

Issue 17 August 2008

# Two Months to Go!



**The final countdown is on for the opening of the fantastic new St Helens Hospital!**

The doors will open in October 2008, providing world class healthcare facilities for our patients.

Inside, we take a look around the new hospital, as well as catching up with the latest developments in the rebuilding programme at Whiston.

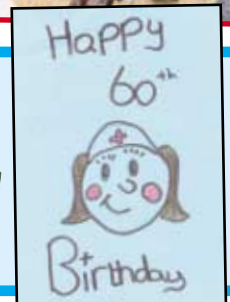


## PLUS - NHS60 Celebrations!

A special pull-out featuring the events commemorating this landmark anniversary.



NHS60



**What's inside:**  
**Healthcare Champions**



**Thank you to staff**



**Viking Invasion!**



**Plus: Lottery Did You Know?**



# TRUST LOTTERY RESULTS

**The Lottery results for the draw which took place on Wednesday 25th June 2008, are as follows:**

- £1500 Mrs J Owens, Endoscopy, Whiston
- £500 Miss S Herbert, X-Ray Dept, Whiston
- £100 Mrs A Parry, Ward G3, Whiston
- £50 Mrs J Morrison, Audiology, St Helens
- £25 Mrs K Gilbert, Medical Secretaries, Whiston
- £25 Mrs C Penketh, Outpatients, St Helens

**The Lottery results for the draw which took place on Wednesday 30th July 2008, are as follows:**

- £1500 Miss A Nuttall, X-Ray, St Helens
- £500 Mrs J Hynes, Catering Dept, Whiston
- £100 Dr Meek, Whiston
- £50 Mrs S Power, CCU, Whiston
- £25 Miss C Owen, Pharmacy, Whiston
- £25 Mr J Freeman, Project Office, Whiston

**Note: Prizes can only be issued to lottery participants who have paid all due contributions. In the case of deductions not being made from your pay, please contact the Finance Department on extension 1121. Your payslip should show a separate deduction described as LOTTERY and the amount deducted (£1 for each number).**

## Employee of the Month



**June**

**Rob Case**

Clinical Nurse Specialist,  
Palliative Care



**July**

**Francis Andrews**

Consultant, Critical Care &  
Emergency Medicine

# Building Update

Whiston



A change to the skyline above Whiston Hospital shows that the multi-million pound rebuilding programme is moving a major step forward.

The last of the tower cranes, which have been used to put the structure of the new hospital in place, has now been taken down.

Since building work started in July 2006, there have been up to eight cranes towering above the site at any one time.

It means that work will now be focused inside the building, with the interiors fitted out and the wards, clinics and other departments taking shape.

The fantastic new hospital is on schedule to be opened in less than two years time, to provide world class healthcare facilities for the people of Knowsley, St Helens, Halton and beyond.

During a visit to the site, St Helens South MP, the Rt. Hon Shaun Woodward MP, said: "You have to see it to believe it. This is mind blowing. And to see this world class facility going up next to the old hospital is even more stunning."

The final crane at Whiston Hospital as it was brought down



Ann Marr with the Rt. Hon Shaun Woodward MP (left) and Taylor Woodrow's Sean O'Driscoll on site at Whiston



Ann Marr and the Rt. Hon Shaun Woodward MP meet some of the team building the new hospital, with Taylor Woodrow's Sean O'Driscoll (far right) and Paul Harris (third from right)

# Building Update

It is now just a matter of weeks until the fantastic new St Helens Hospital opens!

Construction work has been taking place since the summer of 2006 and now the state-of-the-art Diagnostic and Treatment Centre is almost completed.

The new building will be officially handed over to the Trust by Taylor Woodrow in the autumn and departments are already beginning to transfer to their new homes.

After the DTC has opened, work will continue on the site to demolish the old buildings, making way for attractive landscaped gardens and additional car parking spaces.

Waving goodbye to the old buildings, which date back to the opening of St Helens Cottage Hospital in 1873, marks the end of an era, but it signals the start of a bright new future.

As these pictures show, patients will now be treated in first class health facilities in a clean, safe environment.

The interior of the hospital has been designed to use plenty of natural daylight and patient-friendly signs to reduce stress and anxiety.



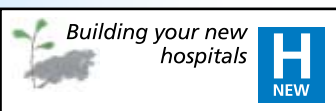
Outside the new hospital



One of the new courtyards



Inside the new theatre





The state-of-the-art clinical facilities



Bright, clean, safe corridors at the new hospital

## Finding Your Way

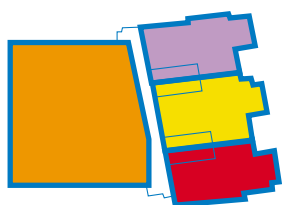
For staff moving into the new hospital, it may take a little while to get their bearings in the new environment.

