

How to order replacement neoprene finger sleeve

Telephone: 0151 430 1237

State: For the attention of Pam/Sandra

Leave your:

- Name
- Address
- Telephone number
- Request for garments or report any problems

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Neoprene Finger Sleeve

This leaflet can be made available
in alternative languages / formats on request.

如有需要，本传单可提供其他语言/版式
此單張的其他語言/格式版本可按要求提供

Na żądanie ta ulotka może zostać udostępniona
w innych językach/formatach.

Therapist: _____

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How a Finger Sleeve Works

A neoprene finger sleeve is a garment made of material which has a three way stretch. It may have a double layer of material on one side. It can be used to treat swelling and/or loss of ability to straighten the finger.

The garment provides an even pressure around the finger, thus helping to reduce any swelling in the finger. The double layer of material provides added tension which helps to hold the finger in a straighter posture, but still allow movement of the finger.

In order for the garment to be effective it must be worn as instructed below.

How To Wear the Finger Sleeve

Place the finger sleeve over the affected finger wearing it with the seams on the outside, and the double layer of material over the back of the finger.

Wear the finger sleeve continuously, only removing it to wash and cream massage the finger twice a day.

You may be instructed to wear a splint instead of the sleeve in bed at night, this will be decided by your therapist. Change into a clean one daily.

Exercise the finger as instructed by your therapist whilst wearing the garment. If movement is limited by the garment then remove it for the exercise session, replacing it when you have completed the exercises.

Your therapist will guide you in this matter.

Warnings

REMOVE the finger sleeve if you develop:

- more swelling in the finger
- Pins and needles in the finger
- Numbness in the finger
- Blue finger tip
- Blistering or skin breakdown

Care of the Pressure Glove

Wash the garment in warm water (this is easy to do wearing it and washing your hands then removing it), let it dry naturally away from direct heat

These can be machine washed



Change into a clean one each day

Replacements can be ordered via the department over the telephone using the number on the back of this leaflet. Give reasons if any changes need to be made to the pattern, for example “too loose”, “too tight”, or “more required, no problems”

Wear the finger sleeve continuously for weeks, or until advised otherwise by your therapist