

President John Black praises Trust's 'Fantastic Facilities'



Burns Unit
Saved!
Trust says
'Thank You'

What's Aim 2 Train Learner of the Year



£5,000 lottery winner!



Plus: Lots, lots more inside

# **Chief Executive**



2009 has been a fantastic year for the Trust and I am extremely proud of the outstanding achievements that all your hard work has brought.

This year we became the only acute Trust, that is not a foundation Trust, in the whole country to achieve 'DOUBLE EXCELLENT' for the second year running. In addition, we have been rated as 'EXCELLENT' in the Patient Environment Action Team (PEAT)

assessments in every category across both St Helens and Whiston hospitals for the fourth consecutive year. We have continued to achieve one of the lowest infection rates in the country and have won prestigious awards that have helped to raise the profile of the Trust even further.

We have seen large increases in our activity at the Trust, with a significant increase in GP referrals and increasing numbers of outpatient attendances, emergency admissions and planned treatment. We have all worked hard to manage these increases whilst continuing to achieve our targets, maintain a quality of service of the highest level and provide patients with excellent care - not to mention building a second new world class hospital!

Where 2009 has seen amazing achievements, 2010 promises new horizons. The new Whiston Hospital will open in spring – six months ahead of schedule and we will also be opening a new dialysis unit and a new GP facility at St Helens Hospital next year.

Our success this year and our strong foundations for the coming year has all been made possible through your hard work. On behalf of the Trust Board, I would like to sincerely thank you for your continued exceptional standards of patient care.

I would like to wish you a Merry Christmas and a very Happy & Healthy New Year!

# 

# **School Children Join the Festivities**

Local school children have been helping to share a little Christmas cheer by joining in the Trust's festivities.

Children from Robins Lane Community Primary School joined in the Carol Service at St Helens Hospital and Whiston Willis Community Primary

School, added their singing talents to the Carol Service and Blessing of the Crib at Whiston Hospital.

The services were both led by Reverend Jamie Hartwell and the Spiritual Care Team. Ann Marr, Chief Executive welcomed everyone to the service, there were readings and the children's Christmas Carols helping to get everyone into the festive spirit.



The children of Robins Lane Community Primary School singing at St Helens Hospital

Children from Whiston Willis Community Primary School Children entertaining the audience in the Chapel at Whiston Hospital





October: Kelly Burns
Ward Sister
Ward D3

#### **Reason for Nomination:**

Kelly always gives more than 100% in all that she does. Kelly provides excellent support as the Ward Sister on Ward D3 and she took on the role of Ward Manager at very short notice and has done an amazing job. Kelly is efficient, well organised and professional but above all, she is caring and her kindness always shines through. Kelly aims to achieve and always succeeds.



November: Wayne Evans

Development Accountant,

Purchasing & Supplies Dept.

#### **Reason for Nomination:**

Wayne has developed systems and processes to completely revolutionise Finance and Performance Reports, adapting the style to make them easier to read. These new reports have been welcomed by members of the Executive Team and the Trust Board. Wayne's invaluable input has helped to reduce the length of time to produce high quality month end reports. He continues to offer on-going support to the whole of the Finance Directorate.



## LOTTERT RESULTS

This year's Christmas Lottery winner was £5,000 - Lillian Whittingham, Ward K5

### The lottery winners for draws which took place in October and November are: November 2009 November 2009

October 2005		INOVEI	November 2005	
£1,500	Janis Lomax, Clinical Coding, Whiston	£1,500	Melanie Kelly, Maternity Unit, Whiston	
£500	Rosemary Parker, Learning & Development	£500	Cicily Devasia, Recovery Theatres, Whiston	
£100	Gary Orford, Support Systems, Whiston	£100	Emily Dixit, Theatres, St Helens	
£50	Eileen Balmer, Ward G5, Whiston	£50	Shaun Longworth, Transport, Whiston	
£25	Michelle Green, Ward G7, Whiston	£25	Lisa Bradshaw, Ward D1, Whiston	
£25	Mary Bradley, Pharmacy, Whiston	£25	Rachel Spellacy, Health Records, St Helens	

Note: Prizes can only be issued to lottery participants who have paid all due contributions. In the case of deductions not being made from your pay, please contact the Finance Department on extension 1121. Your payslip should show a separate deduction described as LOTTERY and the amount deducted (£1 for each number).

