



Issue 37 Winter 2012



News in Views

Trust wins 2 top national awards



PLUS:

- Trust rated top performer
- Dorothy shows you're never too old!
- Carols for Christmas

Excellent Patient Care in World Class Hospitals

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CHRISTMAS MESSAGE FROM THE CHIEF EXECUTIVE

Firstly, may I take this opportunity to wish you all a very Merry Christmas and a happy and healthy New Year. I know many of you will be working during the festive period, and I hope that you have the opportunity to spend quality time with your family and friends.

Despite challenges, we have had a very good year and I would like to thank you for all your hard work. We continue to achieve good quality, safe standards of care for our patients, even with demand for services being higher than ever before.

Throughout the year, the Trust has received national recognition with many teams and individuals winning awards. This recognition of your expertise is remarkable and shows the dedication of our highly skilled and talented staff. Into the New Year, I hope that we can build on these achievements and continue to provide the very best care for our patients and their families.

On behalf of the Trust Board, thank you once again and Merry Christmas.

Ann Marr, Chief Executive



Carols this Christmas

The dates for this year's Christmas Carol Services have been announced!

St Helens Hospital

Monday 17th December, 3pm, Spice of Life Restaurant
– Children from Robins Lane Community Primary School

Whiston Hospital

Thursday 13th December, 1.45pm, Spice of Life Restaurant
– Children from Oakdene Primary School

Wednesday 19th December, 2pm, Main Atrium
– Children from Whiston Willis Community Primary School

So why not come along and join staff, patients and visitors around the Christmas tree and join in the Christmas spirit!



First Trust To Win Top UK Industry Award



(L-R) Christina McMinn, former Assistant Director of Innovation and Productivity, Phil Nee, Assistant Director of Operations- Surgical Care, Sue Garnham, Directorate Manager of Theatres and Anaesthetics, Donna McLaughlin, Director of Operations and Performance, Victoria Nixon, Senior Innovation and Productivity Engineer, Peter Johnson, Resource Planning Manager and Joe Goasdoue, Chief Executive of BQF.

The Trust has become the first ever NHS Trust to win the prestigious British Quality Foundation's Lean Six Sigma Award.

Up against some of the biggest and most prominent UK award winning companies such as the Nationwide Building Society (the world's largest building society) and BP Oil UK, the Trust was commended for its exceptional performance in delivering patient care within a strict budget, with staff quick to recognise the benefits of adopting Lean to improve patient experience.

The award, usually associated with industry, recognises outstanding achievements in projects based on Lean

Six Sigma, with previous winners including BAA (Heathrow), Network Rail and Royal Mail.

Over a 2 year period the Trust has achieved substantial improvements in operational efficiencies. By following the Lean Six Sigma methodology to improve projects, the Trust has increased its theatre session utilisation by almost 20%.

Ann Marr, Chief Executive, said: 'This is an exceptional achievement for the Trust. The improvements have real benefits for our patients in line with the Trust's continuing priority to provide world-class services in state of the art facilities.'

Trust Rated Top Performer

Patients treated at St Helens and Whiston hospitals are receiving the highest standards of care in the North West for pneumonia and heart attacks.

The Trust has been rated '**best performer**' out of all Trusts in Cheshire and Merseyside for the treatment of pneumonia and for patients with heart attacks.

Advancing Quality Alliance (AQUA), the North West's healthcare quality improvement organisation published its fourth year figures showing the Trust has continued to improve in key clinical areas since the schemes launch in October 2008. The Advancing Quality programme aims to give patients a better experience of the NHS by ensuring the highest standards of care are consistently delivered.

Ann Marr, Chief Executive said: "The Trust is committed to providing excellent quality care for our patients and these latest figures show the quality of treatment that we provide is exceptionally high. These results pay tribute to the excellent work that is being done by our staff. "

Neil is the IT Champion of the Year

Neil Darvill, Director of Informatics, has been announced as eHealth Insider's Healthcare IT Champion of the Year 2012.

Neil was awarded the honour for his outstanding contribution to IT in the NHS.

In 2007, Neil embarked on a huge digitisation project, which has already enabled the Trust to upgrade from paper hospital medical records to electronic records. Neil has engaged staff throughout this time to introduce systems such as bed management, electronic order communications and e-discharge; securing widespread uptake by listening to staff every step of the way.

The benefits of these systems have included increased efficiency, accuracy, reduced administration, enhanced patient safety and proven financial savings of more than £3.2m over five years.

Neil Darvill being presented with his award from comedian Ed Byrne

Neil said: "Winning this award is an amazing privilege. I hope the award gives more publicity to some of the many projects that the Trust is developing across the NHS."

Comedian Ed Byrne, who presented the awards said: "I do a lot of award ceremonies, mostly for the financial services sector, where people don't really deserve awards. So, even though I've hardly understood a word that I've read out tonight, it's been great to give some awards to real people, doing jobs that help people."



Dorothy shows that you're never too old!

Hospital volunteer, Dorothy Williamson, has been showing the young ones how it's done after turning 90 years of age in September.

The Volunteer Services Department held a surprise birthday gathering for Dorothy, who has been working at Whiston Hospital as a volunteer for over 20 years and with a special visit by Ann Marr, Chief Executive, who presented her with flowers on behalf of the Trust.

Dorothy said: "It was the best day of my life."

Ann Marr, Chief Executive said: "Dorothy is an example to us all. To reach the milestone of 20 years volunteering at Whiston Hospital is remarkable but to do this at the age of 90 is incredible. On behalf of the Trust I would like to thank Dorothy for her dedication and wish her a very Happy Birthday and many happy and healthy years to come."



Dorothy being presented with her birthday flowers from Ann Marr, Chief Executive

THE MAGNIFICENT SEVEN

For the 7th year running, St Helens and Whiston hospitals have been named amongst the top performers in the recent Patient Environment Action Team (PEAT) assessments.

Both hospitals scored top marks of 'Excellent' for their high standards in the categories of 'Food', 'Patient Environment' and 'Privacy and Dignity'.

The PEAT assessments check NHS hospitals and units throughout England. The assessments are carried out with the involvement of patients, patient representatives and members of the public.

Ann Marr, Chief Executive said: "We are extremely delighted that St Helens and Whiston hospitals have continued to achieve an 'EXCELLENT' PEAT rating for the seventh year in a row. The Trust works very hard to maintain the highest standards and these latest results highlight our commitment to providing patients with a world class environment and the very best quality of care."



Trust delivers high standards of care, says the CQC



The Trust has passed the latest inspection for standards of quality and safety by the Care Quality Commission (CQC). A routine unannounced inspection was carried out at Whiston Hospital in October to check that essential standards were being met. This is what the CQC said about the standards of care provided:-

Respecting and involving people who use services

"Patients' privacy, dignity and independence were respected. Patients were involved in decisions about their care."

