

Contact Numbers

Trauma Unit
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Ward 3A
0151 430 1520

Whiston Hospital
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St Helens and Knowsley
Teaching Hospitals
NHS Trust

What happens on referral to the Plastic Surgery Trauma Unit for treatment following an injury

This leaflet can be made available
in alternative languages / formats on request.

如有需要，本传单可提供其他语言/版式
此單張的其他語言/格式版本可按要求提供

Na żądanie ta ulotka może zostać udostępniona
w innych językach/formatach.

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You have been referred to the Regional Plastic Surgery Trauma Unit at Whiston Hospital for specialist advice and treatment.

Please report to Whiston Accident and Emergency Department first. From there, a porter will bring you to the Trauma Unit next to Holbrook Dressing Clinic.

Date.....**Time**.....

You will be assessed by a Plastic Surgeon and a treatment plan will be discussed with you.

This may include surgery under a general or local anaesthetic.

You must NOT drive following a general anaesthetic or if you have a hand injury.

Please arrange for someone to bring and take you home.

On the day of your appointment

- **Do not** eat any food after midnight, including chewing gum.
- You may drink water until **06.00 am**
- Take any prescribed antibiotics and any usual medication with a sip of water.
- We will try to do your operation on the same day as your appointment. However, as a limited number of operations can be performed in one day, Be prepared that you may be here for the day
- You may need to stay in hospital overnight. Please bring an overnight bag just in case.
- You may need to return at a later date.

Please bring the following items with you:

- A copy of your Emergency Department referral letter.
- Copies of any x-rays/disc that may have been done
- All medications you are taking, whether they are regular (including inhalers and insulin), or new medication you have been given.

If you need any further information, please contact the Trauma Co-ordinator on 0151 430 1642

Directions to Whiston Hospital

By Car:

M62 exit Junction 6 - follow signs for Whiston/Whiston Hospital

M57 exit Junction 1 towards Prescot on A58. Whiston Hospital is located 2 miles from the junction.

The route from St Helens Hospital to Whiston Hospital is clearly signposted throughout the journey.

By Bus:

Bus Route: No. 89, No. 10A & No. 61 drop off outside Whiston Hospital. For more information contact Arriva on **0344 800 4411** or visit <https://www.arriva.co.uk/>

By Rail:

There are four train stations in the surrounding areas. These are Prescot, Whiston, Rainhill and Eccleston Park Stations. For more information, contact National Rail Enquiries on **08457 484 950** or visit www.nationalrail.co.uk