

Staff **News** 'n' **Views**

St Helens and Knowsley Teaching Hospitals NHS Trust



Issue 27 April 2010



THE NEW WHISTON HOSPITAL NOW OPEN



*Thanks to the hard work
of everybody at the Trust*

Excellent Patient Care in World Class Hospitals

www.sthk.nhs.uk



TRUST LOTTERY RESULTS

As from February 2010 the Trust Lottery now provides three lucky winners.

The lottery winners are:

February 2010

- £1,500 Pat Major, Deputy Director of Nursing, Whiston
- £500 Penelope Seddon, Senior Orthoptist, Eye Clinic, St Helens
- £200 Christine Atherton, Ward Sister, Seddon Suite, St Helens

March 2010

- £1,500 Shirley Lynch, Receptionist, Accident & Emergency Dept. Whiston
- £500 Mary Parkes, Discharge Co-ordinator, Discharge Suite, Whiston
- £200 Alison Finney, Medical Secretary, Clinical Psychology, St Helens

Note: Prizes can only be issued to lottery participants who have paid all due contributions. In the case of deductions not being made from your pay, please contact the Finance Department on extension 1121. Your payslip should show a separate deduction described as LOTTERY and the amount deducted (£1 for each number).

Employee of the Month

February:

Louisa Mahon

**Macmillan Breast Care
Nurse Specialist**



Louisa joined the Trust in October 1994 as a qualified nurse and worked in general surgery for over 10 years, before being appointed as a Macmillan Breast Care Nurse Specialist within the Burney Breast Unit in 2005.

Describe your role:

'My role involves caring for breast cancer patients from their initial diagnosis, providing them with continuous support for their physical, mental and emotional wellbeing throughout their journey of breast cancer.'

How does it feel to be Employee of the Month?

'I am delighted. I was nominated by the daughter of a patient whom I had looked after, so it is a real honour.'

What is the most important aspect in caring for patients?

'Always put the patient first and listen to their needs.'

What is the most rewarding part of your job?

'Doing my very best in helping patients cope with their diagnosis and treatment and supporting families.'

March:

Gina Cave

**Staff Nurse
Ward 4B**



Gina joined the Trust as a student and qualified 4 years ago as a surgical nurse. Gina is also the ward's Patient Safety Champion.

Describe your role:

I look after all the needs of our patients to provide complete care, when they need it most. I act as a senior role model and trainer to junior staff and as Patient Safety Champion I am helping to further enhance patient safety.

How does it feel to be Employee of the Month?

It is a great feeling that all my hard work and commitment to caring for patients is appreciated by my colleagues and recognised by the Trust.

What is the most important aspect in caring for patients?

Spending time with patients to provide direct, hands on care, listening to patients and being there for them.

What is the most rewarding part of your job?

There is nothing more rewarding than when you see your patients go home after you have taken care of them and helped them to recover.

To nominate one of your colleagues for 'Employee of the Month' go to the Staff Matters section of the Trust Intranet and fill out an online form. Alternatively contact Trish Caldwell on ext: 1250 or email: trish.caldwell@sthk.nhs.uk



THE NEW WHISTON HOSPITAL NOW OPEN

It took just 3 years to build and now the stunning new Whiston Hospital is open to patients, 6 months ahead of schedule and within budget – the dream is now a reality!

Throughout March and April all wards and clinical departments have been successfully transferred from the old building into the new Whiston Hospital. This was a huge operation and followed months of careful, meticulous planning and hard work from staff throughout the Trust.



The old hospital reflected in the glass of the main atrium in the new Whiston Hospital



Take a look inside the single room accommodation

Ann Marr, Chief Executive said: 'I would like to thank all our staff and colleagues for their tireless effort in helping us to achieve a smooth transition from the old building into our new world class Whiston Hospital.'



A welcoming environment for the Children and Young People's wards with artwork designed by local school children

- The world class new Whiston Hospital has:**
- Over 800 beds
 - 50% single room en-suite accommodation
 - Purpose designed wards and departments
 - 15 state of the art operating theatres

Here is what some of our patients say about the new Whiston Hospital:

'The new hospital is marvellous, it is a beautiful building and the staff are the best in the world.' – Jessie Nuttall patient on Ward 4C.



