For further information please contact your COPD nurse specialist:

365 days a year 8:30am - 7.00pm

St. Helens Community COPD Rapid Response Lowe House Crab Street St. Helens WA10 2DJ

Tel: 0151 430 1553

Email: sthelens.copd@nhs.net

Alternatively speak to your local pharmacist or GP for advice.

#### **References:**

https://www.medicines.org.uk/emc https://bnf.nice.org.uk/

### **Ipratropium Bromide Nebuliser Solution**

If you need this leaflet in a different language or accessible format please speak to a member of staff who can arrange it for you.

> اگر به این بروشور به زبان دیگر یا در قالب دسترس پذیر نیاز دارید، لطفاً با يكي از كاركنان صحبت كنيد تا آن را براي شما تهيه كند.

Jeśli niniejsza ulotka ma być dostępna w innym języku lub formacie, proszę skontaktować się z członkiem personelu, który ją dla Państwa przygotuje.

Dacă aveți nevoie de această broșură într-o altă limbă sau într-un format accesibil, vă rog să discutați cu un membru al personalului să se ocupe de acest lucru pentru dumneavoastră

#### 如果您需要本传单的其他语言版本或无障碍格式,请联系工作人员为您安排。

إذا احتجت إلى هذه النشرة بلغة أُخرى، أو بتنسيق يسهل الوصول إليه، يرجى التحدث إلى أحد الموظفين لترتب ذلك لك.

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#### Why have I been prescribed lpratropium?

Ipratropium belongs to a group of medicines called anticholinergics, which act as bronchodilators, which help to open up the air passages in your lungs so that you can breathe more easily.

Ipratropium nebuliser solution may help make breathing easier in patients, who have long standing breathing difficulties.

The Ipratropium nebuliser solution has been prescribed for you to support an exacerbation of your Chronic Obstructive Pulmonary Disease (COPD).

## What are the ingredients and dose of lpratropium nebuliser solution?

- Ipratropium Bromide 250mcg/1ml or 500 mcg/2ml.
- Sodium Chloride, water for injection and Hydrocholoride Acid 2ml.

### **Reporting of side effects**

If you experience any side effects please talk to your GP, pharmacist or COPD nurse specialist. This includes any other side effects that are not listed in this leaflet.

You can also report side effects directly to the yellow card scheme website: www.mhra.gov.uk/yellowcard or search for MHRA yellow card in google play or apple app store.

#### Care of your compressor

Your COPD nurse specialist will provide you with a booklet to care for your compressor at home.

#### **Common side effects (1 in 10 people)**

- Headaches
- Dizziness
- Cough and throat irritation
- Dryness of mouth
- Nausea and or vomiting (feeling or being sick).

#### Uncommon side effects (1 in 100 people)

- Skin rash or itch
- Blurred vision, dilated pupils, glaucoma, painful stinging, red or swelling of the eyes, seeing colours or lights
- Mouth or lip sores
- Unexpected tightness of the chest, swelling of the throat, dry throat
- Diarrhoea, constipation or being sick
- Problems urinating

#### Rare side effects (1 in 1000 people)

- Difficulty focusing
- Nettle rash (urticarial)
- Increased heart rate or irregular rhythm such as atrial fibrillation

#### When and how often to take the nebuliser solution?

Your COPD nurse specialist may tell you to use your nebuliser at regular times, every day or as required.

Please always check the expiry date on the side of the package of the ampoule and ensure your medication is in date.

Your dose may be either 250mcg/1ml or 500mcg/2ml three or four times per day.

Always use Ipratropium nebuliser exactly as your are told by the team.



Start date of treatment: \_\_\_\_\_

Stop date: \_\_\_\_\_

Drug Name	Dose	Breakfast	Lunch	Dinner	Bed

If you forget to take a dose of your Ipratropium nebuliser solution, contact the COPD nurses on 0151 430 1553. Take it when the next dose is due.

# Contact your COPD nurse specialist about using your nebuliser

Contact your COPD nurse specialist, GP or 999:

- If you are not getting relief from your current dose.
- Your breathing is not improving or is getting worse.
- Your chest feels tighter.

These may indicate that your condition is not being controlled and you may need a review by a COPD nurse specialist or GP and in some cases a hospital admission.

### **Reactions and side effects**

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Inhaled drugs such as Ipratropium can cause acute wheezing and shortness of breath, if this happens stop using your Ipratropium immediately and seek medical advice.

All medication can cause allergic reactions, although serious allergic reactions are rare.

Please stop this medicine immediately if you get a sudden wheeziness, difficulty in breathing, swelling of the eyelids, face or lips, rash, itching or palpitations.