## Royal College of Surgeons President praises the Trust during recent visit





President Mr John Black trying out one of the reclining chairs on the Sanderson Suite

The President of the Royal College of Surgeons of England and members of the council visited St Helens Hospital and were impressed with the fantastic facilities available to patients.

President Mr John Black and colleagues from the Royal College of Surgeons, were met by Dr Mike Lynch, Medical Director, Miss Leena Chagla, Consultant General and Breast



President Mr John Black examines a state of the art operating theatre

Surgeon, Mr Vel Nandapalan, Consultant ENT Surgeon, Mr Ben Bolton Maggs, Consultant Orthopaedic Surgeon and Mr Deb Maitra Consultant

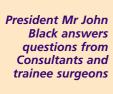
General and Colorectal Surgeon.

The President visited the Sanderson Suite (Day Case Surgical Suite), the state of the art operating theatres, the award winning Lilac Centre (on site chemotherapy centre) and the Burney Breast Unit. He then met members of the Trust's surgical team, which included medical students and Consultants and answered questions during an informative and entertaining seminar.

Speaking about St Helens Hospital, President Mr John Black said that he had really enjoyed his visit and commented: "You have a magnificent working environment and fantastic facilities, make the most of them!"



Miss Leena Chagla, Consultant Breast Surgeon, outlining the history behind the Burney Breast Unit's name





# Thank you for savin

The Mersey Regional Burns Unit at Whiston Hospital has been saved thanks to local campaigners, MPs and the Liverpool Echo.

Proposals to downgrade the unit along with the burns unit at Alder Hey Children's Hospital in favour of a new supra-centre in Manchester were met with fierce opposition from members of the local community.

The campaign gained the support of local MPs, Councillors and the Liverpool Echo. Over 45,000 members of the public signed a petition to save the burns units organised by the Burns Unit Steering Group. An additional 4,000 people

wrote to the Liverpool Echo with their support for the campaign and a further 2,000 people signed an online petition on the No. 10

Downing Street website. The campaign reached

the highest level of government and the proposals were then rejected by the Secretary of State for Health, the Rt. Hon. Andy Burnham MP.

Members of the burns unit staff met with and thanked local MPs; Shaun Woodward, MP for St Helens South and Secretary of State for Northern Ireland, Dave Watts MP for St Helens North, Eddie O'Hara MP for Knowsley South, George Howarth MP for Knowsley

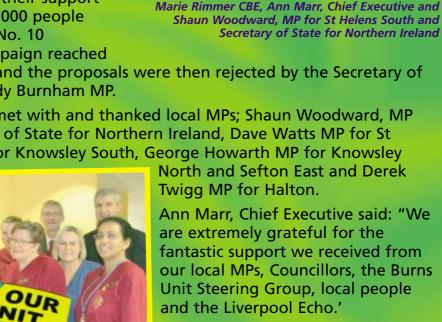
North and Sefton East and Derek Twigg MP for Halton.

Ann Marr, Chief Executive said: "We are extremely grateful for the fantastic support we received from our local MPs, Councillors, the Burns Unit Steering Group, local people and the Liverpool Echo.'

Members of the Burns Unit team with L-R: Councillor

Secretary of State for Northern Ireland

'Our Burns Unit cares for around 300 patients with serious burn injuries each year. It is vital that this service is kept at Whiston Hospital so that we can continue to provide an excellent local burns service for local people."





Members of the Burns team at Whiston Hospital with L-R Dave Watts MP, Eddie O'Hara MP, Ann Marr, Chief Executive, George Howarth MP and Derek Twigg MP

# **Laweh Amegavie is**Mentor of the Year!

Leadership Award Leadership Award

Congratulations to Dr Laweh Amegavie for winning NHS Mentor of the Year at the NHS Leadership Awards.

Laweh has been Clinical Director for Paediatrics for the last ten years and is also the Regional Adviser for Paediatrics. He has mentored over 50 doctors including 5 consultants whom he has coached throughout their careers. Laweh is responsible for developing the teaching and leadership skills of his colleagues and setting the standards by which they too provide mentorship.

Laweh is well respected and highly valued throughout the Trust. His mentorship has proved invaluable to those who have worked with him.





L-R: Comedian Rory Bremner, Jon Restell, Chief Executive of Managers in Partnership, Dr Laweh Amegavie, NHS Mentor of the Year, Clare Chapman, Director General, NHS Workforce at the Department of Health

L-R: David Nicholson, NHS Chief Executive, Dr Laweh Amegavie, NHS Mentor of the Year, Lord Darzi



## Microbiology win Lean Healthcare Academy Award!

Congratulations to the Microbiology Department for winning the Best Sustained Project in the Lean Healthcare Academy (LHA) Awards 2009.