Care and welfare of people who use services

"People experienced care, treatment and support that met their needs and protected their rights."

Cleanliness and infection control

"People were cared for in a clean, hygienic environment and there were effective systems in place to reduce the risk and spread of infection."

Staffing

"There were enough qualified, skilled and experienced staff to meet people's needs."

Assessing and monitoring the quality of service provision

"The provider had an effective system to regularly assess and monitor the quality of service that people receive."



Patient Kenneth Barwell, with his wife Bev and Healthcare Assistant, Charlie Ingleton.

Independent inspectors observed how patients were being cared for at the hospital and reviewed how people were looked after at each stage of their treatment. This involved observation, checking patient's records and talking to patients, their carers or family members and also speaking with staff.

Kenneth Barwell, chose Whiston Hospital to receive specialist care. Kenneth said: "This is a top-class hospital. The staff have explained my treatment every step of the way, from the moment I came in, to what to expect when I go home. Everyone from the surgeons to the catering staff and cleaners have been fantastic, really friendly and always with a smile, I cannot fault them."

Ann Marr, Chief Executive, said: "The Trust remains committed to ensuring that patients receive the highest standard of care. It is excellent to have this confirmed by an external independent regulator and is testimony to the hard work of all of our staff."



Employee of the Month

August:
Lyn Moreland

Senior Assistant Technical Officer, Urology, Whiston Hospital



Lyn started at Whiston in 1994 as a Health Care Assistant and has worked in her current role for 8 years. Lyn previously worked in orthopaedics and surgical departments. In total Lyn has worked for the Trust for over 18 years.

Describe your current role

My current role in the Urology Department includes working on flow studies, as well as flexible cystoscopies and urodynamics. I work in a close team who aim to provide a high standard of care for our patients.

How does it feel to be Employee of the Month?

I was very shocked to win Employee of the Month, it is such an honour and has given me a real boost.

What is the most rewarding part of your Job?

I try to make the patient's experience with us as pleasant as possible and always listen to their concerns. I also love working with such a hardworking and dedicated team.

September:
Lorna Phair

Operating Department Practitioner, Surgical Care, Whiston Hospital



Lorna has worked at the Trust since 2001, where she was employed in the Sterile Services department. She worked as a technician for twelve months before starting her Operating Department Practice training. She qualified in 2005 and has worked in the operating theatres at Whiston Hospital since.

Describe your current role

I am currently based in the general surgery theatres working as both an anaesthetic and scrub practitioner. My main duties include airway management of the patient and preparation of theatre instrumentation and equipment for both elective and emergency cases. I am responsible for the counting of sharps, swabs and instruments during operations and act as an advocate for the patient at all times. As a mentor, I am also involved with training students and supporting junior members of the team.

How does it feel to be Employee of the Month?

When I initially received the phone call, I thought that my colleague was joking! I work as part of a team and would like to accept the award on behalf of everybody.

What is the most rewarding part of your Job?

The most rewarding part of my job is being able to play a part in delivering high quality care to all patients during their time in hospital.

October:
Loreta Palas

Registered General Nurse, Ward 1B, GP Assessment Unit (GPAU) and Acute Medical Unit (AMU), Whiston Hospital



Loreta has worked for the Trust for ten years. She is a staff nurse, but is currently acting as ward sister on Ward 1B, Whiston Hospital.

Describe your current role

I am currently acting as ward sister on Ward 1B and a Infection Control Link Nurse. I co-ordinate patients through GPAU and the AMU to provide timely care for patients. I support the staff in providing the highest quality of care and ensure that patients are treated with the respect and care they deserve.

How does it feel to be Employee of the Month?

I am really overwhelmed; I never thought I would receive this kind of formal recognition. It is fantastic to be recognised and to be rewarded for your hard work. I'm so thankful, this award recognises the effort and support of the whole team on Ward 1B.

What is the most rewarding part of your Job?

It is very rewarding when you see patients improving with our care. I find nursing so fulfilling, and when patients say thank you, it is more than enough reward. I believe there is no room for mediocrity but excellence lies in all of our hands.

To nominate one of your colleagues for 'Employee of the Month' go to the Staff Matters section of the Trust Intranet and fill out an online form. Alternatively contact Trish Caldwell on ext: 1250 or email: trish.caldwell@sthk.nhs.uk

Annual General Meeting 2012



Les Howell, Chairman opens the AGM

The Trust held its 21st Annual General Meeting (AGM) in September at St Helens Hospital.

The meeting was attended by over 120 people.

Les Howell, Chairman, opened the meeting and welcomed everybody. He gave a summary of a successful year at the Trust and outlined the challenges the Trust had faced during the year. Ann Marr,

Chief Executive presented an overview of the Trust's performance during the last financial year, highlights of the year and a look forward to the year ahead.

This year's roadshow which showcased the Trust's departments was a great success and highlighted some of the services provided at both St Helens and Whiston hospitals.

Matron Steph Wiswell explains some of the services the Trust delivers



Ann Marr, Chief Executive presents at the AGM



Highlights of the Year – April 2011 to March 2012

- Managed increased activity in outpatient attendances, emergency admissions, accident & emergency attendances and planned procedures
- Achieved national targets for cancer care, A&E waiting times, cancelled operations and infection rates
- Achieved the best score ever at NHSLA Level 2
- Top scores of 'EXCELLENT' in every category in the PEAT assessments at both sites
- The Lilac Centre celebrated 20 years
- St Helens Hospital named Best Hospital in Bloom in the North West
- First Trust in the North West to offer electro-chemotherapy cancer treatment
- Education, Training and Conference Centre, Nightingale House opened
- The talents of staff were showcased at 'Trust's Got Talent' show for the 2nd year running

Following the success of last year's show, we are now looking for the next line up of stars for the TRUST'S GOT TALENT 2013 competition on Friday 8th March, Theatre Royal, St Helens.

If you can answer 'yes' to any of the questions below, then we want to hear from you!

- Can you sing, dance, do magic tricks or make people laugh?
- Are you a natural born entertainer?
- Are you a member of Trust staff?
- Would you like to perform live in front of an audience?

Going solo or as part of a group, this is your opportunity to showcase your talents.

Last year's winner, Ceri Lovell, Health Care Assistant, Intensive Care Unit, gave a fantastic performance, singing Maria McKee's 'Show me Heaven' winning £1000, the trophy and an invitation to perform at the Annual Awards Presentation Evening. Our other stars on the night were:

The Swinging Sistas – staff from the Acute Medical Unit
Sarah Nolan – A&E Childrens Nurse

JENilla Ice and the Drips – staff from Human Resources

Liam Morrision – Apprentice Technician for Vinci FM

Frankie Morris – Head of Contracting

The Croupiers – staff from Human Resources, Audiology and Ward 5D

The Gastro Girls – staff from the Gastroenterology Team
Razzle – staff from the Education and Learning Centre.

