

## Cabergoline / Bromocriptine Therapy

Your doctor has recommended that you commence a new medication.

The aim of this leaflet is to provide you with information about the treatment so that you understand why it is being prescribed and what to expect.

**Please also read the leaflet that comes with your medication carefully.**

Whiston Hospital, Warrington Road, Prescot,  
Merseyside, L35 5DR Telephone: 0151 426 1600

St Helens Hospital, Marshall Cross Road,  
St Helens, Merseyside, WA9 3DA Telephone:  
01744 26633

 /sthknhs  @sthk.nhs  
[www.sthk.nhs.uk](http://www.sthk.nhs.uk)

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## Cabergoline / Bromocriptine Therapy

This leaflet can be made available  
in alternative languages / formats  
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如有需要，本传单可提供其他语言/版式  
此單張的其他語言/格式版本可按要求提供

Na żądanie ta ulotka może zostać  
udostępniona  
w innych językach/formatkach.

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**Department:** Diabetes and Endocrine  
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## Why am I being offered it?

Cabergoline and bromocriptine have several different uses in the treatment of different conditions. Your doctor will clarify why you are being prescribed this medication.

## What are the aims of treatment?

This depends on why you were prescribed it. Your doctor will discuss this with you in clinic.

## How much should I take?

You should take the dose that is prescribed by the doctor.

## What if I take too much?

You may be more likely to experience the side effects described in the medicine information leaflet that comes in the box with the medication.

## What if I take too little?

The benefits of taking the medication may not be felt and treatment of the underlying condition may therefore be ineffective.

## Is it safe for me?

Your doctor will check that it is safe for you prior to allowing you to commence treatment. You will need to be monitored on a regular basis in clinic to ensure that you are on the correct dose and are not experiencing any side effects.

## Are there any side effects?

Any new medication will potentially have side effects. These are listed in the leaflet provided with your medication. Things to be aware of, though uncommon, include:

- Early stages of taking the drug can cause nausea, falls in blood pressure or headaches. They usually wear off after a few days and occur less if tablets are taken with food.
- These medications can cause fibrosis (the formation of excess fibrous connective tissue in an organ or tissue). If you experience breathlessness, persistent cough, chest pain, fluid overload, abdominal pain or tenderness, please inform your GP and ourselves at your next appointment.
- These medications are also sometimes associated with impulse control disorders including pathological gambling, binge eating, addictive tendencies or an increased sex drive. If you develop any of these symptoms, you should see your GP.

## Monitoring

You will be followed up in clinic for monitoring of several things. This includes any side effects you have experienced, your blood pressure, monitoring for fibrotic disease and blood tests.

## What if I need advice?

We have a secure confidential answer machine available and email service for patients requiring advice from the Endocrinology Nurse Specialist. Messages will be assessed and returned in priority order.

The Endocrinology Nurse Specialist may be out of the office at times, so please leave a short message including your full name, hospital number and contact number and she will contact you as soon as possible. This may be on the next working day.

If your enquiry is a medical emergency, please contact your own GP, 111, 999 or attend your local accident and emergency.

## Further information?

You can contact the Endocrinology Nurse Specialist with any questions you may have.

If your enquiry is for the Endocrinology Medical Team, please contact their secretaries through the hospital switchboard on 0151 426 1600.

## The Endocrinology Nurse Specialist

**Tel: 07881 928 197**

**Email address:**

**[endocrinology.nurse@sthk.nhs.uk](mailto:endocrinology.nurse@sthk.nhs.uk)**