The Department won the award for their ground breaking service redesign that has helped to further improve turnaround times of MRSA screening and urine analysis so that patients could be cared for in a clean and safe environment.

Kevin McLachlan, Microbiology Service Manager said: "Winning the Best Sustained Project category is especially impressive as sustaining improvements is considered almost universally to be the most difficult part of change management.'

'The judges said it was the most difficult category to judge and that the submission for Microbiology was outstanding."



L-R Laura Hutton, Biomedical Scientist, Kevin McLachlan, Microbiology Service Manager and Beverly Duffy, Senior Biomedical Scientist, with Dr Bob Gomersall, chairman of the Lean Healthcare Academy's parent company, Virtual College

# Pharmacy wins \*\* 'Employer of the Year'

The Pharmacy Department has won 'Employer of the Year' in the Trafford College Business Training Awards. The department won this award for their engagement with business improvement techniques and was the first NHS department to be nominated for this award.

Pharmacy staff used efficient new techniques which focused on improving productivity and efficiency. Simon Gelder, Head of Pharmacy said "We have seen improvements in the service we provide and there is evidence that wastage has been reduced."

This award comes after 15 members of pharmacy staff achieved the Business Improvement Techniques (BIT) NVQ2 qualification from Trafford College. Simon also said "Our staff work extremely hard in achieving these qualifications, we usually have at least one member of staff being nominated for distinctions or for the Student of the Year award."

The department hopes to enrol more staff onto the NVQ2 and the Higher NVQ3 BIT courses in January 2010.



Gary Newborough from Trafford College and Simon Gelder, Head of Pharmacy



Neil Darvill, Director of Informatics with Jennie Briggs, Project Manager, with their awards

# Informatics win Public Sector Project of the Year

The Informatics team has won the 'Public Sector Project of the Year in Healthcare and other Public Sectors' Award in the DM (Document Manager) Awards 2009 for their work with the Electronic Document Management System (EDMS).

This revolutionary electronic system, created in partnership with Optical Image Technology UK and Kodak provides authorised staff with simple, secure and fast access to outpatients' health records, guaranteeing that the right patient file is available at the right clinic for the right doctor at the right time – every time!

For the first time ever in the NHS when a patient comes for an appointment, their health record in total is scanned, added to the electronic system and made accessible via computer.

#### Well Done Everybody!

"Congratulations to each of our award winners. These outstanding achievements and prestigious accolades highlight the amazing commitment and hard work of our staff. The Trust is extremely proud of its many award winners throughout the year and I'd like to thank everyone involved for all their efforts."

# Aim 2 Train



Learner of the Year Tony Schneider receiving his award from Alistair Mulvey, Deputy Chief Executive

The irust celebrated its first Aim 2 Train awards ceremony in October. The skills pledge was signed in 2008 to show the Trust's commitment to all staff having the opportunity to gain a Level 2 National Vocational Qualification (NVQ). The awards recognise the achievements in staff development

across many areas from skills for life to Masters and PHD's.





Alistair Mulvey with

L-R: Michael Lloyd, Pharmacist, Alistair Mulvey and Greg Barton, Pharmacy Technician

A special recognition award for The Learner of the Year was presented to Mr Tony Schneider, Distribution Coordinator for achieving levels 1 and 2 in numeracy and literacy after being

and skills. It is important that we

learning environment for a significant period of time. Tony achieved all his levels in 6 months. It normally takes 10 weeks to achieve each level.

away from a formal



LAMDI NVQ Management Graduates with Alistair Mulvey



NEBOSH and PTLLS graduates with Alistair Mulvey (centre)



Alistair Mulvey with NVQ graduates in Customer Service and Business Administration



Alistair Mulvey with NVQ Cleaning Services graduates from Medirest



#### Learner of the Year! Tony Schneider

#### **A1 Assessor Awards**

Andrea Jones
Emma Ashton
Joanne Keating
Karen Cain
Kelly Burns
Michelle Plummer
Sarah Leather
Sharon Hill