To enter, tell us what your talent is along with your name, job title, department, contact number and email address and send it to: judith.marsland@sthk.nhs.uk



TGT 2012 Winner Ceri Lovell, with celebrity judge Stephanie Davis

IN VIEW



Clinical Education

The aim of the Clinical Education Team is to further increase the quality of patient care through the development of a highly motivated and skilled clinical workforce, equipped with evidence based and up to date practical skills. This will enhance patient safety and clinical effectiveness.

The team includes: Neal Jones, Head of Clinical Education, Nick Bennett, Head of Simulation and Clinical Skills and Chris Mather, Clinical Skills Tutor and Simulation Trainer.

The team are currently developing the Education Training and Conference Centre into a national centre of educational excellence, offering courses for Trust staff and to external agencies, across all professional groups and at all levels.



State of the art facilities in the Education, Training and Conference Centre, Nightingale House

Clinical Education: What we do?



The challenge facing the Clinical Education Team is to support the delivery of high quality, safe patient care.

Through dynamic, innovative training sessions our vision is to deliver quality education, tailored to the individual needs of clinical staff and service objectives.

The team also supports the delivery of both centre based and in-situ patient simulation. Highly accurate patient simulation has made a significant impact across the organisation.

Personalised simulation training strategies are available at all times, and at no cost to internal Trust departments, please contact the team for an initial discussion regarding your individual ward/departmental needs.

Staff are shown procedures using model patient simulation

All grades of clinical staff can access the courses on offer. The current portfolio of training on offer includes:

- Venepuncture
- Peripheral venous cannulation
- Blood culture sampling
- Intravenous drug administration
- Urinary catheterisation
- Urinary catheterisation competency assessment
- Arterial blood gas sampling
- Human factors for healthcare staff
- Trauma moulage simulation
- ITU simulation course
- Operating theatre simulation course
- Band 5 development program
- HCA development program



Clinical Education courses are available directly through self-service ESR. Dates are available up to 6 months ahead giving plenty of time to plan off duties.

Pre-course reading supports many of our courses. Pre-course materials must be collected and signed for.

Only when pre-course requirements are met will a final place be confirmed.

Once candidates have attended the study day, they will be given a competency framework which they must achieve back at ward/department level, to be compliant with policy base competency acquisition.



Student of Excellence!

Karl Cook Staff Nurse, Ward 3D, Whiston Hospital scored 100% on his drug calculations component of the IV drug administration day training.



Clinical Education: What the future holds?

The Clinical Education Team values your ideas and suggestions. If you have any further contributions on other 'practical procedures' that the organisation would benefit from having a formal training program, or wish to utilise simulation in your clinical area please contact the team by email at: clinical.education@sthk.nhs.uk

Annual Staff Development Awards



The Annual Staff Development Awards are an opportunity for the Trust to promote and celebrate the excellence of staff. For a third year running, staff who achieved qualifications during the year that enhance their existing knowledge and skills attended the awards ceremony in the Education, Training and Conference Centre.



A number of qualifications were celebrated on the night including; NVQ/QCF, Masters and Degrees, through to skills for life and job specific qualifications.

Since the centre opened in July 2011, over 30,000 people have attended courses or conferences at the centre. Over 430 staff have been trained in a new skill since the beginning of the year alone. The centre delivers regional and national courses and conferences as well as hosting events for the World Health Organisation and most of the country's Royal Colleges.



Ann Marr, Chief Executive said: "As an organisation, we place great value on learning and development. We have formed strong relationships with many of the local universities and remain committed to support and encourage all our staff by giving them the opportunity to achieve professional qualifications."

All 2012 Staff Development Award nominees and their qualification:

A1 Assessor Awards

Diane Tierney
Gail Boardman
Gary Barker
Hilary Mutch
Julie Pilkington
Patricia Williams

NVQ/QCF Healthcare L2

Nicola Wedge
Victoria O'Keefe

NVQ/QCF Healthcare L3

Andrea Whitfield
Angela Boyle
Bibi Cunliffe
Carole Jackman
Carole Roberts
Christina Houghton
Deborah Leyland
Debra Owen
Emma Yates
Janet Croft
Janet Hooper
Jeanette Holmes
Joseph Barker
Julie Bate
June Marsden
Karen Harrison
Kath Dyas
Lynn Cunliffe

Lynn Kenny
Margaret Dobson
Margarita Pye
Marie Scott
Michelle Dixon
Michelle Hefferon
Michelle Hughes
Michelle Smith
Pauline Talbot
Rachel Carney
Tammy Poynton
Tracey McIver
Veronica Fleetwood
Wendy Gearing

NVQ/QCF Healthcare Maternity & Paediatric Support L3

Jacqueline Burke
Donna Woods
Pamela Lea

NVQ Business Administration L2

Janet Stout

NVQ Business Administration L3

Amy Oates
Denise Ambage
Denise Turner
Janet Candeland
Karen Finney
Moira Boon
Sharon Lyons

NVQ Team Leading L2

Adam Ralph
Leanne Johnson
Lisa Carmichael
Nicola Ross
Rachael Evans
Rachel Ewart
Sandra Tate
Tracy Greenall

NVQ Customer Services

Michelle Wynn

NVQ Management L3

Elaine Johnston
Janet Fillingham
Jeanette Anders
Kath McGill
Linda Willis
Michelle Poole

NVQ/QCF Management L5

Dianne Green
Gina Rogers
Jane Marino
Judith Marsland
Paula Richards

NVQ Business Improvement Techniques L2

Azhar Amin
Francine Baker
Ivan Clarke
Jackie Darlington
Jane Norman
Jayne Campbell
Trevene Howarth

NVQ Business Improvement Techniques L3

Carol Procter
Karina Morris
Marie Cawley
Patricia Beech

NVQ L2 Mentorship

Carol Procter
Elizabeth Matthews
Jane Norman
Linda Clarke
Olive O'Reilly
Trevene Howarth

AMSPAR

Michelle Atkinson

Skills for Life

Amanda Bailey
Helen Brookes
Janet Devin
Jeanette Gardner
Kelly Hughes
Kimberley Tyrer

Managing Equality & Diversity in NHS L4

Annette Craghill

Intermediate Diploma in HR Management

Ann Rimmer
Colette Hunt
Denise Long
Jenny McGreavey
Julie Lynch

Foundation Certificate in HR Practice

Chloe Higgins
Emma Yenulevich
Jill Horman
Leanne Marsh
Lorraine Hawkins
Wendy Harrison

Diploma in Personnel Development

Jennie Ellerton

Accelerate Course (Medirest/Compass)

Brian Kennedy
Colin Edwards
Tracey Swift

Facilities Management Development (Medirest/Compass)

Andrew Robertson
Darren Wilson
Gail Peet



Clinical Examination (HEA 3169)