**But don't worry – help is at hand.**

The Trust is working hard to make the move as easy as possible and help staff – as well as patients and visitors – find their way around.

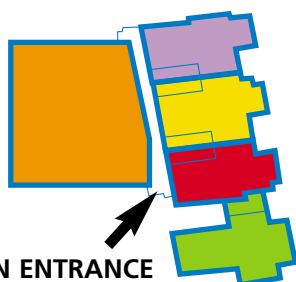
Special booklets will be produced to introduce people to the DTC, with explanations of the facilities available, maps of the site and useful contact numbers.

Each area of the new St Helens Hospital will be colour-coded and the diagrams below show where each department can be found.



### Lower Ground Floor

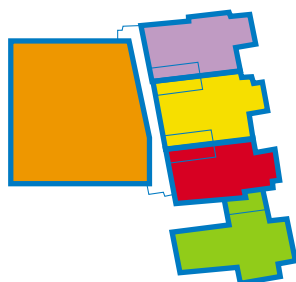
●	Cancer/Palliative Care, Lilac Centre, Haematology/Oncology
●	Rehabilitation, Musculo-Skeletal (rehabilitation zone)
●	Breast Unit
●	Clinical Psychology, Diabetes Offices, Restaurant, Genito-urinary Medicine



MAIN ENTRANCE

### Ground Floor

●	Audiology, ENT, Rheumatology
●	Orthotics, Orthopaedics, Plastic Surgery, Out-Patient Clinics, Dermatology
●	Cardio-Respiratory (ECG), Out-Patient Clinics
●	Urology, Gynaecology, Out-Patient Clinics
●	Pharmacy, Pathology, Diabetes, Radiology, CT/MRI Scan



### First Floor

●	Endoscopy
●	Ophthalmology
●	Administration Staff
●	Orthodontics and Oral Maxillo-Facial Surgery
●	Day Case Unit, Operating Theatres

# Trust Receives 'Excellent' Rating

Patients are benefiting from an 'excellent' standard of food, privacy, dignity and environment at the Trust, according to a national agency.

The National Patient Safety Agency has given a glowing report after the annual Patient Environment Action Team (PEAT) inspections of Whiston and St Helens Hospitals.

The Trust scored the highest possible marks for toilet and bathroom cleanliness, food and food service and privacy and dignity, as well as achieving top scores for specific cleanliness, environment, access and external areas.

The Trust was also praised for infection control and the successful deep clean programme, which was carried out earlier this year.

The ratings are particularly impressive as the inspections have been carried out during the massive £338m redevelopment of both hospitals.



# Thank You to SCBU!

A family are so delighted with the quality of care their son received at Whiston Hospital, they are donating £1,000 to the Trust.

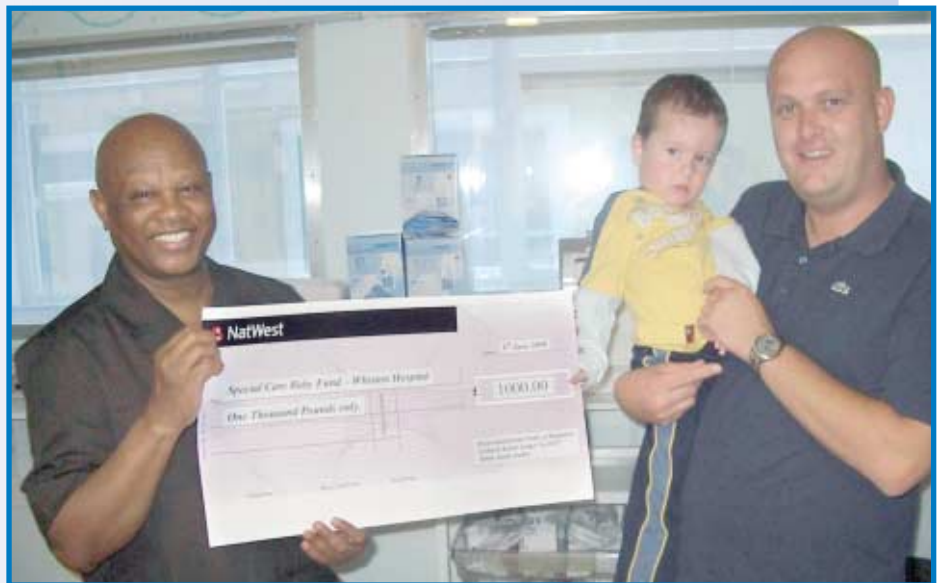
Three year old George Craig from Whiston was born prematurely and cared for by staff at the Special Care Baby Unit.

