust's Corporate Objectives.

Although, thankfully, many of our own experiences could never get anywhere near to that of Mr Waite's story, he encouraged staff to learn from his experiences and promote key factors in their everyday work:

- Trust
- Team work
- Quick thinking
- Risk assessments
- Intuition
- Resilience
- No regrets
- Empathy
- Do the best we can



Guest Speaker, Terry Waite, CBE



The audience listen to the presentations

He urged everyone to use their unique opportunity to demonstrate compassion and care professionally and privately. He ended by thanking all staff "on behalf of the population, for what you have done, for what you do, everyday".

This year's Corporate Objectives were launched at the event and they have also been distributed to all wards and departments for display on notice boards in staff areas. They can also be found in the Staff Matters section of the staff intranet site.

Diana Lewis, HR Business Partner attended the event and was so impressed with Mr Waite's presentation she has produced a summary of the talk. For more information on this, visit the Staff Matters section of the Intranet and view the Start of the Year Conference page. For hard copies of the Corporate Objectives contact: judith.marsland@sthk.nhs.uk

AQuA Project Launch

Documenting discussions at the end of life

AQuA

Advancing Quality Alliance



L-R Carol Dawson Lung Cancer Nurse Specialist (CNS), Diane Dearden Gynaecology CNS, Jan Lawton Specialist Palliative Care Team (SPCT), Tony Bonsor, Carer, Clare Littlewood Consultant SPCT, Barbara Ashall Upper Gastrointestinal CNS and Dr Paul Barry, GP.

A care project launch has been hailed a success as members of hospital teams, community staff, GPs and carers got together to discuss further improvement to end of life care.

Patient choice and control should be central to the delivery of high-quality, end of life care. Advance care planning (ACP) is a way in which patients can discuss and document their preferences for the care they wish to receive. The Specialist Palliative Care Team and Clinical Cancer Nurse Specialist from the lung, gynaecology, upper gastroenterology and the acute oncology teams met with community staff to promote a new initiative within the Trust.

Patients under the care of the teams have the opportunity to plan the care they wish to receive beforehand, in the event that they may become too ill to make decisions. Although this is a very difficult subject

for many people to discuss, the pilot has been well received. Patients have reported that they are happy to discuss and write down their preferences, as it is very often something they have worried about, have been uncertain who to talk to and are now able to tell their GP, family and friends what they want.

The aim of the launch was to inform community staff of the project which will be formally evaluated and the results presented later in the year.

Diabetes UK Talk

Natalie Pennington, Diabetes Research Nurse, was invited by the local St. Helens & Knowsley Diabetes UK patient group to speak about Diabetes research at their monthly meeting at St Helens Town Hall in March 2013.

The patient group has been active in the local area for the past 20 years and is a thriving resource for anybody with a link to diabetes e.g. patients, family members, carers and healthcare professionals. Natalie used the opportunity to discuss research already taking place within the Trust and also promoted future research opportunities that may be of benefit to patients.

Following a question and answer session, several patients stayed behind to express a desire to take part in future research. They have now been added to the team's research database, and should a suitable research project take place in the future, they will be contacted to see if they are able to take part. The talk was a valuable experience – not only in terms of promoting and encouraging patient and public involvement in research, but in raising awareness of diabetes and the developments in care and treatment for patients.



Natalie Pennington,
Diabetes Research Nurse

DIABETES UK
CARE. CONNECT. CAMPAIGN.

Guy Pilkington Benefit Fund

"Are you retiring?"

A warm welcome awaits you as a retired member of Trust staff.

The group hold seven coffee mornings from February through to October at the Black Bull, Knowsley Road, St Helens, so why not come along and catch up with old colleagues.

In May, we enjoy an excursion of the member's choice and have an end of year Christmas celebration with a lunch in December.

Anyone interested in joining us please contact:

Mrs A Bracegirdle – 01744 882881
or Mrs P Sawyer- 01744 883738

9th annual awards

presentation evening



This year's Annual Awards Presentation Evening is set to be hotly contested, after more nominations than ever before were entered praising staff and services across the Trust. Thank you to all those who took the time to nominate, the winners will be announced at the presentation evening on Friday 5th July 2013 at the Liverpool Arena.

