

## How to contact us

If you are currently attending Whiston Hospital or St Helens Hospital ask your doctor or nurse to contact us.

If you are at home you can reach us on the following number:

0151 430 1189

Our normal working hours are Monday to Friday 8am until 5pm for the exception of bank holidays

Whiston Hospital  
Warrington Road,  
Prescot, Merseyside, L35 5DR  
Telephone: 0151 426 1600



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[www.sthk.nhs.uk](http://www.sthk.nhs.uk)

## Who are the Upper Gastrointestinal Nurse Specialists?

This leaflet can be made available in alternative languages / formats on request.

如有需要，本传单可提供其他语言/版式  
此單張的其他語言/格式版本可按要求提供

Na żądanie ta ulotka może zostać udostępniona w innych językach/formatach.

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## Who are the upper gastrointestinal nurse specialists?

The Upper Gastrointestinal Nurse Specialist specialises in the care and management of patients with conditions of the oesophagus, stomach, pancreas, liver and bile duct.

It is our role to provide advice and support to patients and their families who have been affected by illnesses of these organs.

We are here as a point of contact for patients from diagnosis and onwards, to provide clear information to those who want it, and hopefully reduce some of their fears and anxieties they may be facing.

We work closely with the doctors and nurses within the hospital, on the wards, clinics and other departments and it is our aim to support you and those closest to you throughout your illness.

This leaflet will give you some insight into ways in which we may be of help to you.

## How can we help you?

We can explain what is involved with each test that the doctor has requested you have and what each test is looking for.

We can give you information on the condition you have been diagnosed with and make sure that you understand what is happening at each stage of your treatment.

We can put you in touch with other services within the hospital and the community that may be of help and support to you and your family.

Often when you leave hospital you may think of things you want to ask and don't know who to get the information from, or may be experiencing problems with symptoms you have developed since being home.

During this time of uncertainty, please contact us, and if we cannot personally help we will put you in contact with someone who can.