### National Examination Board in Occupational Safety and Health (NEBOSH)

Christine Gee Emma Ashton Sharon Hill

#### Preparing to Teach in the Lifelong Learning Sector (PTLLS)

Alison Carroll Emma Ashton Sharon Hill

#### **Skills for Life Achievements**

Chris Gee Emma Ashton Heidi McMahon Janine Davies Lindsay Done Louise Anderson Sharon Hill Tony Schneider

#### Leadership & Management Development Initiative (LAMDI) NVQ Management

Alison Carroll Jamie Hartwell Lynne Johnson Sharon Harrison

#### **NVQ** Healthcare

Janine Davies Level 2
Alison Topping Level 3
Beverley Clisham Level 3
Catherine Kilshaw Level 3
Claire Smith Level 3
Jeanette McDowell Level 3
Kerry Wallace Level 3
Linda O'Brien Level 3
Nichola Evans Level 3
Susan Bailey Level 3

#### **NVQ Customer Service**

David Maskell Level 2 Deborah Kilshaw Level 2 Gemma Dagnall Level 2 Tracey Owens Level 3

#### **NVQ Business Administration**

Elsie Smith Level 3
Jill Miller Level 3
Marie Pulford Level 3
Michelle Archer Level 3
Stephanie Abbott Level 3

#### **NVQ Cleaning Services**

Carol Carribine
Carol Dali-Bey
Freda Johnson
Gill Latham
Julie Griffin
Lily Beesley
Lisa Roberts
Louise Parry
Paula Edwards
Ruth Hunter
Sandra Miranda

#### **NVQ Library**

David Hughston NVQ Information & Library Services Level 3

#### Myers Briggs Type Indicator (MBTI)

Alison Carroll Chris Westcott Emma Ashley Mandie Williams

#### **Conflict Resolution**

Alison Carroll Emma Ashton Julie Dallman Julie Johnson Sharon Hill

#### **Pharmacy Awards**

Angela Winrow NVQ Business Improvement Level 2 Carol Procter NVO Business Improvement Level 2 Cheryl Mulvaney NVQ Business Improvement Level 2 Corrien English NVQ Business Improvement Level 2 **Jackie Darlington NVQ Business** Improvement Level 2 **Trevene Smalley NVQ Business** Improvement Level 2 **Arthur Patterson NVQ Business** Improvement Techniques Level 2 **David Phillpot NVQ Business** Improvement Techniques Level 2 Jim Valentine NVQ Business Improvement Techniques Level 2 Suzanne Green NVQ Business Improvement Techniques Level 2

Tim Farmer NVQ Business
Improvement Techniques Level 2
Yvonne Threlfall NVQ Business
Improvement Techniques Level 2
Azhar Amin NVQ Pharmacy
Services Level 2
Steve Kelly NVQ Pharmacy Services
Level 2
Greg Barton Achievement in
Critical Care Medicines
Olive Reilly BTEC in Checking
Level 4
Tina Clarke Achievement of
distinctions in exams for BTEC level
3 in Pharmacy Services

#### AAT Membership – Finance Joanne Collingwood

#### **Clinical Coding**

Sandra Russell Accredited Clinical
Auditor
Piet Brierton Accredited Clinical
Coding Auditor
Christine Winstanley Accredited
Clinical Coder
Gillian Atherton Accredited Clinical
Coder
Linda Willis Accredited Clinical
Coder
Val Smith Accredited Clinical Coder

#### Graduates

Brogan Wardle, Histology,
Bachelor of Science, Biomedical
Sciences
Debbie Gleeson, MSC IN Tissue
Repair & Regeneration
Debra Bailey, Bachelor of Science,
Biomedical Sciences
Ellen Haydon, Histology, Master of
Science, Biomedical Sciences
Rebecca Wright, Bachelor of
Science, Biomedical Sciences
Paul Regan, Bachelor of Science,
Biomedical Sciences
Samantha Bonney, Master of
Science

#### **Lilac Centre - PDU Accreditation Gained**

Kath Ford Maureen Scotton Sue Johnson

#### **HYSCOSY System**Radiology Department



# TRUST LEADING THE WAY ON DEMENTIA CARE

The Trust's very first national conference on dementia; 'Making Sense' - Improving the Quality of Care of People with Dementia in Acute Hospitals' was an outstanding success, attracting healthcare professionals from across the country.

Les Howell, Chairman of the Trust opened the conference, which was held at the Crowne Plaza in Speke. The Conference was designed to provide healthcare professionals with the practical tools, knowledge and skills needed to care for patients with

dementia.

Top: Les Howell, Chairman opened the conference.