The shortlist of nominations is

(in alphabetical order)

Excellence in Clinical Care	Colorectal Cancer Service	Coronary Care Unit	Ward 3Alpha
Excellence in Service Improvement	GP Assessment Unit	Medical Emergency Team (MET)	Neurophysiology
Excellence in Support Services	Catering	Radiology	Cold Decontamination
Excellence in Patient Experience	Dr Christina Jones, ICU	Paediatrics	Ward 5D
Team of the Year	Obstetrics	Skin Cancer Service	Urology
Employee of the Year	Tom Fitzpatrick, IT Taskforce Engineer	Sue Hawkins, Sister, Endoscopy	Neal Jones, Head of Medical Education
People's Choice Award	Burney Breast Unit	Leanne Davies, ODP	Dermatology

Tickets are available from General Office at both Whiston and St Helens hospitals for Trust staff and invited guests only. Coach tickets are also available, £7 return from either hospital.

This event is at NO cost to the NHS.

'Angel' Leanne saves Great Granddads life!



Off duty Operating Department Practitioner (ODP) Leanne Davies, who works at St Helens and Whiston hospitals, has been called 'a guardian angel' by the man whose life she saved.

Leanne was on her way to the doctors with her children, when she took a detour that she would never normally take. As Leanne travelled down New Street in St Helens, she noticed a crowd around a man slumped at a bus stop. Instinctively knowing that something was wrong, Leanne pulled over and jumped from her car to see what was happening.

Great Grandad, Mr Peter Prescott had suffered a cardiac arrest as he waited for his bus and as Leanne rushed to him she realised she had to help. She quickly started chest compressions to resuscitate him.

Leanne said: "By the time I got there someone had called the emergency services, I could see he was in trouble. Peter wasn't breathing and had no pulse, so I opened his coat and started chest compressions. To my relief, after a while, he started to make an attempt to breathe."

As the paramedics arrived and took over Mr Prescott's care, it was clear that Leanne's quick actions had saved his life. He was then taken to Whiston Hospital by ambulance and treated in the Emergency Department before moving to the Coronary Care Unit within the hospital. A day later, as he recovered from his ordeal, Mr Prescott was informed by medics that it was a member of hospital staff that had been the one to save his life.



Mr Peter Prescott with Leanne Davies and her son Evan

Mr Peter Prescott said: "I do not remember anything after looking at my watch as I waited for the bus. The doctors said I was

clinically dead, but Leanne pumped and pumped to get me breathing again and kept me warm. She's my guardian angel – it's a miracle I'm still alive, she gave me my life back."

Leanne visited Mr Prescott on the ward a few days after his cardiac arrest and has kept in touch with Peter and his family.

Leanne said: "I've never believed in fate, I'm not that type of person, but I was definitely in the right place at the right time on that day. I am so pleased that Peter is recovering well and I'm thankful that I was able to help him."

Seeing is believing!



A patient has returned to his passion of painting following a successful eye operation at St Helens Hospital.

Mr John Hudson, 89, was so thrilled with the results of his cataract operation at the Sanderson Suite that he returned to visit staff with the paintings to say thank you. Mr Hudson has since had an operation on his second eye and delivered a further painting especially for his consultant Mr Hiranandani. The paintings now take pride of place in the entrance to the Sanderson Suite.

Mr Hudson with staff Diane O'Dowd, Student Nurse Daniel, Kerry Park, Lynn McNally, Dawn Padmore and Christine Campbell at the Sanderson Suite.

The Mersey Regional Centre for Mohs Surgery

The Trust is proud to announce the opening of the Mersey Regional Centre for Mohs Surgery, located at St Helens Hospital.

Mohs surgery is microscopically controlled surgery used to treat common types of skin cancer, and is named after the surgeon who invented the procedure Dr Frederic Mohs. During surgery, after each removal of tissue, while the patient is still in theatre, a pathologist examines the tissue for cancer cells, and that examination informs the surgeon where to remove tissue next.

The facilities at St Helens Hospital include a specialised theatre suite and purpose built adjacent laboratory, with technology taking the centre to the forefront of UK Mohs surgery.

Whilst Mohs surgery is traditionally performed by Dermatologists, the Mersey service is led by Mr Hamid Tehrani who is the first Consultant Mohs Surgeon in the UK who has specialised in plastic and reconstructive surgery. This provides improved continuity of care, with both skin tumour excision and complex reconstructions being performed consecutively.