'The new hospital is great, having the latest equipment around me gives me confidence in the treatment I receive.'
- Patricia O'Hare, patient on Ward 3E

'The new hospital provides a really welcoming and clean environment, there is more space and more privacy.' - Helen Bode, mother of Maisy Berks aged 10 months, patient on Ward 3F





THE NEW WHISTON HOSPITAL NOW OPEN

The new Open We

Throughout the second week of March various events were held to provide staff members past and present, local residents, healthcare partners, stakeholders and special guests with the opportunity to see the world class facilities, for those who had not previously visited the new Whiston Hospital.



Ann Marr, Chief Executive, with members of staff 'cutting the ribbon' to open the new hospital

L-R: Les Howell, Chairman, Dr Laweh Amegavie, Clinical Director and NHS Mentor of the Year and the Mayor of St Helens Cllr Terry Shields during Open Night



Taking a tour of new Children and Young Peoples wards, L-R: The Mayor of Whiston Cllr Denise Allen, the Mayor of Halton Cllr Frank Fraser, the Mayor of Knowsley Cllr Dave Smithson and the Mayor of Prescot, Cllr Mike Wynn

St Helens Rugby Football Club players visit the new Whiston Hospital



Ann Marr, Chief Executive receives the ceremonial key from Sean O'Driscoll Vinci Construction Project Director

Whiston Hospital Week - in Pictures

Vicky Frith, longest serving member of staff, cutting the celebration cake. Vicky said: "This new hospital is amazing, when I first started here 43 years ago I never imagined I would be working in such a modern, hi tech environment."



A Host of Firsts for the new Whiston Hospital

First Patient



The new Whiston Hospital's first patient was 84 year old Pearl Molyneux from Haydock. Pearl, pictured

with Ann Marr, Chief Executive said "It is so light and bright, it does not even look like a hospital, I am overwhelmed by it."



Members of the Project Team celebrate a job well done

First Baby

The first baby born at the new Whiston Hospital was Callum James Taylor at 3.47pm on Saturday 10th April 2010. Mum and Dad Emma Cardwell and Andy Taylor from St Helens were delighted.



Special thanks to Tesco St Helens who kindly gave beautiful gifts for the new baby.



Behind the scenes, clinical and non-clinical staff from across the Trust, along with porters, domestic and catering staff and other partners were working hard to get the new hospital ready to receive our patients.

HAVE WE GOT NEWS FOR YOU

From radio reports to television news bulletins and inches of newspaper columns, the opening of the new Whiston Hospital was big news across the region!

Fantastic Art - Granada Reports

Granada Reports presenter Paul Crone reported on the artwork in the Children and Young People's department that involved local school children.



Two Night Special Report

BBC North West Tonight's Andy Gill interviewed the longest serving member of staff Vicky Frith, Human Resources Manager along with Gwen Pantak, Matron, Kelly Burns, Ward Sister and Sally Duce, Directorate Manager. The programme also delved into the history of Whiston Hospital with the help of local historian Pauline Hurst.



Live broadcasts from the new Whiston Hospital

BBC Radio Merseyside broadcast live from the main entrance and interviewed Deputy Medical Director Dr John Tappin. They later returned to feature the opening of the new Accident and Emergency department interviewing Dr Andy Ashton, Consultant in Emergency Medicine.

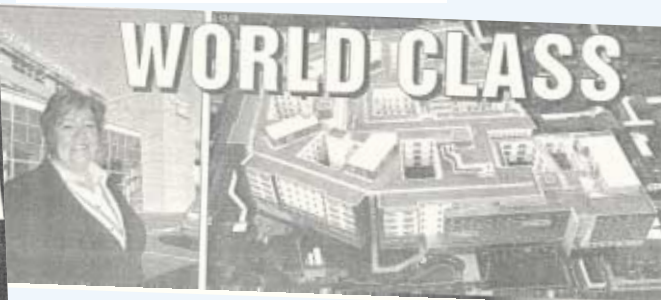


Radio City broadcast regular updates at the end of their news bulletins throughout the first day of opening.

In print we have been major news in the Liverpool Echo, the Daily Post, the St Helens Star, the Prescott and Knowsley Reporter and the Knowsley Challenge.



FIRST LOOK AT REGION'S NEW £250M HOSPITAL



Chief executive Ann Marr on the children and young people's ward, with artwork on the walls by local school children



NEW HOSPITAL IS FIT FOR THE FUTURE



A single room with en suite bathroom, on the acute stroke unit

New hospital ready to open



I want every patient to have a good experience

Trust's Emergency Exercise was a huge success



A 'major trauma patient' is treated for 'multiple injuries'



'A passenger jet has crash landed into Knowsley Industrial Park. There are over 200 casualties with multiple injuries, including burns, chemical and trauma injuries, being brought to Whiston Hospital...'

