

Further Information

Ward Telephone Number

Sanderson Suite **01744 646098/ 646089**

Outpatients Appointment (if required) will be sent through the post. If you do not receive this, please ring **0151 426 1600** and ask to speak to the Urology Secretaries.

If you require urgent medical advice for what is not an emergency you can contact NHS 111.

Alternatively, you can access your local urgent care centre/walk in centre.

Who can I contact for more help or information?

Best Health (prepared by the British Medical Association)

NHS Clinical Knowledge Summaries (formerly known as Prodigy)

Royal College of Anaesthetists (for information about anaesthetics)

Royal College of Surgeons (patient information section)

BAUS (British Association of Urological Surgeons)

Whiston Hospital
Warrington Road,
Prescot, Merseyside, L35 5DR
Telephone: 0151 426 1600

St Helens Hospital
Marshall Cross Road,
St Helens, Merseyside, WA9 3DA
Telephone: 01744 26633

Rigid Cystoscopy +/- Procedure

Patient Information Leaflet Sanderson Suite

If you need this leaflet in a different language or accessible format please speak to a member of staff who can arrange it for you.

اگر به این بروشور به زبان دیگر یا در قالب دسترس پذیر نیاز دارید، لطفاً با یکی از کارکنان صحبت کنید تا آن را برای شما تهیه کند.

Jeśli niniejsza ulotka ma być dostępna w innym języku lub formie, proszę skontaktować się z członkiem personelu, który ją dla Państwa przygotowuje.

Dacă aveți nevoie de această broșură într-o altă limbă sau într-un format accesibil, vă rog să discutați cu un membru al personalului să se ocupe de acest lucru pentru dumneavoastră

如果您需要本传单的其他语言版本或无障碍格式，请联系工作人员为您安排。

إذا احتجت إلى هذه النشرة بلغة أخرى، أو بتنسيق يسهل الوصول إليه، يرجى التحدث إلى أحد الموظفين لترتيب ذلك لك.

Cystoscopy Procedure

Cystoscopy involves inspection of the bladder and urethra with a telescope passed along the penis in men or through the urethra (waterpipe) in women.

Urethral dilatation (stretching of the water pipe) to make passing water (urine) easier.

Vesical-distension (stretching the bladder) this can improve your ability to hold larger amounts of urine.

Cysto-diathermy this is burning away any growths found in the bladder.

Biopsies (taking a sample of tissue) may be taken and sent to laboratory for investigation.

We normally use either a general anaesthetic (where you will be asleep) or a spinal anaesthetic (where you will be unable to feel anything from the waist down).

We may give you an injection of antibiotics before the procedure.

We put a telescope into your bladder through the urethra (waterpipe) to inspect the interior of your bladder.

We may take small biopsies from any abnormal areas and cauterise the biopsy sites to stop any bleeding.

Post Operative Information

Occasionally, we put in a bladder catheter which is removed subsequently; this is more likely if we have taken biopsies.

Most patients go home on the same day as their procedure, provided they have passed urine satisfactorily.

- It is normal to experience mild cystitis-like symptoms (burning sensation when passing urine). Drinking plenty of fluids (mainly water) should improve this.
- Expect to see some mild bleeding in your urine for a short time afterwards.
- If you develop a fever, frequent passage of urine, severe pain on passing urine, inability to pass urine or worsening bleeding, seek medical advice immediately. Attend your Walk In Centre/Urgent Care Centre or Phone 111 for advice.
- Simple analgesia such as paracetamol will help ease any discomfort. Please read instructions carefully regarding dosage.
- You may return to work when you are comfortable enough or as your surgeon advises.
- You will be given a copy of your discharge summary and a copy will also be sent to your GP.