Bottom: Delegates at the conference listen to the speakers

Speakers at the conference included:

- Professor Sube Banerjee, Department of Health's senior professional advisor on older people's mental health and lead for the development of the National Dementia Strategy
- Dr Dave Anderson, Consultant Old Age Psychiatrist, Associate Medical Director with Mersey Care NHS Trust and Honorary Senior Lecturer in Old Age Psychiatry at the University of Liverpool



Professor Banerjee, keynote speaker at the conference

- Ms Maria McManus, from Northern Ireland University of Stirling, Dementia Services Development Centre
- Professor John Young, Professor of Elderly Care Medicine at Leeds University.

Also speaking at the conference were some of the Trust's experts in dementia; Marie Honey, Nurse Consultant and Jill Cunliffe Older Persons Nurse Specialist.

Les Howell, Chairman said: "Hosting this national conference on dementia highlights the Trust's leading role in caring for patients with dementia. The Trust aims to ensure that the people with dementia that we care for receive the highest possible quality of care in the most appropriate environment."



Marie Honey, Nurse Consultant and Ann Capewell, Consultant Physician, speaking at the conference.

#### Feedback on the course

- 'A whole new dimension to learning.'
- 'Informative and unique, but always referring back to previous presentations and keeping them linked.'
- 'Learnt more today than in other conferences inspirational!'
- 'Excellent day relevant update information. Useful tools to be implemented.'
- 'Excellent day, well structured multi disciplinary group. Excellent to have carers present with 'real life' experiences.'

The Trust is hosting 'The Practicalities of Dementia Care in General Hospitals, a four day course, approved by the Royal College on Nursing, on 12th January 2010.

For registration and further details about the course contact, Gaynor Whistlecroft on 0151 676 5938 or email: gaynor.whistlecroft@sthk.nhs.uk

## Carers' Support Launch

The Trust, together with NHS Halton & St Helens, recently launched a unique Carers' Support Service, based at St Helens Hospital.

The service follows a successful bid to become a Department of Health Demonstrator Site for Carers' Support and is the only one in the country based within both an Acute Trust and a Primary Care Trust.



Phil Dearden, Acting Head of Clinical Flows talking at the Carers' Support Service launch

It will provide personalised services, improving health and well being and maximising choice for carers, in line with the National Carers' Strategy.

Ann Marr, Chief Executive launching the service said: 'This service is a true partnership between the Trust, its Halton and St Helens based partners in the Primary Care Trust, the local councils and the Princess Royal Trust for Carers' Centres. It is an example of what can be achieved through working together to provide local support for carers. I'd like to thank everyone who has been involved in establishing the site and hope that many more carers will benefit from this outstanding and unique service.'

### Diabetes Open Day Success

The Diabetes Open Day at St Helens Hospital was a massive success, with large numbers of visitors benefiting from diabetes education at the event.

The Open Day was held as part of World Diabetes Day in November and visitors were able to find out about diabetes awareness and prevention as well as gain information on the range of excellent services provided by the team at the award-winning Diabetes Centre.

One of the Centre's patients, Claire Aspinall gave a presentation outlining her experience of diabetes and how the team have helped her cope with the condition by providing ways in which she could manage her diabetes.

Claire praised the dedication of the Diabetes team and said: "The staff here are wonderful, they really go the extra mile. I'd like to thank each of them for the fantastic care I have been given."



Patient, Claire Aspinall (centre in pink) with Dr Kevin Hardy, Consultant Diabetologist & Clinical Director (to the right), members of the Diabetes team and David Bradbury, Non-Executive Director (far left).



# **Our Flu Jab Heroes!**



Swine flu vaccinations in full flow

Donna Mclaughlin, Director of Operations and Performance, being vaccinated by Gill Core, Director of Nursing, Midwifery & Governance

### Swine Flu vaccinations are currently being offered to all staff throughout the Trust.

The vaccine provides protection from getting Swine Flu and passing it on to families and friends or to the patients that we care for.

In line with Department of Health guidelines staff working in high risk clinical areas such as Accident & Emergency, Intensive Treatment Unit, Maternity, Paediatrics and Respiratory have been given the vaccine first. Now the Trust is opening up the vaccine to all other areas and giving other staff the chance to be vaccinated.



#### Seasonal Flu Campaign Update

The Trust has vaccinated more of its staff against seasonal flu than any other Trust in the North West. Over half of all staff have received their seasonal flu vaccine but we still have some way to go to meet out target of vaccinating 80% of staff. If you haven't yet had your seasonal flu vaccine contact Occupational Health on ext: 1985 - Be a Flu Jab Hero!