Hamid said: "In setting up the centre, we will produce a service that further improves care to patients in Merseyside and the surrounding area. Thanks to the tremendous support and efforts of the team, the service is recognised across the UK for the all-round quality of care offered to our patients."

This recognition has been illustrated by numerous applications from across the UK for training opportunities, resulting in the recent appointment of a Senior Registrar in the Mersey Mohs Centre Training Programme.

Referrals can be made via choose and book, or directly via Vanessa Baron, Secretary to Hamid Tehrani, at the Department of Plastic Surgery, Whiston Hospital: email: vanessa.baron@sthk.nhs.uk or telephone: 0151 430 1999



L-R: Chris Irving, Biomedical Scientist, Lisa Shaw, Recovery Nurse, Diane Bird, Theatre Nurse, Hamid Tehrani, Consultant Mohs Surgeon, Peter Deakin, Theatre HCA, Liz Thompson, Biomedical Scientist, Sheila Kelly, Consultant Histopathologist, Jenny Pitt, Theatre Nurse, Sof Rimouche, Specialist Registrar Plastic Surgery.

Living with Cancer and Beyond

The Mayor of St Helens (2012/13), Councillor Geoff Almond, has joined forces with Cancer Services to raise awareness of the support available for patients in the region suffering from cancer.

The Mayor attended the 'Living with Cancer and Beyond' awareness day, at St Annes Millennium Centre, Rainhill, to support the event organised by the Macmillan Cancer Support Team based in St Helens Hospital. He spoke with patients about their experiences and talked to staff about the services available in the local area.

L-R - Julie Parr, Macmillan Cancer Information & Support Manager, Pat Bunting and Barbara Templer, St Helens Cancer Support Group and The Mayor of St Helens, Councillor Geoff Almond.

The event is a unique opportunity for patients and the public to ask professionals anything they would like to know about cancer care and life after treatment. It is also a chance to involve patients and invite ideas on how to further improve cancer support in the future.

Groups present on the day included the Lilac Centre, Macmillan Cancer Services, including Macmillan Volunteers, Willowbrook Hospice, Princess Royal Trust for Carers, Young Carers Support, St Helens and Widnes Cancer Support Groups, LINK, Age UK, iVan early detection, St Helens and Knowsley Wellbeing teams, Patient & Public Involvement.

The Mayor of St Helens, Councillor Almond said: "I am here to show support for the activities today and to emphasise the importance of early detection. I want to offer my support for the many volunteers I come into contact with in cancer services, who provide invaluable assistance to those living with cancer."



L-R - Lorraine Soudani, Cancer Nurse Specialist, Ros and Chris Tigwell (Chris is a patient at Whiston Hospital), the Mayor of St Helens, Councillor Geoff Almond, Rachel Duncan, Skin Cancer Nurse Specialist, Karen Pocock, Skin Cancer Nurse Specialist, Mr Samad, Lead Colorectal Consultant Surgeon, Brenda and Lawrence Ward (Lawrence is a patient of Mr Samad) and Angela Fitzgerald-Smith, Lead Colorectal Cancer Nurse Specialist.

Long Service Awards

The Long Service Awards were held on the 1st May 2013 at Knowsley Hall, to celebrate staff that have given 25 and 40 years dedicated service.

The ceremony was opened by Les Howell, Chairman, who thanked everyone for their remarkable loyalty in working at the Trust for so many years. Ann Marr, Chief Executive then addressed the audience and spoke of the Trust's achievements since 1973 and 1988, the years the staff receiving the awards started working at the Trust. Ann praised staff for often going above and beyond the call of duty and told them that the success of the Trust was due to their dedication and hard work over the years. In total, the number of years worked, of all those honoured at the ceremony, added up to an amazing 1,970 years' loyal service!

Ann said: "Your skills, dedication and commitment over the years has been outstanding. You make a difference every day, for every patient and their families. I would like to say thank you on behalf of the Trust and on behalf of every patient you have cared for. Your immense loyalty over the years is very much appreciated."

Following the ceremony, as the award winners assembled outside for a group photograph, their guests were treated to a fascinating talk detailing the history of Knowsley Hall by Wayne Parker, Events Operations Manager at the venue. The event was held at no cost to the NHS. The Trust would like to thank Medirest and Printstat for their generous donations.