This was the scenario played out during a successful exercise to practice the Trust's emergency response held in the new Whiston Hospital before it was fully open to patients.



Exercise Dark Matter involved over 200 participants from the Trust, emergency services and volunteer agencies, based mainly at the new accident and emergency department prior to it opening. The exercise also involved a Friends and Family Reception Centre for those whose loved ones were among the 'casualties'.

The Trust is obliged to undertake an exercise like this every three years under the Civil Contingencies Act (2004).

Trust spokesperson, Dr John Tappin, Deputy Medical Director and Police Spokesperson, Superintendent Graham Yip, face the media.

Police begin 'tracing next of kin'



Celebrity Hairdresser becomes Trust's Dignity Ambassador



Herbert Howe, hairdresser to the stars signs up as Dignity Ambassador

Patients, staff and a celebrity guest took part in a special event to promote dignity in care at the Trust as part of National Dignity Action Day.

Celebrity Hairdresser Herbert Howe whose mother 'Queenie' was cared for at Whiston Hospital was named a Dignity Ambassador for the Trust. He said, "I have very fond memories of the staff at Whiston Hospital and the way they cared for my mum, they always treated her with dignity and respect which meant so much to her and to me as well."



Singer Sandra Curry entertains Herbert and patients.

The Dignity Team, led by Senior Nurse Anne Hyson, marked the special day by holding an afternoon tea event for elderly patients at Whiston and St Helens hospitals. Singer Sandra Curry entertained patients with some favourite old time songs and local historian Pauline Hurst talked about writing her first book 'A History of Prescott Union Workhouse', outlining the history of Whiston Hospital.

Start of the Year Conference – Going from 'Good to Great'

The Trust's aims and objectives for excellent patient care over the next 12 months were announced by Ann Marr, Chief Executive during the Start of the Year Conference in April.

The conference was attended by senior managers and clinicians from across the Trust. Ann Marr presented an overview of activity and performance for the previous year highlighting the Trust's progress, before outlining the Trust's plans for the year ahead and launching the Trust's Corporate Objectives for 2010-2011 (see opposite page).

The conference featured a keynote speech from Jim Lister, Director of the C:Change Partnership. Jim is an expert in change management and coaching for healthcare professionals and has advised organisations in the private sector, within local government and the NHS. The conference also provided managers with an open forum to share their ideas for improving performance at the Trust.



Ann Marr, Chief Executive presents the Trust's overview



Members of staff share their ideas and actions to help the Trust on its journey from 'Good to Great'

Performance highlights of the year

TARGET	ACHIEVED
18 week referral to treatment	✓
4 hour Accident & Emergency waiting times	✓
Cancer targets	✓
Infection targets	✓
Financial targets	✓

In addition to these achievements the Trust has succeeded in significantly reducing the number of cancelled operations.

Leadership Academy Awards Nominees

Three high achieving members of Trust staff have reached the finals of the prestigious NHS North West Leadership Academy Awards 2010, in recognition of their skill, dedication and hard work.

And the nominations are...

- Ann Marr, Chief Executive for the 'Outstanding Chief Executive Award'
- Gill Core, Director of Nursing, Midwifery and Governance for the 'Bursary Award' for the Quality Ward Round programme
- Sharon Edwards, Advanced Practitioner Neurophysiology, for the 'Service Improvement Through Leadership Award'

The winners will be announced on 26th May at the Palace Hotel in Manchester.

Good luck to each of our finalists!



Corporate Objectives 2010-2011

Excellent Patient Care in World Class Hospitals

5 STAR PATIENT CARE

• Care

We will deliver care that is consistently high quality, well organised, meets best practice standards and provides the best possible experience of healthcare for our patients and their families. We will use comparative outcome data to drive further improvement. We will implement a new quality strategy which supports the achievement of CQC registration obligations and the production of quality accounts.

• Safety

We will embed a culture of safety improvement that reduces harm, improves outcomes, enhances patient experience and protects against hospital-acquired infection. We will learn from mistakes and near-misses and use patient feedback to enhance delivery of care.

• Communication

We will respect the privacy, dignity and individuality of every patient and we will increase time nurses spend with patients by improving organisation and delivery of care. We will be open and inclusive with patients and provide them with more information about their care. We will seek the views of patients, relatives and visitors, and use this feedback to help us improve services.