George's dad, Steve, has made the wonderful donation with the help of his colleagues at British Aerospace in Saudi Arabia.

Their organisation, 'The Buffaloes' – the Saudi equivalent of a Rotary Club – select worthy causes each year and raise money for them through functions and raffles, as well as from their own pocket.

Steve said: "I am so grateful for everything the staff at Whiston Hospital have done for George and our family. If it wasn't for the Special Care Baby Unit who knows how things would have turned out?"

"I know donations are very important to the Unit and I hope this money will really benefit other families."



Three year old George Craig and dad Steve present their cheque to Laweh Amegavie, Consultant Paediatrician.

# Trust beating 18 Week Target

Patients at Whiston and St Helens Hospitals are receiving faster healthcare as the Trust beats national targets for waiting times.

The Government target is for 85% of patients to start receiving their treatment within 18 weeks of being referred by their GP.

The latest national figures show the Trust has started treatment for almost 90% of day-cases and in-patients within that time.

In addition, 93% of patients have received treatment within 18 weeks in an out-patient setting.

Ann Marr, Chief Executive said: "This is fantastic news for our patients, who are our number one priority. The days of some people waiting 18 months for an operation are over and that is thanks to the hard work and continuing commitment of our valued staff."



## *Music in Hospitals*

Patients, visitors and staff had a treat when the Music in Hospitals charity came to Whiston.

They enjoyed the music of Margaret Knight, as she performed on a concert harp in the main corridor.

The beautiful instrument is actually 180 years old, but still sounding as good as ever!



# The Importance of Healthy Eating

The Trust's dieticians have been busy educating patients, visitors and staff about the benefits of healthy eating.

They organised a Fruity Friday event to increase public awareness of the links between diet, nutrition and cancer prevention.

The team gave out information and offered passers-by tasty samples of a variety of fruits, kindly donated by Tesco, Asda and the Knowsley Fruit and Veg Van.

The team also worked closely with the Specialist Diabetes staff to mark Diabetes Week.

A display in the main corridor at Whiston provided information about living with the condition, as well as how to reduce the risk factors.

The freebies, such as pedometers and tape measures were quickly snapped up by passers by, reminding us about the importance of a healthy lifestyle - including regular exercise and maintaining a healthy weight - in both the prevention and management of Diabetes.



The successful Fruity Friday event

# VIKING INVASION!



Widnes stars Michael Ostick, Gavin Dodd and Rob Draper (dressed as Kemik) meet patients Nicolle Buckley (11), Natalie Johnson (14) and Dylan Gorman (11) and E1 staff Lizzie Barry, Clare Hughes and Amanda Coogan.

The Widnes Vikings squad found some new fans when they visited the Children's Unit at Whiston hospital.

The players kindly took time out of their busy training schedule to chat to youngsters in the Unit.

The Vikings also presented Widnes scarves, cushions and other gifts to the delighted children.





# Healthcare Champions!



(from left to right) The Rt. Hon Theresa May MP, patient Janice Mather, Consultant Rheumatologist Rikki Abernethy, Clinical Manager of the Unit Anne Campbell and Ailsa Bosworth, NRAS Chief Executive.

A patient's nomination has helped the Trust's Rheumatology team to be named national Healthcare Champions.

The award from the National Rheumatoid Arthritis Society (NRAS) is in recognition of the excellent support and care they provide to people living with the condition.



Rheumatoid arthritis is a painful condition which causes inflammation of the joints in the body. It can cause severe disability and may ultimately affect a person's ability to carry out everyday

tasks. There are around 400,000 sufferers in the UK.

Consultant Rheumatologist Rikki Abernethy and Clinical Manager of the Unit, Anne Campbell accepted the award at the Houses of Parliament from the Rt. Hon Theresa May MP, NRAS Patron and Shadow Leader of the House of Commons.

The team were nominated by patient of 26 years, Janice Mather of Kendal, Cumbria.

Janice said: "I have had nothing but the best treatment, care and support from the whole team. They all go out of their way to make me feel special. I cannot thank the team enough as they gave me my life back!"

## 22 arthritis patients at St Helens Hospital are taking part in a new trial to help find out how effective specialist nurses are at providing care and treatment.

