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St Helens and Knowsley  
Teaching Hospitals  
NHS Trust

## Endocrinology Specialist Nurse Service

This leaflet can be made available  
in alternative languages / formats on request.

如有需要，本传单可提供其他语言/版式  
此單張的其他語言/格式版本可按要求提供

Na żądanie ta ulotka może zostać udostępniona  
w innych językach/formatach.

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## What does the service offer?

- Specialist advice, support and information about your endocrine condition to you the patient, your family and carers
- Continuity of care from diagnosis through to long term support and discharge
- Nurse-led clinics with consultant supervision
- Telephone helpline and email support
- Patient information leaflets are available to explain your condition, how it is treated and any tests that may be performed

Other sources of help and support are also available upon request.

## Meet the team

The Endocrinology Specialist Nurse is part of and supported by a team of healthcare professionals who ensure that your endocrine condition is treated and monitored appropriately.

## When is the service available?

The Endocrine Specialist Nurse is available:

Monday to Friday 09:00 - 17:00

Nurse-led clinics are held throughout the week at St Helens Hospital.

Telephone clinics are also offered when appropriate. If blood tests are requested from you, these need to be done at least 2 days before your telephone appointment.

## What if I need advice?

We have a secure confidential answer machine available and email service for patients requiring advice from the Endocrinology Specialist Nurse.

Messages will be assessed and returned in priority order.

The Endocrinology Specialist Nurse may be unavailable at times, so please leave a short message including your

- full name
- hospital number or date of birth
- contact number

and they will contact you as soon as possible, however, this may be the next working day.

If your enquiry is a medical emergency, please contact your own GP, NHS 111, dial 999 or attend your local Accident and Emergency Department.

## Further information?

You can contact the Endocrinology Specialist Nurse with any questions you may have.

If your enquiry is for the Endocrinology Medical Team, please contact their secretaries through the hospital switchboard 01744 266 33.

### **Endocrinology Specialist Nurse**

**Tel: 07881 928197**

**Email: [endocrinology.nurse@sthk.nhs.uk](mailto:endocrinology.nurse@sthk.nhs.uk)**