• Pathways

As far as is practical and appropriate, we will reduce variations in care pathways to improve outcomes, whilst recognising the specific, individual needs of every patient.

• Systems

We will improve Trust systems and processes, drawing upon industry best practice to deliver systems that are efficient, patient-centred, reliable and fit for their purposes.



QUALITY, INNOVATION, PREVENTION AND PRODUCTIVITY

- We will continually refine capacity planning and operational plans to optimise efficiency; and we will use appropriate benchmarking and national best practice to improve productivity and performance.
- We will develop a robust corporate clinical strategy, working closely with our main commissioning PCTs, which contributes to the delivery of sub-regional QIPP requirements and supports the PFI investment.
- We will work closely with PCT partners and other service providers to redefine patient pathways to improve appropriateness of care and care setting. We will take opportunities presented by integration of some community services for patients with long term conditions and those needing urgent care
- We will engage with PCTs, PBCs and other partners to co-ordinate the development of complementary service delivery strategies across primary and secondary care.
- We will actively engage with primary care partners to reduce health inequalities by developing strategies that encourage earlier diagnosis and timely access to healthcare.
- We will develop opportunities to contribute to the prevention of ill health as an integral part of the service we provide, and seek to achieve "Health Promoting Hospitals" status.

BUSINESS & OPERATIONAL PERFORMANCE

- We will meet and sustain national and local performance targets.
- We will achieve statutory and administrative financial duties within a robust financial governance framework, delivering improved productivity and value for money.
- We will develop IT solutions to support business and performance activities, particularly in the use of electronic data and order communications.
- We will improve clinical and business decision making through the capture, presentation and analysis of high quality clinical data; and we will pilot patient level reporting in key specialities.
- We will work with our PCT partners to produce a business plan that supports the long term financial sustainability of the Trust and enables an application for Foundation Trust status in 2011.

DEVELOPING ORGANISATIONAL CULTURE AND SUPPORTING OUR WORKFORCE

- We will provide staff with appropriate learning and development to meet mandatory requirements, to enhance capability and to encourage personal development, supported by a robust appraisal process that facilitates delivery of medical revalidation.
- We will develop a management culture and style that empowers, builds teams and recognises and nurtures talent.
- We will deliver a talent management strategy that secures future leadership capacity and succession planning requirements.
- We will implement a Trust-wide health and wellbeing strategy encompassing attendance management, staff health promotion initiatives, carer responsibilities and support.

Long Service Awards at Knowsley Hall

Members of staff who had worked for the Trust for 25 years and some 40 years were honoured recently in a magnificent Long Service Award ceremony. The event was held at Knowsley Hall and was provided at no cost to the NHS.

Presenting the Long Service Awards were Les Howell, Chairman and Ann Marr Chief Executive. Ann said: 'Dedicating so many years to one organisation is truly outstanding and your commitment has been and still is, more appreciated than you can ever know. It is an honour to pay tribute to each and every one of you.'



Members of staff showing off their awards outside Knowsley Hall



After a fantastic forty years of service, Will Darwick, Voluntary Services Manager, receives his Long Service Award from Les Howell, Chairman and Ann Marr, Chief Executive



Staff and guests enjoying a late afternoon tea in the State Dining Room



Will Darwick
Volunteer Manager
Shirley Wilson
Staff Nurse



Joyce Abrams
Consultant
Sue Ashley
Nurse Specialist
Jane Bennett
Ward Manager
Mary Bouchier
Staff Nurse
Jennifer Briggs
Project Manager
Andrea Brooke
Community Midwife
Helen Carroll
Nurse Specialist
Annette Clark
Ward Manager
Susan Conroy
Chief Radiographer
Julie Davies
Senior Healthcare
Assistant
Marion Donnelly
Plaster Technician

Maureen Dunn
Midwife
Pamela Eden
Senior Radiographer
Julie Edwards
Healthcare Assistant
Karen Eyres
Cardiac Clinical
Physiologist
Maureen Fearn
Healthcare Assistant
Janet Fillingham
Senior Radiographer
Elizabeth Finnegan
Staff Nurse
Susan Fishwick
Midwife
Julie Forde
Support Secretary
Paula Goddard
Medical Secretary
Michele Harrop
Nurse Specialist
Barbara Harthen
Healthcare Assistant
Gillian Haydock
Neonatal Nurse Specialist
Beverly Hill
Team Leader
Sandra Hill
Healthcare Assistant
Kathleen Holland
Commwise Operator
Sandra Hughes
Medical Secretary
Maureen Jones
Domestic Assistant
Deborah Jones
Support Secretary
Pamela Kay
Catering Clerk
Liesl Lowe
Community Midwife
Shirley Lynch
Receptionist

