

Appendix A - Toilet Training skills

Child Name :	Date of Birth:
Assessment completed by: (name/designation)	Date completed:

Does the child wear containment product? i.e nappy/pull up/pad	Does the child wear underwear? Has underwear been trialled?
What toileting equipment does the child currently have access to? i.e potty/seat insert/step stool	Does the child require any specialist equipment to assist toileting routines?

All children and young people should receive support to achieve their potential for the attainment of continence regardless of their age, culture or ability (Guidance for the provision of continence containment products to children and young people – a consensus document 2021)

Bowel Function:	Bowel control:
How often are bowels opened:	Does the child pass any stools on the toilet/potty?
Type of stool passed: (please refer to Bristol stool chart – Appendix 1)	Comments: (any pain/straining/blood) N.B Constipation should be addressed as a priority if any signs are flagged

Bladder Function:	Bladder control:
How long can the continence product/underwear stay dry between bladder emptying?	Does the child pass any urine on a toilet/potty?

All children and young people must be supported with a toilet training programme for at least six months, prior to containment products provided to them (Guidance for the provision of continence containment products to children and young people – a consensus document 2021)

Diet & fluid intake:	
How much water based fluids are consumed daily:	Types of fluids consumed:
Fibre intake:	N.B Diet and fluid advice to be given if any issues have been flagged

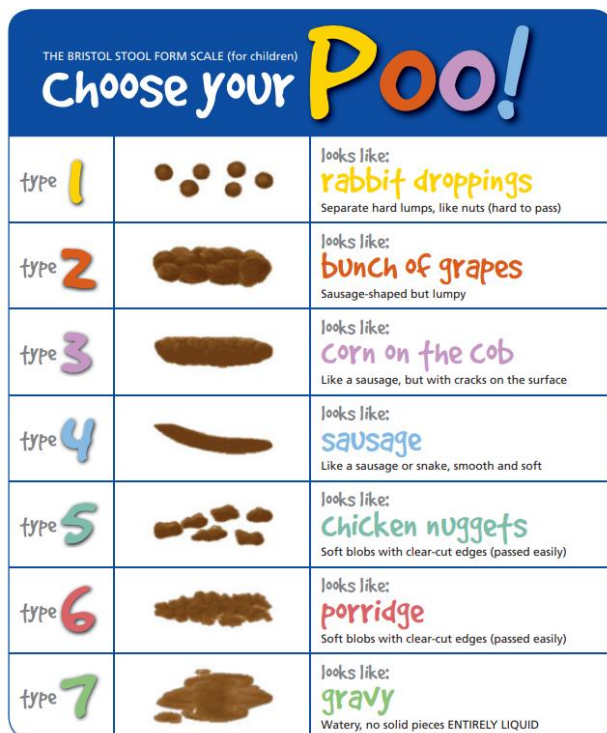
Independence:	
Can the child handle their own clothing? i.e pull up/down trousers (please provide brief description on skills)	Does the child give any indication of need to go to the toilet/potty?
Does the child have any behaviour issues that interfere with the toileting process? (please provide details)	

It could be considered as active discrimination in relation to a CYP's disability if they are not offered the same continence promotion service as any other CYP who presents with a wetting or soiling problem

(Guidance for the provision of continence containment products to children and young people – a consensus document 2021)

Night time:	
Does night time wetting occur?	How frequent?
Does night time bowel motion occur?	How frequent?
Does the child wear a night time continence product?	

Assumptions should not be made regarding the ability, or lack of ability of children and young people with additional needs to be toilet trained (Guidance for the provision of continence containment products to children and young people – a consensus document 2021)



N.B All sections of this document must be completed fully alongside the referral document. Failing to do so will result in the referral being rejected.