

Foot Clinic

Patient Information Leaflet

This leaflet can be made available
in alternative languages / formats on request.

如有需要，本传单可提供其他语言/版式
此單張的其他語言/格式版本可按要求提供

Na żądanie ta ulotka może zostać udostępniona
w innych językach/formatach.

Department of Diabetes
St Helens Hospital
Marshall Cross Road
St Helens WA9 3DA
01744 646200

Whiston Hospital
Warrington Road,
Prescot, Merseyside, L35 5DR
Telephone: 0151 426 1600

St Helens Hospital
Marshall Cross Road,
St Helens, Merseyside, WA9 3DA
Telephone: 01744 26633

You have been referred to this multidisciplinary clinic as you have an active foot problem due to your diabetes.

Please give yourself time to arrive and book in at the diabetes reception for your appointment.

If you are unable to attend please contact the department on 01744 646200 and press Option 1.

On your first visit your patient journey will include:

- Having clinic assessments completed i.e. height, weight, HbA1c (average finger-prick blood sugar test) etc.
- The Diabetes Specialist Nurse will document your medical history and list of your medications. Please bring your blood glucose meter with you, if you have one and your medications list. You will be asked to sign a consent form to take photos of your feet
- The Podiatrist will then remove your dressings and perform initial foot assessments.
- Photographs will be taken of your foot problem (to monitor progress of the foot wound for follow-up visits.)
- Your foot/feet will then be assessed by the senior doctor who will offer advice about your treatment options.
- The foot will then be re-dressed by the Podiatrist or Diabetes Specialist Nurse.

- Further appointments may be made for this clinic. If you are discharged you will receive a contact number for community podiatry.
- Your GP and any community teams looking after your foot care will be informed of clinical outcomes. You will also receive a copy of the clinic letter.

The multidisciplinary clinic is managed by a team of dedicated Consultants, Specialty Doctors, Diabetes Specialist Nurses and Podiatrists.

Should you have any problems in between visits please contact one of the following numbers:

Diabetes Reception

01744 646200
(option 1)

Diabetes Nurse Answer Machine

01744 646200
(option 2)

Podiatry Team

Consultant Physician & Endocrinologist Secretary

0151 290 2000

01744 646502