Elaine Williams

Supervisor of Midwives Course

Paula Gavan

Examination of the Newborn Course

Paula Gavan

Chemotherapy Administration & Care

Diane Wright
Jennifer Lunt
Julie Alexander
Karen Ledsham
Rachel Cassidy
Rachel Labuda

Assistant Nurse Practitioner

Donna Leigh

MSc in Clinical Pharmacy

Christian Brancalone

Postgraduate Diploma in Clinical Pharmacy

Colette Lynch

Diploma in Health Emergency planning

Tracey Mellor

Non-Medical Prescribers Course

Sandra Speakman

BTEC Professional Diploma for Dispensing Checking

Jennifer Dickson
Michelle Nelson

Professional Clinical Coding Qualification

David Brown
Janis Lomax
Joy O'Leary

Graduate Diploma in Biomedical Science

Andrew Delaney
Denise White
Mike Wright
Neil Rathbone

Specialist Diploma in Biomedical Science

Debra Bailey
Paul Regan

Institute of Biomedical Science Specialist Portfolio

in Clinical Chemistry
Ayyaz Mirza
Brogan Wardle
Janet Johnson
Ray Williams
Victoria Todd

BSc in Biomedical Science

Cassandra Cretney

LJMU Post Grad Dip in Biomedical Science

Martin Bromiley

MSc in Biomedical Science

Natalie Jones



Postgraduate Diploma in Advanced Practice Nuclear Medicine

Gary Mason

MSc in Advanced Practice Nuclear Medicine

Jennifer Kelly

BSc in Healthcare Science

Amy Carter
Patrick O'Driscoll

Foundation Degree in Healthcare Science

Kimberley McCrudden

St Helens Pride for Gill

Gill Haydock, Neonatal Nurse Specialist, has been named the 'Pride of St Helens' at a prestigious local award ceremony.

Gill was given the honour for her 'Outstanding Contribution to the Special Care Baby Unit, Whiston Hospital and the NHS in general'.

After a 30-year career, colleagues have described Gill as a tireless worker, who goes beyond the call of duty, earning the respect and admiration of colleagues and patients.

Sally Duce, Lead Nurse, Directorate Manager, Children and Young People said: "Gill has been an absolutely outstanding Neonatal Nurse Specialist, always ensuring the babies were everyone's number one priority. She has been an excellent role model over the years and since her retirement in August of this year she has been greatly missed by all her colleagues. We all wish Gill every happiness in her well-deserved retirement."



Gill with colleagues and friends in the Special Care Baby Unit

Major Award Success for Outreach



Deborah Beck, Dissection Nurse Specialist

Dissection Nurse Specialist Deborah Beck and the Outreach Service have been awarded £15,000 by the North West Regional Innovation Fund. The Fund is designed to help encourage innovations in healthcare and promote best practice and is awarded to specific projects in order to support their continued development.

Deborah established the Outreach Service which allows plastic surgery patients to return home much sooner after surgery, with the support of herself and the Plastic Surgery Consultants. The award was made after a successful application process during which the proposal was assessed by a panel of experts responsible for the allocation of the fund. The panel decided the service was exactly the kind of innovation in patient care they were looking for and decided to give Deborah and the Outreach Service their support.

On receiving the award Deborah said 'I'm able to offer patients a service which may help to reduce the risk of infection and give them more quality time with their family and friends. I am completely overwhelmed that we have been given this opportunity. This is an exciting time and I look forward to developing this service.'



Glitz and glamour were the order for the evening as Strictly Come Dancing came to St Helens.

The 'Strictly at Saints' fundraiser, held in aid of the Burney Breast Unit,



St Helens Hospital, brought together staff, patients and volunteers for a night of dancing and fun.

Compered by Linda McDermott, BBC Radio Merseyside Presenter, and with an expert judging panel of Herbert of Liverpool, Emma Rigby, former Hollyoaks actress, and Shaun Locke, music teacher at Merchant Taylors' Schools, Crosby, performers took to the stage to showcase their talents.

Performances included Bollywood, Folk, Street and Belly dancing to name but a few.

A fantastic time was had by all and with the money raised going towards supporting patients of the Burney Breast Unit.

TEAM TALKS

Together Everyone Achieves More



Ann Marr, Chief Executive, talks with staff

A series of 'Team Talks' meetings have been re-launched giving staff the opportunity to meet with senior managers on an informal basis to talk about working life at the Trust.

The 'Team Talks Lunches' are a positive two way communication process giving the Chairman and Chief Executive the opportunity to hear for themselves what is happening on wards and other departments and the challenges that staff face in delivering excellent patient care.

The meetings were organised after feedback from last year's staff survey indicating that staff would like a revival of the 'Team Talks' initiative that had previously been held in the Trust.

Following the meetings, all information is fed back to the Trust's Executive Team who, along with department managers, will coordinate an action plan to address the concerns, ideas and suggestions raised by staff.

Look out for further updates in News n Views.



Les Howell, Chairman, listens to staff

Liaison Psychiatry Service

A Clinical Liaison Psychiatry Team, based in Accident & Emergency Department (AED) at Whiston Hospital was launched in October. The team, commissioned by the 5 Boroughs Partnership NHS Foundation Trust, aims to see both AED patients and inpatients (18yrs to 65yrs) in a more efficient and effective way.

The service is provided 24 hours per day, 7 days per week.

A new referral form has been developed and will be sent to all wards & departments in the near future. On receipt of a referral, a member of the team will carry out an initial patient assessment. Appropriate care and support will then be arranged.

The team consists of:

- Two Consultant Psychiatrists
- A Consultant Clinical Psychologist
- Six Senior Nurse Practitioners

For further information on the service, please contact the team by phone on: 0151 478 7587

Charity Cake Sale

There was a buzz in the air in the Pathology Laboratory, Nightingale House as the annual charity cake sale took place.

Samantha Bonney, Biomedical Scientist, has been organising the cake sale since 2005. Every year staff from the pathology and phlebotomy departments put their baking skills to the test with the much anticipated event raising funds for charities close to the heart of the staff.



Samantha Bonney (holding cake, centre) with colleagues at the cake sale



This year over £650 was raised by the cake sale and split between the Breast Cancer Care and Willowbrook Hospice charities. The money was donated to Breast Cancer Care in memory of a dear colleague and friend Pat Doyle, who sadly passed away.

In the past 7 years over £4,500 has been raised by the cake sale to benefit charities such as Prostate Cancer UK and Lansbury Bridge School, a local school for pupils with physical disabilities, medical and learning difficulties and autistic spectrum disorders.



Trust's Olympic Pride



The NHS was celebrated in the opening ceremony of the Olympic Games

As the whole country settled down for a month of intense sporting action for the London Olympics, 3 members of staff from the Trust were hard at work, volunteering their time and skills to make sure this once in a lifetime event was a complete success, and having a great time along the way! For Dawn Oates, Frankie Morris and Paula Hesketh, the experience meant lots of training and early starts, but all the ladies felt privileged to have been part of such a historic moment, and told us how they can't wait to do it again!