The audience listen to the welcome address from Les Howell, Chairman



Award winners and guests gather

Recipients of the 40 Years' Service Award

Maureen Berry
Domestic Assistant, Hotel Services

Christine Brookes
Sister, Surgical Care Division

Susan Cartledge
Bed Manager, Medical Care Division

Jean Heesome
Midwife, Maternity Services

Kathleen Jameson
Domestic Assistant, Hotel Services

Deborah Lewis
Secretary, Social Services Department

Marjorie Roberts
Accountant, Finance Department

Dianne Winstanley
Midwife, Maternity Services



Afternoon tea



Award winners with their guests and senior managers.

Recipients of the 25 Years' Service Award

David Anwyl

Assistant Director of Operations,
Clinical Support Division

Margaret Appleton

Staff Nurse,
Dept of Medicine for Older People

Marcelle Ashall

Administration Clerk,
Accident & Emergency Department

Ann Blundell

Health Care Assistant,
Dept of Medicine for Older People

Sandra Bolton

Senior Health Care Assistant,
Surgical Care Division

Marie Brown

Midwife, Maternity Services

Sandra Bryan

Personal Medical Secretary,
Urology Department

Julie Carr

Sister, Intermediate Care Unit

Christine Clarke

Senior Health Care Assistant,
Dept of Medicine for Older People

Susan Clayton

Midwife, Maternity Services

Christine Cosgrove

Assistant Technical Officer,
Ophthalmology Department

Janet Cuthbert

Staff Nurse,
Dept of Medicine for Older People

Noel Dempsey

Pharmacy Purchasing Officer,
Purchasing & Supplies Department

Karen Edwardson

Patient Safety Manager,
Clinical Governance Department

Doreen Fairhurst

Domestic Assistant, Hotel Services

Janice Feeney

Audit Officer,
Clinical Audit Department

John Foo

Head of Workforce Planning & ESR,
Human Resources Department

Erica French

Health Care Assistant,
Outpatients Department

Marie Gallagher

Breast Reconstruction Nurse,
Mersey Regional Burns & Plastic
Surgery Unit

Pauline Gibson

Health Care Assistant,
Dept of Medicine for Older People

Paula Green

Domestic Assistant, Hotel Services

Tracy Greenall

Staff Nurse,
Dept of Medicine for Older People

Florence Gribbin

Housekeeper, Medical Care Division

Julie Grimes

Nurse Specialist, Infection Control

Philip Hamlett

Senior Health Records Clerk,
Health Records Library

Jeanette Haworth

Supervisor, Radiology Department

Karen Heaps

Secretary,
Social Services Department

Claire Heaton

Sister, Discharge Team,
Medical Care Division

Helen Holden

Domestic Assistant, Hotel Services

Jane Holt

Supervisor, Radiology Department

Christine Hooley

Administration Clerk,
Accident & Emergency Department

Francis Houghton

Operating Department Practitioner,
Theatre Services

Cecelia Humphreys

Haematology Nurse Specialist,
Medical Care Division

Lorraine Hunter

Personal Secretary,
Cardio-respiratory Department

Angela Johnson

Personal Medical Secretary,
Surgical Care Division

Helen King

Staff Nurse,
Orthopaedics Department

Linda Knockton

Medical Secretary,
Pathology Department

Catherine Langley

Ward Manager,
Gynaecology Department

Elizabeth Logan

Catering Assistant, Hotel Services

Jeanette McCulley

Appointments Call Centre Clerk,
Patient Booking Services

Alma McGovern

Buyer,
Purchasing & Supplies Department

Heidi McMahon

Moving & Handling Co-Ordinator,
Learning & Development Department

Monica Moore

Health Care Assistant,
Orthopaedic Department

Maria Moore

Clinic Manager,
Out Patients Department

Gary Orford

Transport Driver, Hotel Services

Karen Phelan

Staff Nurse, Medical Care Division

Jean Phillips

Health Care Assistant,
Gynaecology Department

Kathryn Powell-Grabaskey

Staff Nurse, Surgical Care Division

Julie Ranson

Domestic Assistant, Hotel Services

Paul Ratcliffe

Secretary,
Advancing Quality Department

Julie Richards

Technician, Pharmacy Department

April Richardson

Health Care Assistant,
Paediatrics Department

Paul Richmond

Emergency Admission Clerk,
Health Records Library

Paul Roberts

System Administrator,
Health Records Library

Carole Roscoe

Cardiac Nurse Specialist,
Medical Care Division

Mandy Roughley

Staff Nurse, Endoscopy Unit

Gillian Sephton

Sister, Intensive Care/High
Dependency Unit

Karen Shuker

Sister, Intensive Care/High
Dependency Unit

Maureen Sou

Phlebotomist,
Pathology Department

Elizabeth Stulberg

Data Entry Clerk,
Pathology Department

Alyson Swift

Medical Secretary,
Pathology Department

Denise Tyrer