The three year trial, funded by the Arthritis Research Campaign, will compare clinics led by consultant rheumatologists with those run by nurse practitioners.

The trials will be measured by considering patients' overall health, swollen and tender joints and inflammatory markers in the blood.



The Trust's Rheumatology team

# Raising Money for a Great Cause

Staff from main theatres at Whiston Hospital have raised money for a great cause after taking part in a sponsored walk in memory of one of their former colleagues.

Vivienne Nelson, Denise Murphy, Mary Potts, Pam Williams, Tracey Hughes and Christine Winstanley covered the 10km of the Moonlight Walk, starting and finishing at Alexandra Park in St Helens, and raised over a thousand pounds for Willowbrook Hospice.

They did it wearing t-shirts printed with 'In Memory of Pauline Keenan'.

Pauline worked in theatres for well over 20 years and sadly passed away recently.



Tracey Hughes, Mary Potts, Denise Murphy, Pam Williams and Christine Winstanley on the Moonlight Walk.



Meanwhile, the Acute Medical Unit entered a team in an "It's a Knockout" competition to raise funds for Willowbrook Hospice.

The team comprised all grades of nursing staff, the ward pharmacist and also one of the unit consultants and they raised over £1000.

Despite several bumps, bruises and aching muscles, a good time was had by all!

The 'knockout' Acute Medical Unit team

## Picture of Happiness

A couple blessed with a beautiful baby boy have shared their happiness with the maternity unit at Whiston Hospital.

Amanda Kippen and Paul Connor became proud parents to Samuel in March and have donated two pieces of art for the walls of the labour ward.

Last year, they had a stillborn baby girl, Emma. One of the pictures is of Warren Beach in Abersoch, Wales where Emma's ashes are scattered.

The couple have also made a donation to the hospital's Bereavement Fund.

Amanda and Paul said: "We were looked after brilliantly and the staff were fantastic to us. Every time we have been at Whiston Hospital the treatment has been wonderful. We can't fault anything about the staff or the hospital."



Tennyson Idama, consultant, Paul Connor, baby Samuel Connor, Marie Brown, maternity ward manager, and Amanda Kippen with the new pictures

# HUGE DISCOUNTS

## FOR UNISON MEMBERS ON BRAND NEW CARS



### Corsa 1.0 Breeze 3dr

OTR £9,600

**Lookers Price From £6,595**

**SAVING OF £3,005**  
on recommended retail price

Price after £1000 ecoflex

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**Lookers Price From £10,495**

Price after £1000 ecoflex

**SAVING OF £5,460**  
on recommended retail price



### Kalos 1.2s 3dr

OTR £7,300

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**SAVING OF £2,305**  
on recommended retail price

Three years free servicing on orders taken until end of August



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- Save up to 10% on RRP
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entitles you to a discount on the majority of brand new unregistered Vauxhall, Chevrolet and Saab vehicles. Since we have advertised this initiative hundreds of UNISON MEMBERS have saved thousands of pounds on their BRAND NEW CARS.

As a UNISON MEMBER you are allowed to nominate up to SIX close family members each year to also receive the saving of up to £5,950

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Derby Road, Liverpool  
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\* Price includes Partners discount and Finance Deposit Allowance (minimum balance to borrow to qualify). Ecoflex subject to terms and conditions. Price is on the road including first registration fee and twelve months road fund licence. Offers subject to terms and conditions, availability and current marketing programme. Models shown for illustration purposes only. Fuel Consumption Figures displayed in mpg (l/100km). Vauxhall Corsa 1.0 Breeze - Urban: 38.7 (7.3), Extra Urban 61.4 (4.6), Combined 50.4 (5.6), Co2 Emissions 134g/km. Vauxhall Zafira 1.6 Breeze - Urban: 30.1 (9.4), Extra Urban 47.9 (6.9), Combined 39.2 (7.2), Co2 Emissions 172g/km. Chevrolet Kalos - Urban: 33.2 (8.5), Extra Urban 54.3 (5.2), Combined 44.1 (6.4), Co2 Emissions 153g/km. Saab 9-3 Saloon Range - Urban - from 16.7 (16.9) to 39.2 (7.2), Extra Urban - from 39.2 (7.2) to 64.2 (4.4), Combined - from 26.2 (10.8) to 52.3 (5.4), Co2 Emissions from 147 to 259g/km. Saab Partners offers, including discounts, customer savings (where applicable) are in lieu of any other customer offers except GM Card. Any optional extras will be charged at normal Partners rates. See dealer for details or visit [www.saaboffers.co.uk](http://www.saaboffers.co.uk) or [www.partnersprogramme.co.uk](http://www.partnersprogramme.co.uk). Offers apply to eligible new vehicles registered or ordered between 01.07.08 and 30.09.08 inclusive, registered when the vehicle is available or delivered before 01.11.08. Offer excludes Turbo X models.