After applying online and attending several stages of the 'Torch Relay', Dawn Oates, Personal Medical Secretary, was given a role organising the 'Last Mile Team' inside the Olympic Park, helping to make sure event staff were always on hand to help meet and greet the 9.3 million spectators over the course of the Games. Dawn's dedication was rewarded with a taste of the celebrity lifestyle enjoyed by our Olympic heroes as she was interviewed by the BBC and Australian TV, became the face of a McDonald's advertising campaign and even rubbed shoulders with Sebastian Coe and David Cameron.



Dawn Oates watching the USA Basketball Team



Frankie Morris all dressed up for the big night

As a full-time accountant, Head of Contracting and Commissioning, Frankie Morris doesn't usually have time to show off her other talent – ballet. After answering an advert for experienced dancers, Frankie was thrilled to be asked to take part in the closing ceremony of London 2012, supporting the famous ballerina Darcey Bussell and several members of the Royal Ballet in the unforgettable finale. Eventually, after 50 hours of rehearsal, the moment came, along with the 'indescribable' atmosphere inside the stadium, as she stood shoulder to shoulder with the athletes under the Union Flag in front of 80,000 cheering fans.

Nurse Clinician Paula Hesketh was part of the Medical Team at the Worsley Marriot Hotel, working with male and female football teams, including the boys from Great Britain (Team GB)! As well as supporting the athletes and famous faces training at the hotel, Paula also helped look after the other staff and volunteers, many working 12 hour shifts without days off. Paula was delighted to be able to experience the Olympic spirit first hand, even being asked for an autograph by an awestruck bystander!



Paula Hesketh (2nd from the right) with other members of the Medical Team



**information
governance**
handling information with confidence

Do the rIGHT thing

Confidentiality affects us all: patients, staff, visitors, volunteers, in fact everyone who uses the Trust services.

We all have our part to play in making sure the Trust maintains it's high standards of care and ensures that patients will continue to trust us with their information. This information will help you understand a bit more about why it is important and what you can do.

POLICIES STAFF NEED TO BE AWARE OF

Some of the Trust Policies, which includes legal acts, that staff are required to read and comply with include:

- **Policies (Intranet Site)**
- **E-mail and Internet Policy**
- **Information Security Policy**
- **Data Protection Policy**
- **Information Risk Policy**
- **Health Records Policy**
- **Access to Health Records Policy**

SOCIAL MEDIA

Access to social media sites using Trust equipment is prohibited unless approval has been given following application to the Trust Editorial Board.

Staff or patients who are part of social networking sites need to take care not to breach:

- Confidentiality,
- Data protection,
- Employment contracts or
- Professional codes of practice

by posting malicious, misleading, derogatory comments or references that might damage the Trust's reputation, or cause distress to patients, services users, or employees.

N.B. You may believe you have restricted access using your privacy settings but this is not always the case, so please be cautious and considerate.



e-MAIL AND ENCRYPTION

Typing [ENCRYPT] in the subject line will encrypt the e-mail: protecting the information and keeping it safe. Non-trust e-mail addresses will have to 'register' to see the information.

Sending e-mail from a Trust e-mail address to another Trust e-mail address does not require encryption. All confidential information sent via e-mail to non-trust addresses should be encrypted. Always password protect any documents containing confidential information and use the phone to send the password, not in the same e-mail. Staff must never send patient identifiable information to their personal e-mail address, this is a disciplinary offence.



PATIENT CONSENT

Disclosure and use of confidential patient information must be lawful and ethical.

Information must not be disclosed for any purpose other than healthcare without explicit consent, legal basis, or robust public interest.

It is extremely important that patients are made aware of:

- When and where their information is being shared,
- The reasons why,
- The implications for consent or
- The implications for refusal of consent

It is your responsibility to ensure you are aware of the legal and professional standards around this (see the Trust Intranet for more information)

CONFIDENTIALITY BASICS

Patients entrust us with their information to treat it confidentially and expect that staff will respect their privacy and act appropriately.

This means that staff have to be aware of their responsibilities at all times - reading the information on the intranet site on Information Governance and attending mandatory training annually will help with this.

Failing to keep information safe is a disciplinary offence within the Trust, even if accidental, and the Trust can incur monetary penalties, so if you are unsure, ask the Information Governance Team.



WHAT IS CONFIDENTIAL INFORMATION?

Any information that can identify patients or staff i.e. name, address, NHS Number. This includes patient records, or staff information/e-mail addresses.

Anonymised information is not confidential but always check before disclosing if you are unsure.

**Further information and help is available from the Information Governance Team:
IG@sthk.nhs.uk • 0151 676 5248**

If you are worried about any 'breaches' of confidentiality please contact us as soon as possible - Do the rIGHt thing!

Information Governance Manager: Craig Walker • Caldicott Guardian: Dr Francis Andrews

IN THE SPOTLIGHT AILEEN SCOTT

Aileen, recently joined the Palliative Care Team as a registrar, based at Whiston Hospital and Willowbrook Hospice.

Until now Aileen's specialty training has been primarily hospice-based so she is looking forward to gaining further experience in the hospital setting. Originally from Glasgow, Aileen has worked in Merseyside since qualifying five years ago and has worked at Whiston Hospital previously as a house officer and senior house officer, and is looking forward to seeing some old colleagues again!



*Aileen Scott,
Palliative Care Team Registrar*

Trust holds its 4th National Dementia Conference

The Trust held its 4th National Dementia Conference on 'Dementia Care in Hospitals' at Aintree Racecourse in September.



Professor George Tadros speaks at the conference

'Making Sense: Achieving excellence in the care of people with dementia in acute hospitals'

The conference for clinicians with an interest in dementia care, aimed to address some of the critical issues faced by those affected by dementia during their time in hospital from 'the front door', through acute illness and onwards towards recovery.

The conference featured guest speakers including; Professor Rowan Harwood, Consultant Physician, Professor of Geriatric Medicine at Nottingham University Hospital NHS Trust and Professor George Tadros, Consultant of Old Age Psychiatry and Professor of Mental Health and Ageing, Birmingham and Solihull Mental Health NHS Foundation Trust.



The conference was a complete success with over 150 clinicians attending from across the country.

Ann Marr, Chief Executive, said: "After many years of public attention and debate, dementia has finally been recognised as a major challenge facing our national and local health and social care services. We need to find ways of turning this acknowledgement into a positive set of actions that will improve the quality and range of services available. I hope that through the conference we can gain a better understanding of what we can do to improve the experience of those who need our help."



Health, Work and Wellbeing

Positive action against Flu

Throughout the Trust, staff have been leading the fight against Influenza by receiving their flu jabs, helping to protect themselves, their patients and their families.