Lynda Marcroft
Neurophysiology Manager
Judith Marsland
Head of Media, PR &
Communications
Eunice McCoy
Payroll Officer
Kevin McLachlan
Microbiology Service
Manager
Christine Mottram
Ward Sister
Janet Mousdell
Staff Nurse
Lesley Murray
Healthcare Assistant
Jacqueline Norton
Staff Nurse
Diane O'Dowd
Ward Sister
Michele Porter
Staff Nurse
Louise Proctor
Nursery Nurse
Margaret Reichardt
Healthcare Assistant
Carole Roberts
Healthcare Assistant
Susan Rollinson
Community Midwife
Angela Ryder
Domestic Assistant
Julie Sanderson
Midwife
Margaret Thomas
Nursery Assistant
Jean Tickle
Healthcare Assistant
Helen White
Midwife
Deborah Wilkinson
Chef
Janice Wreschak
Nurse Specialist

St Helens Sexual Health



The 'Sexual Health Clinic' is the new name for the Genito-urinary medicine (GUM) clinic at St Helens Hospital.

Last year the clinic launched the first rapid HIV testing service on Merseyside, providing patients with their test results within just 30 minutes. This service has been a huge success and has helped to reduce local HIV infection rates.

As well as providing treatment and advice on sexual health, it provides a contraception clinic offering a full range of services to both patients and staff.

The Sexual Health Clinic recently launched a page on social networking site Facebook with the aim of highlighting its services to a wider audience along with hard to reach groups in the gay community. To sign up to the Facebook page search for Sexual Health St Helens.



Sexual Health Clinic Facebook page

L-R: Debbie Connolly, Senior Health Care Assistant and Dr Esti Ache, Associate specialist.

Mayor of St Helens opens Dialysis Unit with Saints Support

The Mayor of St Helens, Councillor Terry Shields, formally opened the new Dialysis Unit at St Helens Hospital backed by St Helens Rugby League Football Club players Francis Meli and Tony Puletua.

After unveiling a commemorative plaque, the Mayor, joined by the Saints stars, met with patients to find out how the new unit is benefiting them by bringing dialysis treatment closer to their home.

Janet Litherland, from St Helens is a patient on the unit. She said:

'It is fantastic that this service is available closer to my home. I have more free time on the days when I receive treatment and this makes me feel much more positive about having my dialysis. The facilities are very impressive, the environment is bright and the staff are great.'

The St Helens & Knowsley NHS Dialysis Unit is hosted by the Trust but is managed by Fresenius Medical Care Renal Services and patients are cared for by the Royal Liverpool & Broadgreen University Hospitals NHS Trust.



The Worshipful Mayor of St Helens, Cllr Terry Shields with patient Janet Litherland and St Helens Rugby Football Club stars Tony Puletua and Francis Meli.



Supporting a Healthy Workforce

As part of the Trust's commitment to the health and well being of staff, a Work and Well Being Group has been established to identify and implement initiatives to help staff lead healthier lifestyles.

The Group will be launching a Trust-wide Work and Well Being Strategy that will include:

- An annual Work and Well Being Open Day
- Encouraging staff to take part in healthy activities such as cycling to work
- Providing training for staff on stress management and stress risk assessment

The group are currently devising a new brand for its well being agenda and are calling on all staff for suggestions. Please email your ideas to Karen Brayley Occupational Health Manager - karen.brayley@sthk.nhs.uk

NHS Health & Well Being - The Boorman Review

A national report into the health and well being of NHS staff was published in November 2009. Written by Dr Steve Boorman, this report outlines recommendations to improve staff health and well being. For further information or to download a copy of the report go to www.nhshealthandwellbeing.org.

Keep Fit Winner

Gina Maddison, Ward Clerk on Ward 2E has won a Gold Package membership at the stylish Village Hotel Health & Fitness Club in Whiston, following the prize draw from the NHS Staff Satisfaction Survey. Gina was selected at random from completed surveys.



New Stop Smoking Service

Patients and staff can now get extra help with cutting out smoking thanks to a new service at the Trust.



WHISTON HOSPITAL Patients & Staff

Monday - all day
Tuesday - all day
Thursday - all day
Friday - morning

ST HELENS HOSPITAL Staff Only

Tuesday - morning

Local stop smoking sessions are also available in the community at venues throughout St Helens, Halton and Knowsley.