### Swine Flu Vaccine - The Facts:

- The Swine Flu vaccine has passed stringent tests.
- There are two types of vaccine in the UK; Pandemrix, manufactured by Glaxo Smith Kline and Celvapan, manufactured by Baxter. They are both just as effective but have been produced using different methods.
- The Chief Medical Officer recommends that all frontline health professionals should get the vaccine this includes anyone directly involved in patient care.
- Pregnant women are also recommended to be vaccinated using Pandemrix
- The vaccines can't cause flu as they contain inactivated flu viruses, although some people may experience mild side effects.
- NHS staff can continue their normal duties after they have been vaccinated
- It is perfectly safe to have your seasonal flu vaccine and swine flu vaccine at the same time.
- For latest updates on Swine Flu go to www.nhs.uk



Ear, Nose and Throat (ENT) Consultant, Vel Nandapalan hosted the first ever course in Temporal Bone Dissection to be held on Merseyside.

The course was held at the Anatomy Department in the University of Liverpool's Faculty of Medicine and was attended by delegates from across the country. Vel organised and taught the course at the University and was assisted by tutors from Merseyside, Manchester and Glasgow.

The course has been a great success with specialists in ENT and delegates are already booked for next year.



Delegates and Course Tutors Seated L-R: Andrew Camillari, Wythenshaw Hospital, Vel Nandapalan, Whiston Hospital, Amer Daud, Whiston Hospital, Brian O'Reily, Glasgow Royal Infirmary.

### The Keenan/Synthes AO Fracture Course



Mr Sadeq Elhowsh, Orthopaedic Surgeon, instructing Janine Major, Theatre Practitioner, in the use of AO equipment

The Trust's Operating Department have renamed the AO Fracture Course to honour Pauline Keenan, a well respected colleague who sadly passed away in 2007.

This course is now known as the Keenan / Synthes AO fracture course. The course has been successfully run within the Trust in conjunction with Synthes for several years. This unique two-day course involves lectures and practical workshops with one-to-one surgical tuition by Orthopaedic medical and theatre staff.

The course aims to provide theatre practitioners with the knowledge and technical skills required to enhance patient care.

The Keenan/Synthes
AO Fracture Course
was held in November
and was attended by
staff from the Trust
along with visiting
delegates from Trusts
throughout the North West.



Drilling into a model of a femur (hip bone)

#### **Tribute to Pauline Keenan**

Pauline was a highly respected and hard working theatre nurse who helped to provide first class patient care at the Trust. Pauline firmly believed that education was key to providing this level of care and was instrumental in establishing the AO Fracture Course for theatre nurses. Pauline is sadly missed by those who worked with her and this course will provide a fitting and lasting tribute to such a fine colleague.

Mike Manning, Clinical Director



## urns Unit Donation

The Spice of India Restaurant (Cuerdley Cross) Warrington has generously donated £500 to the Mersey Regional Burns **Unit at Whiston Hospital.** 

The restaurant invited their regular diners to a charity night where they offered free food and asked for donations in return.

Mr Foysal Ahmed, Restaurant Manager said "The staff who work in the Mersey Regional Burns Unit do a fantastic job and we wanted to recognise the excellent work they do and make a donation to help this very valuable local service."



Spice of Life, Restaurant Manager, Foysal Ahmed (left) and Ward Manager Donnas Wilkinson (2nd left) with staff from the Spice of India Restaurant and the Mersey Regional Burns Unit staff

## **Burney Breast Unit** receives fantastic donation



Debbie Hoather and Angela Baker (centre) with Professor Ricardo Audisio and members of the Burney Breast Unit team

Burney Breast Unit fundraiser and former patient Angela Baker, along with her husband Tony Baker and Debbie Hoather her friend and hairdresser, have raised a staggering £1245.50 through a charity raffle.

All the prizes in the raffle where kindly donated by local businesses, with Debbie donating the first prize which was over £100 worth of professional hairdressing equipment. Professor Riccardo Audisio, Burney Breast Unit staff and patients drew

the raffle tickets which had been on sale since September.

Angela has previously donated over £4,000 to the Burney Breast Unit through various activities including a sponsored 100 mile swim. Angela's fundraising activities inspired Debbie to get involved and she ran the race for life earlier this year, raising £320 for the Burney Breast Unit.