Each year healthcare staff are encouraged to have a flu jab in order to ensure the best possible defence against the flu bug. Last year the Trust reached a target of 74.5% of frontline staff vaccinated, and this year it is hoping to exceed this.

Higher risk areas such as accident & emergency, critical care and the young people's department were targeted first, with staff from the Health, Work and Wellbeing Team working around the clock to ensure the vaccine is also available to as many staff as possible from all departments.

All staff receiving a vaccination will be entered into a free prize draw to win a Kodak Digital Camera with leather case.



Professor Kevin Hardy, Medical Director receives his flu jab from Karen Brayley, Head of Health, Work and Wellbeing

Healthy and Happy

In October the Health, Work and Wellbeing Department organised an Open Day to help promote healthier lifestyles among Trust staff. The event took place in the Education and Learning Centre, Nightingale House, Whiston Hospital.



The Health, Work and Wellbeing Team

The Open Day provided staff with information about several aspects of healthy living, both at home and work. Many topics surrounding healthy lifestyles were discussed, including:

- Advice on diet (including free food tastings)
- Smoking cessation advice
- Exercise information
- Information on managing stress
- Safe limits of alcohol intake

Staff attending also received health checks and fitness tests to help support them in achieving their healthy lifestyles.

Two of the main reasons for staff sickness within the Trust are musculo-skeletal injury and stress. The Health, Work and Wellbeing Physiotherapist was on hand to offer advice to staff on how to manage various injuries including back problems. The providers of the Employee Assistance Programme also provided staff with advice about the free telephone counselling service that is available for all staff. The counselling team provided stress checks and advice on how to cope with stress. The Psychologist gave a very clear message that early intervention is essential.

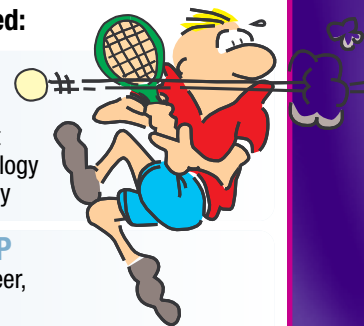
NHS Northwest Games

Staff from the Trust took to the sports field to take part in the latest NHS North West Games at Kirkby Sports Centre, Knowsley. Around 500 NHS staff took part in an Olympic style sports day including doctors, nurses, porters, admin and ambulance staff. Local Olympians Beth Tweddle and David Price presented prizes and congratulated everyone who took part. The Trust entered teams in the netball, football, table tennis and badminton events. The competition was extremely strong and our staff did really well in all the events that they entered.

The staff who took part included:

Table Tennis

WINNER - Miroslav Veliky: Staff Grade, Burns and Plastic Surgery Unit
 Dominic Steeples: Staff Grade, Cardiology
 Vinay Shankar: Consultant, Respiratory



Football Team – RUNNERS UP

Alex Woods: Senior Operations Engineer, Informatics
 Neil Rathbone: Medical Lab Assistant, Pathology
 John Johnson: Administration Clerk, Bank Staff
 Chris McNamara: Deputy Head, Purchasing & Supplies
 Marc Ward: Health Care Assistant, Whiston Operating Theatres
 Kyle Humphreys: Clerical Officer, Legal Services
 Mike Port: Clinical Coder, Clinical Coding

Netball Team

Jeanette Anders: R&D Co-ordinator, C-GaARD
 Susan Clayton: Midwife, Community
 Emma Langton: Health Care Assistant, Endoscopy Unit
 Nurul Annar: Staff Grade, Sexual Health
 Shaima Shareef: Trainee Medical Staff
 Sara Ali: Senior House Officer, Obs & Gynae
 Jane Marshall: Health Improvement Lead, Contraception and Sexual Health

Badminton

Madhankumar Krishnan: Specialist Registrar, ENT
 Vinod Gowda: Consultant, Dept of Medicine for Older People
 Dave Hill: Porter, Medirest
 John Chilvers: Porter, Medirest

IRONMAN STUART COMPLETES HIS TRIATHLON CHALLENGE



(Left –Right) Michele Harrop, Paediatric Respiratory Nurse Specialist, Dr Laweh Amegavie, Consultant Paediatrician, Stuart Whitelaw and Sally Duce, Lead Nurse and Directorate Manager Children and Young People's Department

Readers may remember an article in the May edition of News 'n' Views about our 'Ironman' Stuart Whitelaw.

Stuart, 41, a respiratory therapy specialist from Liverpool, pledged to raise money for the Children's Unit at Whiston Hospital after working at the hospital for Allen & Hanbury's, part of GlaxoSmithKline, and seeing first-hand the excellent work they do with seriously ill children.

Stuart competed in the 'Ironman 70.3 Majorca Triathlon' after months of gruelling training in his home city which included swimming in the waters of the River Mersey. The triathlon consisted of a 1.9km swim (1.2 miles), a 90km bike ride (56 miles) and ended with a 21.2km run (13.1 miles) all of which Stuart completed in an amazing 6 hours and 55 minutes, raising £780 for the Unit.

Stuart said: "This has been the hardest thing I have ever done. Working with the children and young people's

respiratory team at Whiston and seeing the amazing work they do inspired me to want to do something special for the department."

The money Stuart has raised will help to fund equipment for testing premature babies who have developed chronic lung disease due to their prematurity.

Dr Laweh Amegavie, Consultant Paediatrician said: "We are extremely grateful to Stuart for his support. The effort he has undertaken to raise money for the Unit is remarkable and it will help a great deal in providing high quality care for children."

Ruby Celebration for the Lilac Centre

A couple celebrating their Ruby Wedding Anniversary have donated over £800 to the Lilac Centre, St Helens Hospital, in memory of their son.

Val and David Harris held a party for 100 family and friends to celebrate the occasion and asked for donations in aid of the Lilac Centre instead of presents.

Andrew Harris was diagnosed with a malignant melanoma (skin cancer) in November 2001 at the age of just 24 years. After a brave fight against the disease, he died just thirteen months later in December 2002.

Val said: "We told our family and friends that if they wished to mark the occasion then we would welcome donations in Andrew's memory, but said that we did not want them to buy us presents. We're extremely grateful for the help our family received from the staff at the Lilac Centre and hope this donation can help other families through a difficult time."

Jeanette Ribton, Lilac Centre Manager, said: "I would like to thank Val and David, their family, and all those who have supported them, for their generous donation. Money donated to the centre goes towards enhancing a comfortable environment for our patients."



Val and David Harris, pictured with Jeanette Ribton, Lilac Centre Manager, in front of their son's signed Liverpool FC shirt displayed in the Lilac Centre.