Assistant Technical Officer,
Pharmacy Department

Pauline Urbanowski

Health Care Assistant,
Medical Care Division

Susan Waine

Personal Medical Secretary,
Obstetrics & Gynaecology
Department

Brian Williams

Team Leader, Theatre Services

Christine Winstanley

Health Care Assistant,
Theatre Services

Everton striker Victor scores a hit on Children's Ward

Everton striker Victor Anichebe made a surprise visit to the Paediatric Wards at Easter, bringing a smile to the faces of children and staff.

Victor took time out after training, along with members of staff from Everton in the Community, to visit the children's wards bringing stacks of Easter Eggs with him.

Both children and staff were excited to see the familiar face as the Everton Football Club (EFC) staff played a series of fun games with the children at their bedsides and in the ward's play room.

Victor said: "It's been great seeing the smiles on the kids' faces. Visits like this can go a long way and really lift the spirits of the children so I'm happy to be here. It's a great feeling to see how happy they are.

Sally Duce, Lead Nurse, Directorate Manager said: "We are delighted and grateful that Victor took the time out to visit the children and staff on the Children's Unit. They were thrilled to meet him, he really brightened up their day and made Easter extra special."

Since the visit, the Trust has built an exciting partnership with EFC, with staff from Everton in the Community regularly visiting the children's wards. The EFC staff work alongside the Trust's play specialists assisting children who may need extra help with their mobility and movement through special 'play' sessions and drawing with children to help keep them stimulated whilst they are in hospital.



Victor Anichebe with patient Samuel Clarke

Easter cheer for children at Whiston

Staff from a local company kindly donated their bonus to spread Easter cheer to the Paediatric Wards at Whiston Hospital.

This is the second generous donation from Flamco, St Helens, after staff used their Christmas bonus to buy toys for the children last year.

Sally Duce, Lead Nurse, Directorate Manager said: "This is a thoughtful and generous gesture by staff at Flamco. It is greatly appreciated by all the patients and families who stayed in hospital over the Easter holidays."



L-R Patient Lewis McBride with his mum Michelle, patient Samuel Clarke, Gill Simmons, Accounts Administrator, Flamco, Andrew Stamp-Jones, Credit Control, Flamco, Susan Finnegan, Play Specialist, patient Mille Shipley and patient Alfie Johnson

Losing pounds for pounds at the Lilac Centre

A group of friends from Denbighshire have shed the pounds to raise money for the Lilac Centre.

Mr Alan Parry-Gupta decided he wanted to give something back, after his wife Deepa attended the Lilac Centre for breast cancer treatment. Mr Parry-Gupta, who works for Denbighshire County Council, got together with a group of colleagues and held a sponsored weight loss, losing 3 stones between them and raising over £130.



Mr Alan Parry-Gupta and his colleagues Gerry, Richard, Jason, Dave and James.

Mr Parry-Gupta said: "It was important to do something because so many men who look after their wives through this beastly disease feel so powerless and useless. The Lilac Centre has been such an important resource and it was nice to be able to give something back personally just to show how much the centre and its staff has done for my wife Deepa."

Jeanette Ribton, Lilac Centre Manager, said: "I would like to thank Mr Parry-Gupta, his colleagues, and all those who have supported them, for their generous donation. All money donated to the centre goes towards ensuring that our patients are cared for in a comfortable environment."

Bingo Bonanza for the Lilac Centre

Each year, staff and pupils at the Royal School for the Blind, Liverpool, hold an Easter Bingo and Easter Bonnet Parade to raise money for a local charity. This year, they kindly chose to raise money for the Lilac Centre, St Helens Hospital and donated a fantastic £155.

Jeanette Ribton, Lilac Centre Manager, said: "We are extremely grateful to the pupils and staff at the Royal School of the Blind for their generosity. It looks like they had great fun making bonnets and playing bingo and the money will help us to continue to provide high quality care for our patients in comfortable surroundings."



