

Further information

The Hospital Specialist Palliative Care Team is available:

7 days a week including Bank Holidays

9.00 a.m. – 5.00 p.m.

Telephone: 0151 290 4266

(Please note this is not an emergency helpline)

Useful contact numbers

District Nurse Liaison	0151 290 2030
Social Services - St Helens	0151 426 1667
Social Services - Knowsley	0151 426 1669
Halton	01928 704466
Hospital Chaplains	0151 430 1657

St Helens & Knowsley Community Specialist Nurses

Macmillan Nurses	0151 431 0156
Willowbrook Hospice	0151 430 8736

Whiston Hospital
Warrington Road,
Prescot, Merseyside L35 5DR
Telephone: 0151 426 1600

St Helens Hospital
Marshall Cross Road,
St Helens, Merseyside WA9 3DA
Telephone: 01744 26633



www.sthk.nhs.uk

Hospital Specialist Palliative Care Team

Patient & Carer Information Leaflet

This leaflet can be made available
in alternative languages / formats on request.

如有需要，本传单可提供其他语言/版式
此單張的其他語言/格式版本可按要求提供

Na żądanie ta ulotka może zostać udostępniona
w innych językach/formatach.

Author: Specialist Palliative Care Team

Department: Palliative Care

Document Number: STHK1770

Version: 001

Review Date: 01 / 12 / 2024

This leaflet has been written to answer some of the questions that you may have about Palliative Care, and the provision of Palliative Care within our hospitals.

What is Palliative Care?

Palliative Care is care which is intended to reduce and relieve symptoms of an illness which is likely to progress or is progressing. This may include illnesses such as cancer, some neurological conditions like Motor Neurone Disease, or poor function of important organs like heart, lungs or kidneys.

The goal of Palliative Care is to achieve the best possible quality of life for patients, and to help with the concerns of patients' families or carers.

Specialist Palliative Care Teams (SPCT)

The Specialist Palliative Care Team consists of specialist nurses (sometimes called Macmillan Nurses), doctors, a social worker and a Pharmacist; all of who are experienced and trained in specialist palliative care. The SPCT occasionally have junior doctors and other health care professionals working with them, in order to gain experience in this specialist area.

What can we help with?

We offer an advisory and supportive service for patients, families and staff.

We aim:

- To provide advice and support on symptoms that may be of most concern to you.
- To provide an opportunity for you to discuss physical, emotional and social needs.
- To provide an opportunity for you to express your thoughts and feelings.
- To offer advice and support for your family and/or carers if they would like it.
- To work closely with members of the hospital team that is involved in your care.
- To make referrals and/or contact with your GP, district nurse and community specialist palliative care nurses (Macmillan Nurses).
- To link up with your local hospice services for inpatient, outpatient, day hospice or day treatment care, if appropriate.

How can the Specialist Palliative Care Team become involved in your care?

Any member of the ward team who is involved in your care can arrange for you to be seen by a member of the Specialist Palliative Care Team. It is important that you have agreed to the referral being made, and that the hospital consultant has given his or her approval. Once you have been referred, you will be given the name of the nurse specialist who will offer the service outlined above during your stay in hospital.