

You will be sent a follow up appointment in the post if applicable
If you do not receive a follow up in the post, please contact 0151 426 1600 and ask to speak to your consultant's secretary.

Your consultant is

Your nurses were:

Sanderson suite : 01744 646098

Whiston Hospital
Warrington Road,
Prescot, Merseyside, L35 5DR
Telephone: 0151 426 1600

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Examination under anesthetic (rectum)

Patient information leaflet

**If you need this leaflet in a different language or accessible format
please speak to a member of staff who can arrange it for you.**

اگر به این بروشور به زبان دیگر یا در قالب دسترس پذیر نیاز دارید،
لطفاً با یکی از کارکنان صحبت کنید تا آن را برای شما تهیه کند.

Jeśli niniejsza ulotka ma być dostępna w innym języku lub formacie,
proszę skontaktować się z członkiem personelu, który ją dla Państwa przygotowuje.

Dacă aveți nevoie de această broșură într-o altă limbă sau într-un format accesibil,
vă rog să discutați cu un membru al personalului să se ocupe
de acest lucru pentru dumneavoastră

如果您需要本传单的其他语言版本或无障碍格式，请联系工作人员为您安排。

إذا احتجت إلى هذه النشرة بلغة أخرى، أو بتنسيق
يسهل الوصول إليه، يرجى التحدث إلى أحد الموظفين لترتيب ذلك لك.

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What is an Examination Under Anaesthetic (EUA) (Rectum)?

EUA is an investigation carried out under a general anaesthetic (whilst you are asleep) to obtain more information about your symptoms. This will involve looking in the anus (back passage) and bowel. A small telescope may be inserted into your rectum that helps the surgeon identify anything unusual. In addition small pieces of tissue may be removed and sent to the laboratory to be examined under the microscope.

Why do I need an EUA?

Usually it is to investigate the cause of your symptoms, for example:

- Pain in and around the anus caused by spasm.
- Difficulty opening your bowels.
- Bleeding when opening your bowels.
- Itching in and around the anus (bottom).

Are there any risks involved?

Complications are unusual, but are rapidly recognised and dealt with by the nursing and medical staff. Such as:

- Perforation (puncture) of the bowel.
- Recurrent pain or spasm.
- Chest infection especially if you smoke.
- Bleeding/infection/inflammation.

What should I expect after the examination?

- You should expect to feel sore for a day or so. Once the anaesthetic starts to wear off, simple painkillers that you normally take at home should alleviate any pain or discomfort. It is advisable to avoid codeine as this can cause constipation.
- You may experience some bleeding which usually settles by itself.

How long will it take me to recover?

- You are likely to feel tired and need to rest for the first day or two.
- We advise you to have a high fibre diet and drink plenty of water, this will help your bowels.
- **Do not** rub, scratch, or use creams (unless they have been prescribed by your doctor or consultant) on or around the anus.
- Wash and clean around the anus each morning and night, also after every bowel movement.

You may need to see your GP/walk in centre if:

- You have experience any abdominal pain.
- Have increasing pain, redness, swelling or discharge.
- Have severe bleeding or constipation for more than three days, despite using a laxative.
- Have difficulty in passing urine, high temperature (over 38°C), chills or persistent nausea or vomiting.