Pupil Alicia Fielding wearing the Easter bonnet she made with her sister - complete with clockwork bobbing chicks!

Fond Farewells ...



Best wishes to long serving members of staff who have retired recently.

Professor Richard Griffiths with colleagues from the Intensive Care Unit, Whiston Hospital (centre)

Emily Likely, Registered Nurse with colleagues from the Outpatients Department, Whiston Hospital (centre, front row)



If you or a colleague, who has served the Trust for over 25 years, is retiring soon, please contact lynsey.thomas@sthk.nhs.uk to arrange a Fond Farewell feature.



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SANDRA B (St Helens Hospital)

"After Wearing glasses and contact lenses for over 15 years, it was important for me to discuss the options about what treatment would best suit me and when. The friendly, easy to talk to staff at Viewpoint answered all my questions and explained everything about treatments giving me complete confidence in the services they offer. The difference to my eyesight has been and continues to be fantastic..... I have absolutely no hesitation in recommending the friendly professional services offered by viewpoint." CARMEL M (Whiston Hospital)

" After many years of pondering and considering laser eye surgery I finally took the plunge in June 2012, all I can say I wish I'd done it years ago! The procedure (Lasek) and the treatment from Mr Chitkara and the team 1st class: professional, courteous and efficient. The follow up care I received was better than I could have ever imagined. Big thanks to Mr Chitkara and his team for giving me the opportunity to 'bin' the specs." BARBARA A (Whiston Hospital)

To Book a consultation please call:

Anne Walsh on Ext 6643

or email info@viewpointvision.com

Viewpoint Vision, Allen Day Unit, St Helens Hospital, Marshalls Cross Road, St Helens WA9 3DATel:

01744646643 or www.Viewpointvision.com

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O.P.I



Poetry Corner



DONOT DISTURB

Ode to a lie in

*I love to have a lie in every now and then,
and when I say a lie in I mean until ten.*

*Sometimes having a lie in is my idea of heaven,
sometimes I will push out the boat
and stay until eleven.*

*I'd really love lie in, in my warm comfy bed,
but dreaming of a lie in is all in my head.*

*Sometimes though a lie in is really a waste of time,
as usually I am up and about by the hour of nine.*

Beverly Kilgannon, Staff Nurse, Ward 3C

Did you know?



- It takes 3,000 cows to supply the NFL with enough leather for a year's supply of footballs.
- The first couple to be shown in bed together on prime time television were Fred and Wilma Flintstone.
- No word in the English language rhymes with month, orange, and silver.
- Every day more money is printed for Monopoly than the US Treasury.

BRAIN TEASER COMPETITION



There are 10 commonly known parts of the body spelt with just 3 letters - what are they?

Send your entries to lynsey.thomas@sthk.nhs.uk, the first ten correct entries will win a one day leisure pass to Village Health & Fitness, The Village Hotel, Whiston.

News n Views around the World



Thank you to Ste Beech, Project Co-ordinator Informatics, for this photo taken on top of the Rockefeller Building, New York, with the Empire State Building in the background.

Take News 'n' Views on your travels and send your snaps to lynsey.thomas@sthk.nhs.uk

TRUST



RESULTS

The winners of the recent staff lottery draws are:
March 2013

£1,500 Julie Duffy, Healthcare Assistant, Ward 1D, Cardiology

£ 500 Anita Hardcastle, Bed Manager, Operational Services

£ 200 Linda Clarke, Pharmacy Technician, Pharmacy

April 2013

£1,500 Kerry Hardman, Healthcare Assistant, Theatres

£ 500 Jill Hart, Cost Accountant, Contract & Commissioning

£ 200 Marie Sykes, Employment Services Administrator, Human Resources

Note: Prizes can only be issued to lottery participants who have paid all due contributions. In the case of deductions not being made from your pay, please contact the Finance Department on extension 1180. Your payslip should show a separate deduction described as LOTTERY and the amount deducted (£1 for each number).

Staff News 'n' Views

Next Issue: August 2013

Many thanks to everyone who has been involved in producing this edition, if you would like to contribute to future editions please contact Lynsey Thomas, Communications Officer: lynsey.thomas@sthk.nhs.uk

The deadline for submitting items for the next News n Views is 5th July 2013.