Sky's The Limit for Neil



Neil McDermott falls through the sky in his tandem sky dive

After his twin boys, Ethan and Dylan, were born 7 weeks prematurely and expertly cared for in the Special Care Baby Unit (SCBU), Neil McDermott jumped at the chance to say thank you. Neil decided to ask friends and family to sponsor him on a tandem skydive, with all the proceeds being donated to SCBU. So, on 17th June (Father's Day) this year, after signing several disclaimers, Neil leapt out of a plane at 15,000 feet, and raised a fantastic £600 in the process.

Discussing his reasons for wanting to raise money, Neil said: "When Ethan and Dylan decided to arrive 7 weeks prematurely in February 2011, the staff in SCBU provided specialist care and attention to our sons, without which they might not be with us today and also supported my wife and I at a very difficult time."

Neil also described how the experience gave him chance to reflect on the events of the previous year, "The views were amazing and the 5 minutes or so it took us to get back on terra firma gave me time to reflect on what I had just done. All in all it was an amazing experience and one that I am really proud of, especially as I managed to raise £600 in the process."

Special donation for SCBU

The parents of a baby boy born at Whiston Hospital have raised thousands of pounds in his memory.

Noah Jones was born at 23 weeks and 5 days due to complications. Noah was looked after by the Midwifery and Neonatal staff at the hospital but sadly passed away after just a couple of hours.

Noah's Mum and Dad, Emma Doran and Warren Jones kindly asked for donations for the hospital instead of flowers at Noah's funeral and over £800 was given to the couple by loving family and friends. Since then, Emma and Warren have continued to raise money for the hospital, holding a charity night locally at which many donations from local businesses for raffles and prizes were received. The money they have raised has also been subject to 'match-funding' from their places of work and those of family and friends, where businesses will match the amount raised for the Unit from their own charitable funds.



Emma (centre) with Sally Duce, Directorate Manager, Children's & Young People and Caroline Deveney, Special Care Baby Unit (SCBU) Manager

In total Emma and Warren have raised well over £6,000, with more money being donated all the time.

Happily, Emma is now pregnant again with her baby due in February 2013.

Emma said: "We wanted to help the Neonatal Unit as much as we could for the way all of the staff cared for Noah. Now that I am pregnant again, the care we have received is amazing and I am so grateful for all of their help."

Sally Duce, Lead Nurse, Directorate Manager, Children's & Young People said: "This very, generous donation is greatly received from Emma and Warren. Their kindness at such a sad and difficult time in their lives is much appreciated by all the staff. The money raised will benefit so many babies born prematurely and their families in future during their stay on the Neonatal Unit, we can't thank them enough."

Murder Mystery for the Lilac Centre



Glyn Edwards, centre, with family, friends and staff at the Lilac Centre

The Lilac Centre is to benefit from a generous donation after a patient organised 'An evening of Murder Mystery' to raise funds.

After being diagnosed with myeloma (cancer of the blood), Glyn Edwards, 53, of Eccleston Park, St Helens, held the first in a series of fundraising events on behalf of the Lilac Centre raising a total of £2408.12.

Glyn Said: "The staff and volunteers at the Lilac Centre have helped me immensely and I want to repay them by helping where I can. Organising this event has helped me to feel like I can make a difference and fight back against the illness."

The fundraising event was held at Knowsley Community College where Glyn is a teacher, and the night was an ideal opportunity for the college's catering students to practice their skills. Glyn spoke of his pride that students from the college had prepared and presented the meal, donating their time and even their own tips from the evening to make the night such a success.

Jeanette Ribton, Lilac Centre Manager, said: "We are very grateful to Glyn for taking the time and effort to fundraise for the centre. The money raised will go a long way to help patients like Glyn and their families."

Christmas cheer for Children's ward



David Bailey, with staff from the Children and Young People's Ward 3F

St Helens resident, David Bailey, has kindly donated his entire year's collection of loose change to the Children and Young People's ward.

David, from Sutton Manor, raised £33.61 to add to the hundreds of pounds he has raised over the past 4 years.

Each year David visits the ward and donates the money to buy toys for those children who have to spend time at the hospital during the Christmas holidays.

Sally Duce, Lead Nurse, Directorate Manager, Paediatrics said: "I would like to thank David again for his continued generosity. The toys will put a real smile on the faces of those children spending time with us this Christmas."



Marathon Man Tom does it again

Tom Fitzpatrick, IT Engineer, ran the Preston Guild Marathon in October, in aid of the Burney Breast Unit, St Helens Hospital. Completing the race in a time of 4 hours and 44 minutes, Tom raised over £600 for the Unit.

Tom has taken part in three marathons to raise money for the Trust, previously running the Liverpool Marathon twice for the Special Care Baby Unit, Whiston Hospital.

Congratulations Tom and many thanks to all those who sponsored him.



*Tom Fitzpatrick,
IT Engineer*



Fundraising Raffles

Raffles are regularly held across both St Helens and Whiston hospitals to fundraise for staff events such as the Annual Staff Awards Presentation Evening and Trust's Got Talent Show, with fantastic prizes for staff to win. All prizes are kindly donated to the Trust by local businesses.

Here are our latest prize winners:

1st prize Apple iPhone 4

Elaine Goldsworthy,
Principal Burns &
Plastic Surgery Prosthetist

2nd prize Apple iPod Shuffle

Jacqui Wallis, Executive Assistant

3rd prize The Village Hotel, 30 day gym pass

Joanne Wallace, Sister, Ward 2C

4th prize Knowsley Safari Park, family pass

Marie Gibbs, Deputy Manager,
Outpatients Department

5th prize Moët & Chandon Champagne

Michelle Plummer, HR Manager, Medirest



*Elaine Goldsworthy
with her new
iPhone 4*

1st Prize Apple iPod Shuffle

Michelle Noctor,
Health Care Assistant, Ward 1D

2nd Prize One month PB Fitness personal trainer

Nina Powell, Admin, Pathology

3rd Prize £30 Blue Mango,
Indian Restaurant Voucher

Dr Simon Twite, Consultant
Respiratory Physician

4th Prize £20 Beaujangles voucher (fashion & jewellery)

Sarah Jackson, Staff Nurse, Ward 5A

5th Prize Clarins Make-up Bag

Joan Summerfield, Payroll Officer,
Pay & Staff Services



*Michelle Noctor with
her iPod shuffle*

Macmillan Coffee Morning turns St Helens 'Green'

Over £1250.00 was raised at this year's Macmillan Coffee Morning held in the Spice of Life Restaurant at St Helens Hospital.

The event was part of Macmillan Cancer Support's largest national annual fundraiser the 'World's Biggest Coffee Morning'. Staff from the Macmillan Cancer Support and Information Centre were joined by the Trust's cancer services and Medirest to help make this year's coffee morning a huge success.



Staff, patients and visitors at the Macmillan Coffee Morning

Julie Parr, Manager of the Macmillan Cancer Support Information Centre said: "The support for this year's event has been amazing. I would like to thank everyone who donated raffle prizes and those who donated money to help raise such a fantastic amount."