Maureen Farrelly, Stop Smoking Practitioner said: 'Medical staff should ask all patients who smoke if they would like help to stop smoking. Patients who are using nicotine replacement products should be referred to the service so they can receive help and support throughout their personal plan to stop smoking.'

For further information please contact Maureen Farrelly, Stop Smoking Practitioner on ext: 4332 or ring SUPPORT on 01744 814837.

Dying Matters

Planning Quality End Of Life Care

Members of staff in Palliative Care and Spiritual Care took part in a national campaign to raise awareness of the issues surrounding death.



Talking about the issues surrounding death.



The Dying Matters Awareness team at St Helens Hospital

The Dying Matters Awareness Week in March aimed at getting members of the public to talk openly about issues such as making arrangements for their death and telling their loved ones about their final wishes.

Staff at the Trust established information stands at both Whiston and St Helens hospitals and at Tesco in Prescot. Clare Littlewood, Consultant in Palliative Care also took part in a BBC Radio Merseyside programme on death as special guest of presenter Pete Price.

Clare Littlewood said: 'It is very important for people to think about how they would want to spend their final moments. Would they like to be cared for at home, in a hospital or in a hospice? Have they discussed their wishes with family members? What arrangements have they made for their will? We want to help make dealing with death a little less difficult by getting people to be more open and prepared for when that final moment comes.'



Bernard Thomas, Liverpool Care Pathway Facilitator, Clare Littlewood, Consultant in Palliative Care and Emma Bone, Carer Support Officer, Princess Royal Trust

NEW SHERIFF IN TOWN!

The Mersey Internal Audit Agency (MIAA) work along side the Trust's Audit Committee to help prevent, detect and investigate any fraud being carried out against the NHS. The agency also have the power to get back any money obtained through fraud, and put this money back into funding excellent patient care.

The agency have appointed a new Local Counter Fraud Specialist to help the Trust combat fraud. Simon Regan takes over from Rick Marriott and is based at Summerfield House in Salford, which is part of Hope Hospital.

Simon says: 'Anyone who has any concerns regarding fraud should contact me on 0161 206 8162. Any information given will be treated in the strictest confidence. You can also call the NHS confidential fraud and corruption reporting line on 0800 028 4060.'



Simon Regan your friendly Local Counter Fraud Specialist.



Patient praises excellent Burns care



Patient Daniel Kilty with staff from the Mersey Regional Burns Unit at Whiston Hospital

Daniel Kilty received expert care at the Mersey Regional Burns Unit and after only 36 days he was able to leave the hospital. Daniel believes that keeping the unit within the Merseyside region helped him on his road to recovery.

Daniel said: "The staff are fantastic and I have seen for myself how important it is to keep this unit here. My family have visited me everyday, which would have been very difficult if they had to travel all the way to Manchester. Seeing my

family was a huge boost in helping me to recover.'

'I'd like to thank all those who campaigned to save the burns unit. It has really helped me and it will continue to help other people throughout the region.'

Stroke Club Moves to Whiston

The Stroke Club is a social group for stroke patients who have been cared for by the Trust. Members meet on the third Saturday of each month between 2pm and 4pm and the group has moved to a new, more spacious venue at the Post Graduate Centre at Whiston Hospital.

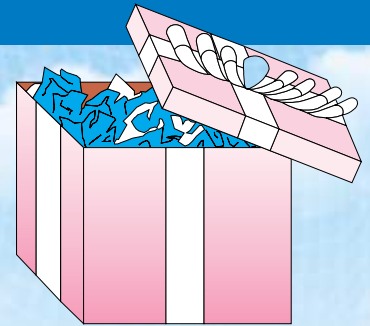
Beryl Abbott, Stroke Nurse Specialist, is the club's organiser. Beryl said: 'The Stroke Club is open to any stroke patient who was cared for at Whiston or St Helens hospitals, along with their family, friends and carers. It is an entertaining, social event aimed at helping to stimulate patients and allow them to share their experiences.'



Beryl Abbott, Stroke Nurse Specialist (second row first left) and Sue Grumley, Physiotherapy Manager (front row, first left) with members of the Stroke Club

The next meeting of the Stroke Club is on Saturday 22nd May. To attend please contact Beryl Abbott on 01744 646984.