# Did you know?



(in case you ever make it on to Who Wants to be a Millionaire!)

- 35 Billion emails are sent each day throughout the world.
- Arachibutyrophobia is the fear of peanut butter sticking to the roof of your mouth!
- The average adult falls asleep seven minutes after turning the light off.
- 'Typewriter' is the longest word that can be made using only the letters on the top row of a computer keyboard.
- If you drove at 100mph for four years you would still not cover every stretch of road in the USA.
- The clock faces on the Liver Building in Liverpool are the biggest in the country with a diameter of 25 feet – larger than Big Ben.
- Olympic gold medals are actually made of 92.5% silver.
- The plastic things on the end of shoelaces are called aglets.

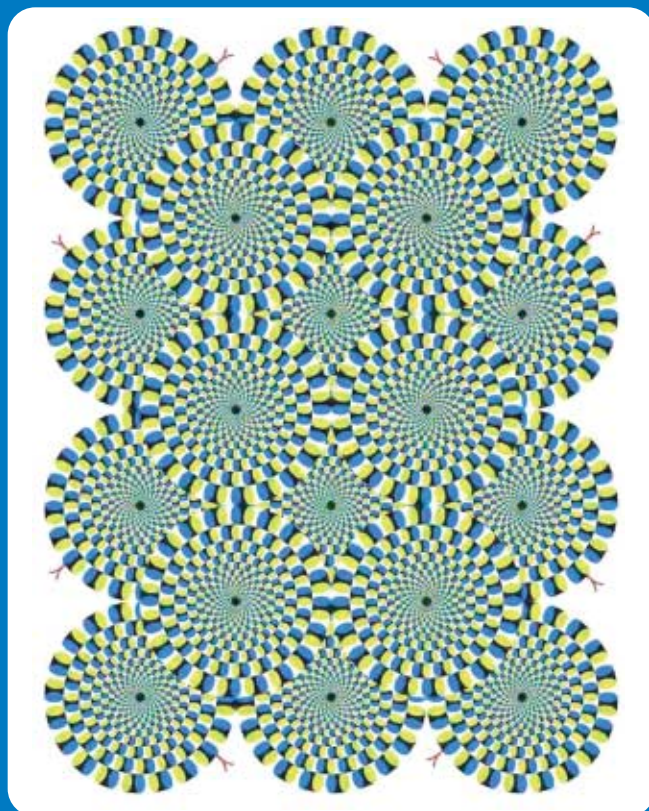
**IT Operations Help Desk**  
**(0151) 676 5678**  
**ithelpdesk@sthk.nhs.uk**

**Switchboard 0**  
**Security, Fire, Emergency 3333**  
**Cardiac Arrest 2222**

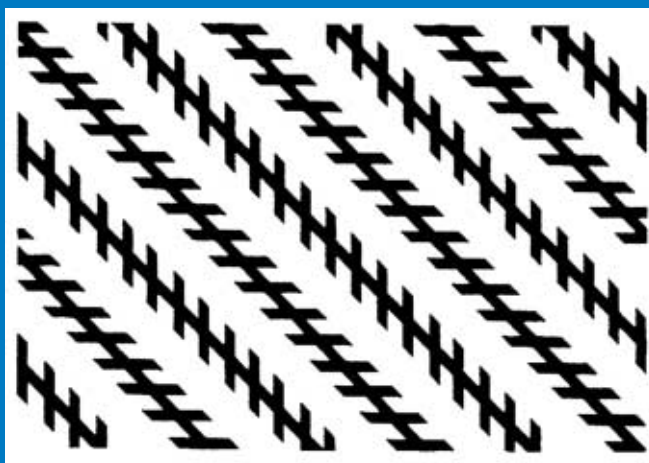
**Local Security Management**  
**Specialist (0151 430 1611)**  
**Hospital Pager 1372**

## It's all an **illusion!**

Are the 'wheels' rotating? They spin according to your eye movements.



Are the long black lines parallel or not?



**Staff News 'n' Views**

**Next Issue: October 2008**

Many thanks to everyone who has been involved in producing this edition. If you would like to contribute, please contact Stuart Arrowsmith in the Media, PR and Communications team on 0151 290 4315 or [stuart.arrowsmith@sthk.nhs.uk](mailto:stuart.arrowsmith@sthk.nhs.uk)