

Fibroepithelial polyp

This leaflet has been designed to improve your understanding of your condition and explain any treatment, if necessary. If you have any other questions that the leaflet does not answer or would like further explanation please ask.

What is a Fibroepithelial Polyp (FEP)?

It is a firm, pink, painless swelling, usually appearing on the cheeks, lips and tongue. Fibroepithelial polyps often develop in sites of trauma, most commonly on the cheek or side of the tongue. It affects all age groups.

How is it treated?

Not all FEPs need to be removed. Treatment is only required if the polyp is being traumatised by biting or becomes visible. If the FEP needs to be removed, this will be done under local anaesthetic (the area will be numbed).

There may be students and observers present during your consultation as part of their ongoing training. Please let the staff know if you do not wish any students to be present during your attendance.

Please ask a member of staff if you would like a chaperone present during your procedure.

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