Special Memories for Special Babies



Fiona Bevan and family display a selection of Joshua's Boxes

The Trust is now providing special keepsake boxes for those families who suffer the sad loss of a baby in childbirth.

'Joshua's Boxes' are supplied by a registered charity run by Fiona Bevan, who was inspired to set up the organisation after the loss of her baby, Joshua. Fiona said: 'Losing a baby is very traumatic and distressing. Joshua's Boxes can help families during this time, by giving them something to hold keepsakes in such as a handprint, a footprint or a lock of hair and can provide families with a lasting memory of their baby.'

This is supported by Gemma Gauckwin, who sadly lost her baby Elizabeth. Gemma said: "I think it is fantastic that the Trust is

now providing parents who suffer the devastating loss of their child, with these Joshua's Boxes to keep their precious keepsakes in."

For further information about Joshua's Boxes please call 01492 545591



Big Heart Runners

Runner Dave Richards has kindly donated £2,000 to the Trust after he took part in the Big Heart 5k run in Walton Hall Park, Liverpool.

This is the second time Dave and wife Paula have raised money for the Trust, following the sad loss of their baby Liam, who was born prematurely at Whiston Hospital in May 2008.

Dave was joined by family and friends; Tracey Smith, Neil McEvoy, Stewart Kyle and Chris Richards. Their fundraising was helped by Dave's colleagues at Palace Chemicals.

Dave said: 'We wanted to help raise money as both a celebration of Liam and a thank you to the staff here for all their help and support. They really go the extra mile and looked after us every inch of the way.'

These funds are gratefully appreciated by the Trust and will be used to help other families who suffer the sad loss of a baby.



L-R Paula Richards and 1 year old baby Jamie, Dave Richards and Julie Sanderson, Midwife.

Ford Workers Donation

Staff at the Burney Breast Unit were recently presented with a cheque for £600 from shop floor stewards at Ford Motor Plant in Halewood.

The money was raised as part of a charity fund established 35 years ago by Ford workers Jimmy Doyle and Joe Cunningham. During this time, Ford shop floor staff have donated over £1million to charities throughout the region.

Ged Miles, Deputy Chairman of the Charity was joined by his wife Cathy Miles, a former patient at the world renowned unit. Ged said: "This donation is to thank all the staff for the care they provide. I couldn't speak highly enough of Professor Audisio and all the team at the Burney Breast Unit."

The Trust would like to thank the shop stewards for their kind donation, which will support further research into breast cancer surgery at the unit to benefit future patients.



L-R: Ted Daven, Deputy Convenor of the Charity, Louisa Mahon, Macmillan Breast Cancer Nurse Specialist, Ged Miles, Deputy Chairman of the Charity, Professor Riccardo Audisio, Consultant Surgeon and Cathy Miles, former patient.

Donation helps patients go online



Left to Right: Liam Dutton, St Helens College Cadet, Graham Hughes, Lodge Member, Ian Watson, The Worshipful Master of the Lodge, Ted Smith, Lodge Member, Phil Walker, Staff Nurse, Debbie Horan, Sister and Jan Davies, Ward Clerk.



Patients at the Lilac Centre can now use the internet or watch DVDs thanks to the generous donation of a new laptop computer worth over £500 by a Freemason's Lodge in Prescot.

Ian Watson, the Worshipful Master of the Lodge of Loyalty No. 86 said: "We wanted to help patients at the Lilac Centre this

year as a thank you to staff for their dedication, compassion and to highlight the excellent standard of care they provide patients."

Barbara Jost, Lilac Centre Manager said: "I'd like to thank the Lodge for this kind donation. The laptop will be used by patients to help them relax and take their minds off the treatment they are receiving. This donation will help to create a more comfortable, homely and positive environment for patients."

Easter Egg-stravaganza



Patients and staff at Whiston Hospital were treated to a special visit when the Easter Bunny hopped in.

Helping to distribute over 100 Easter Eggs and cuddly toys kindly donated by Tesco and Youth for Volunteering, the Easter Bunny said: "I am egg-stremely egg-cited to be here to see the smiles on the children's faces and to see that staff are providing egg-sellent patient care!"

Mark Rogers Manager of Tesco St Helens said, "I hope we've helped to cheer up the children who will not be at home over Easter. I would like to thank our staff and customers for donating so many eggs!"

Elderly patients also received a selection of Easter Eggs and chocolates, which were kindly donated by Schneider Electric. Richard Smith Managing Director said, "It was a lovely opportunity to meet some of the patients and

certainly made a difference to my day to bring a smile to their faces."