**WE ARE
MACMILLAN.
CANCER SUPPORT**

Movember madness

This 'Movember' staff from across the Trust have been raising money in aid of male cancers.

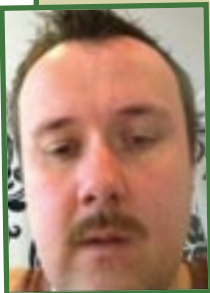
Moustaches to rival that of film actor Tom Selleck have been sprouting from the top lips of male members of staff throughout November, with all proceeds going towards helping prostate and testicular cancer charities.

A brave number of staff are pictured here to be immortalised forever with their 'Movember' moustaches.

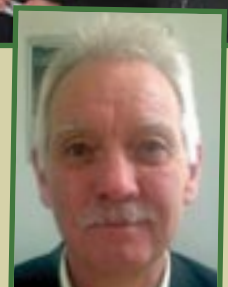
Not to be outdone the ladies from the Pharmacy Department donned fake moustaches on the last day of the challenge to show their support for their male colleagues.



Members of staff from the Pharmacy Department



*Craig Walker,
Information
Governance
Manager*



*Will Darwick,
Volunteer Services
Manager*



Ladies from the Pharmacy Department



Fond Farewells ...



Best wishes to our long serving member of staff who has recently retired.

**Marian McNicholas,
Assistant Practitioner**

Marian with colleagues on Seddon Suite

If you or a colleague, who has served the Trust for over 25 years, is retiring soon, please contact lynsey.thomas@sthk.nhs.uk to arrange a Fond Farewell feature.

Asa Elliott Competition Winner



The summer edition of News n Views held a competition to win a signed CD from Asa Elliott, star of hit TV show Benidorm and star guest at the Annual Staff Awards Presentation Evening 2012.

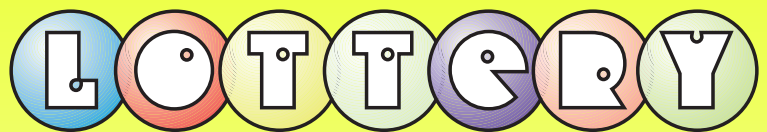
Our lucky winner was Stephan Parker, Staff Nurse, Ward 4A, Whiston Hospital.

Congratulations Stephan!



Stephan with his signed CD

The winners of the recent staff lottery draws are:



TRUST

RESULTS

August

£1,500 Paul Regan, Biomedical Scientist, Microbiology, Whiston.

£500 Lee McMenemy, Directorate Manager, Accident and Emergency Department, Whiston.

£200 Maureen Davies, Assistant Systems Development Accountant, Financial Systems, Nightingale House, Whiston.

September

£1,500 Cecelia Humphries, Nurse Specialist, Anti Coagulation Team, Whiston.

£500 Lesley Carr, Assistant Practitioner, Ward 1B, Whiston.

£200 Linda Farrow, Sister, Coronary Care Unit, Whiston.

October

£1,500 Mary Bradley, Personal Assistant, Pharmacy, Whiston.

£500 Gillian Clarke, Health Care Assistant, Ward 3F, Whiston.

£200 Catherine Langley, Ward Manager, Ward 3E, Whiston.

Note: Prizes can only be issued to lottery participants who have paid all due contributions. In the case of deductions not being made from your pay, please contact the Finance Department on extension 1180. Your payslip should show a separate deduction described as LOTTERY and the amount deducted (£1 for each number).

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- **Local restaurants**
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- **Retail stores**
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- **Rugby clubs (St Helens RFC, Widnes Vikings and Leigh Centurions)**
- **Legal services - discounts such as 10% off wills and family law services.**

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£29.50 per person



Friday 8th March
Dirty Dancing
£28.00 per person



Friday 17th May
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£29.50 per person



Friday 15th February
Michael Buble Tribute
£28.00 per person



Friday 3rd May & 5th July
Ladies Night
£28.00 per person

Strictly Ladies Only - Not for the faint hearted!
Pamper yourself once you have checked in with our
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Friday 7th June
Soul & Motown
£28.00 per person

other events



Mothers Day
Sunday 10th March
£16.95 per adult
£9.95 per child

with a gift for Mum &
Children's entertainer



Fathers Day Lunch
Sunday 10th June
£16.95 per adult
£9.95 per child

with a gift for Dad



Billy & Wally's
Oh Wot A Show!
Friday 19th April, £22.00pp

Radio personalities Billy Butler and Wally Scott of 'Mid Year Photo Fests' are back with another big cabaret and hot girl night. Starring hilarious showband Schomer featuring the Browns, Jim Rigby, Susan Rigby, Little Britain and Elio among a host of other stars. Also very funny rilly rilly Take That who weigh over 70 stone between them but sound just like Take That. All this plus comedians Buddy Holly, Patsy Stone and Corrie Francis.

events | late christmas party



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PER PERSON

events | golden oldies

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Monday 15th April
Monday 10th June

£12.95
PER PERSON

events | easter sunday

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Sunday 31st March

events | afternoon tea £9.95 per person

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events | wedding open night



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Tel: 01744 646643 or www.viewpointvision.com**

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really bad jokes!

What do you get if you cross an insect with a rabbit?

Bugs Bunny!

What do you get when you cross a stream and a brook?

Wet feet!

What do you get when you cross poison ivy with a 4-leaf clover?

A rash of good luck!

What is the best thing to do if you find a lion in your bed?

Sleep somewhere else!

OMG FACTS!

- Singing 'My Way' is banned at karaoke bars in the Philippines, due to a spate of killings around the time the song was released, known commonly in the Philippines as 'The My Way Killings'
- While operating in 2004, surgeons found 728 kidney stones inside a 50 year old man from India
- In Italy, there are pizza inspectors hired by the government to ensure restaurants are making their pizzas at 'Italian quality'
- Humans are the only mammals that can't swallow and breathe at the same time!
- A cow gives nearly 200,000 glasses of milk in her lifetime.

Staff News 'n' Views

Next Issue: Spring 2013

Many thanks to everyone who has been involved in producing this edition, if you would like to contribute to future editions please contact Lynsey Thomas, Communications Officer: lynsey.thomas@sthk.nhs.uk

The deadline for submitting items for the next News n Views is 16th January 2013.

Let's Get Quizzical



1. What is the 6th planet from the sun in our solar system?
2. Juventus is a famous football club from which city?
3. Besides being artists of the Italian Renaissance Michelangelo, Leonardo, Donatello and Raphael are the names given to which superheroes?
4. How many players are there in a basketball team?
5. What is the official time of Usain Bolt's 100m world-record, set in Berlin August 2009?

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Quiz answers from above
1. Saturn, 2. Turin, 3. Teenage Mutant Ninja Turtles, 4. Five, 5. 9.58 seconds