These fantastic donations are hugely appreciated by the Trust and will be used to help provide patients on the Burney Breast Unit with the very latest advancements in breast care treatment.

### Special Care Baby Unit (SCBU) Donation

The family of Derek McDonald, who was cared for on the Special Care Baby Unit (SCBU) as a baby and sadly passed away at the age of 25, placed a plaque on the unit's new

**Oxygen Saturation Monitor.** 

The monitor, which measures the heart rate and the amount of oxygen in a baby's bloodstream, was purchased partly using £1,250 raised through a collection at Derek's funeral. The McDonald family have donated a further £1,000 which was raised after they held a memorial night on his birthday.

Derek's dad, also called Derek
McDonald said "It is an honour for us
to come back and place a plaque in
Derek's memory at the unit where he
and so many others are looked after.
These donations are to show our
appreciation and will hopefully help
the unit to give more babies a chance."



Derek and Christine McDonald, present their cheque and plaque to Caroline Deveney, Ward Manager and members of the SCBU team

# Lilac Centre scopes votes to win £1,000 donation



Irene and Richard Dowler, centre with Lilac Centre staff members, Maureen Scotton, Holly Donaghy, Debbie Kilshaw and Janet Davies and Steve Kennerly from Tesco, presenting the cheque for £1,000.

The Lilac Centre was voted local favourite to win a £1,000 donation after being nominated by patient Irene Dowler.

Irene, from Rainhill, had been undergoing treatment at the Lilac Centre and nominated the centre as a thank you for the excellent care she had been provided with by staff.

The Lilac Centre faced competition from other local charities to receive £1,000 from Tesco and won after gaining the majority in a text vote organised by local newspapers; the St Helens Star and the St Helens Reporter.

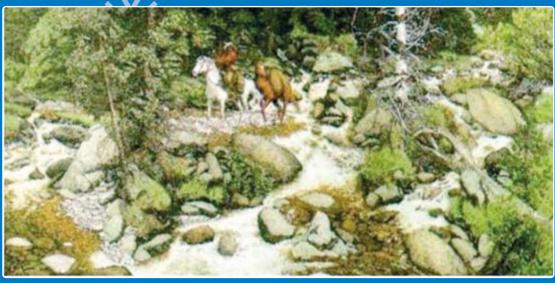
Maureen Scotton, Sister at the Lilac Centre said: "We are delighted to receive this kind donation and would like to thank Irene for nominating us and all those people who voted for the Lilac Centre. These funds will go towards providing a relaxing and welcoming environment for patients at the Centre."



## It's all an illusion!

Can you see 11 faces in the picture opposite?





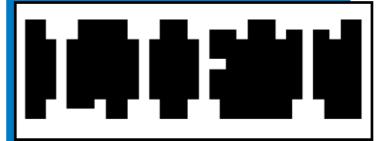


- Oliver Cromwell banned Christmas in Britain from 1647 until 1660.
- John Callcott Horsley designed the first Christmas card in 1843 at the request of his friend Sir Henry Cole.
- The Queen made her first Christmas speech in 1952.
- The Christmas Cracker was invented in 1847 by Thomas Smith – and the joke was just as bad then!
- Mrs Claus full name is Jessica Mary Claus and first appeared as a literary figure in 19th century America.
- Boxing Day is named after the tradition of opening Church collection boxes for the poor.
- Santa Claus first appeared in Coca-Cola adverts in 1931.

 The cumulative number of gifts in the song '12 days of Christmas' is 364.

 Rudolph the Red-Nosed Reindeer was originally created for U.S. department stores Montgomery Ward as part of a promotional gimmick in 1939.

 Christmas is abbreviated to "Xmas" because the Greek letter "X" is the first letter of the Greek word for Christ, Xristos. Can you make out the word below?



IT Operations Help Desk (0151) 676 5678 ithelpdesk@sthk.nhs.uk

Switchboard 0
Security, Fire, Emergency 3333
Cardiac Arrest 2222

Local Security Management Specialist (0151 430 1611) Hospital Pager 1372

**Facilities Management Helpdesk 1188** 

# News News

**Next Issue: February 2010** 

Many thanks to everyone who has been involved in producing this edition.

If you would like to contribute, please contact Judith Marsland, Head of Media, PR and Communications on 0151 430 2505 or judith.marsland@sthk.nhs.uk

The deadline for submitting items for the next edition is 13th January 2010