Tesco representatives with staff and children on Ward 3F and the Easter Bunny



Members of Youth for Volunteering and the Easter Bunny with Staff and children on Ward 3F



Patients and staff on ward F1 with Richard Smith from Schnieder Electric

A Sainthly Donation



St Helens Rugby League Football Club have very generously donated £1,000 to the new Children and Young People's wards at Whiston Hospital.

This kind donation was raised through the club's lottery and was presented to staff from the Children and Young People's department at half time during the game against local rivals Warrington Wolves at the Knowsley Road ground.

The Trust would like to thank St Helens Rugby League Football Club and Saints' fans for this generous donation.



L-R: Sue Firth, Health Care Assistant, Boots the Saints' Mascot, Peter Speakman, St Helens RLFC Lottery Manager, Diane Parkinson, Ward Sister and Dr John Sills Consultant Paediatrician.

Medic of the Airwaves

Mike Scott, Consultant Surgeon, is fast becoming a radio star across the North West, offering health advice on City Talk's 'City Surgery' programme.

Mike answers calls, texts and emails on medical matters ranging from bone grafts to hernias from listeners across Liverpool, the North West and North Wales.

City Surgery presenter Mick Coyle said: "Mike has been fabulous since he joined the City Surgery Team. Mike talks in plain English and avoids any medical jargon. Lots of people call the show just to say that Mike operated on them many years ago and they want to tell other listeners how fantastic he is."

"Mike champions local units and medical professionals who provide a world class service for the people of Merseyside and he often sings the praises of the fantastic new facilities at St Helens and Whiston hospitals."



Mike Scott with City Surgery presenter Mick Coyle

Listen to Mike Scott on the City Surgery, Thursdays at midday on City Talk 105.9FM.

city talk 105.9



An advertisement for 'Putting on the Ritz' Christmas Parties. It features a woman in a black and white dress dancing on a stage. The text reads: 'Party for a £1! Win a glamorous Christmas Party for just £1 with this fantastic raffle! You and your colleagues could be celebrating Christmas in style this year with a party extravaganza in the sumptuous setting of Knowsley Hall with JD Parties, who are offering 2 prizes of a table for ten at their 'Putting on the Ritz' Christmas Party. Look out for ticket sales information available soon.' The JD Parties logo is in the top right corner, along with an image of champagne and glasses. The background is decorated with Christmas trees and lights.

Fond Farewells

Best wishes to long serving members of staff who have recently retired



Anne Campbell, Nurse Practitioner, retires from the Rheumatology department after more than 30 years at the Trust. Also pictured is Stefan Balshaw, patient and chairman of the Rheumatology Patient Reference Group.

Christine Boyd, Senior Pharmacy Technician, retires from the Pharmacy department after 28 years at the Trust.



Pat Pemberton (below tenth from left), Ward Manager, Department of Medicine for Older People, retires after 36 years of service with the Trust.

Want to include a long serving colleague here? Contact Jamie Murphy on ext: 7518 or email jamie.murphy@sthk.nhs.uk

Did you know?



- England's oldest chocolate bar is Fry's Chocolate Cream, launched in 1866.
- Typewriter is the longest word that can be made using the letters only on one row of the 'Qwerty' keyboard.
- Butterflies taste with their feet.
- Every day more money is printed for Monopoly than the US Treasury.
- The first orange carrot was grown in the 16th Century, before this they were purple.
- The largest internal organ and gland in the human body is the liver.
- Similar to fingerprints, everyone has a unique tongue print.
- Your body produces a new stomach lining every 3 to 4 days.
- The air from a human sneeze can travel at speeds of up to 100 mile per hour
- Snores can reach up to 80 decibels - that is as loud as a pneumatic drill!

Diary Dates:

- 20th May – Deadline for nominations for the 6th Annual Staff Awards Presentation Evening. Nomination forms were attached to April payslips. Look out for details of the People's Choice Awards in the St Helens Star newspaper.
- 9th July – 6th Annual Staff Awards Presentation Evening at the Liverpool Echo Arena



It's all an illusion!



Look closely and watch the shapes move!

Staff News 'n' Views

Next Issue: June 2010

Many thanks to everyone who has been involved in producing this edition.

If you would like to contribute, please contact Judith Marsland, Head of Media, PR and Communications on 0151 430 2505 or judith.marsland@sthk.nhs.uk

The deadline for submitting items for the next News 'n' Views is 25th May

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