

## Research active areas

Areas where research takes place (but not limited to).



**Research active hospitals have better patient outcomes. Not only this, but we also know that patients really value the opportunity to take part in, and benefit from, research taking place in their local hospital.**

**Dr William van't Hoff, NIHR clinical director for NHS Engagement**

## Contact information

We are a research active Trust, if you have any questions about research contact one of our sites

### Southport and Ormskirk hospitals

Email: [soh-tr.researchsonhs@merseywestlancs.nhs.uk](mailto:soh-tr.researchsonhs@merseywestlancs.nhs.uk)  
Phone: 01695 656419

### Whiston, St Helens and Newton hospitals

Email: [research@sthk.nhs.uk](mailto:research@sthk.nhs.uk)  
Phone: 0151 290 4898

Visit our research websites for more information:

[Southport and Ormskirk hospitals](#)



[Whiston, St Helens and Newton hospitals](#)



Mersey and West Lancashire  
Teaching Hospitals  
NHS Trust

## Research, Development and Innovation (RDI) department

### Research information leaflet

**A research active Trust**



[www.MerseyWestLancs.nhs.uk](http://www.MerseyWestLancs.nhs.uk)

Author: RDI Manager  
Department: Research, development & innovation department  
Document number: MWL2302  
Version: 001  
Review date: 01/08/2027

## About us

At Mersey and West Lancashire Teaching Hospitals NHS Trust (MWL), we are committed to looking into new ways to prevent, manage and treat diseases. Research is a way of gaining new knowledge, it is important as it helps us to improve treatments and services.

Research at MWL ranges from genetic studies and questionnaires, to complex, randomised controlled trials testing new drugs and therapies on often rare conditions.

The research team work together to ensure that each research study is run safely and to a high standard. The team may include research nurses, midwives, doctors, pharmacists, physiotherapists, occupational therapists and scientists.

Research is a core function of the NHS, we need research to improve health and wellbeing now and in the future.

## Research at MWL

As we are a research active Trust, you may be approached during your stay in hospital or at an outpatient clinic appointment by one of our research staff to take part in research.

Before taking part in any research study you will have a discussion with a member of the research team, who will provide you with a Participant Information Sheet (PIS) which will explain what will happen to you before, during and after the study. You will be given time to consider the information before agreeing to take part.

If you decide to take part in a research study you will be asked to give your consent.

Participation in research is always voluntary and patients are free to withdraw from research studies at any time, without prejudicing their current or future treatment. All information is anonymised, stored securely, treated in strictest confidence and is not passed on to anyone outside the research team without your consent.

## Benefits of research

There are a variety of different reasons why you may want to take part in research, such as:

- Access to medication or treatment that is very new and is not yet available in routine care in the NHS.
- Taking an active role in your own health and care.
- Making a difference by helping to improve treatments and quality of life, now and for future generations.
- Supporting health research for a particular condition or disease that you care about.
- Support from the research team throughout the duration of the study.

### Your feedback is important

You will be given a questionnaire asking for your feedback on how you felt during your research journey. This is called a Participant in Research Experience Survey (PRES) and is anonymous.

Feedback from a participant:

'The feeling of giving something back for example - in order to add to research that may help others. On a personal note my participation meant that I have benefited from regular check-ups for much longer.'