



## St Helens Community COPD Rapid Response Service

Tel: 0151 430 1553

Email: [Shelens.copd@nhs.net](mailto:Shelens.copd@nhs.net)



BreathingPoint.co.uk  
**Supporting lung health in  
Cheshire and Merseyside**



Whiston Hospital  
Warrington Road,  
Prescot, Merseyside, L35 5DR  
Telephone: 0151 426 1600

St Helens Hospital  
Marshall Cross Road,  
St Helens, Merseyside, WA9 3DA  
Telephone: 01744 26633

 /sthknhs  @sthk.nhs  
[www.sthk.nhs.uk](http://www.sthk.nhs.uk)

## Protecting Health Care Professionals from the Dangers of Passive Smoking

This leaflet can be made available  
in alternative languages / formats on request.

如有需要，本传单可提供其他语言/版式  
此單張的其他語言/格式版本可按要求提供

Na żądanie ta ulotka może zostać udostępniona  
w innych językach/formatach.

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## Taking care of the people who take care of you



[Home - St Helens Wellbeing \(sthelenswellbeing.org.uk\)](http://sthelenswellbeing.org.uk)

**Help our staff to work in a smoke free environment**

## Notes

**The NHS is smoke free. Please consider our staff when they visit you at home and make sure they can work in a smoke free atmosphere.**

**Second-hand smoke, or passive smoking has been shown to be harmful to health.**

We have a legal duty to protect our staff and we are asking for your help to protect them from second-hand smoke.

### **While our staff are in your property please:**

- Do not smoke or let anyone else smoke in the home.
- Whenever possible, ask other smokers to go outside to smoke.

### **We will help you by:**

- Giving you an estimated time when our staff are planning to visit you at home, for example a morning or an afternoon visit.

### **Providing a safe place to work:**

- We ask our staff to assess whether the places they work in are safe or them to enter. We will support them if they decide to leave somewhere which they consider unsafe.
- We provide our staff with filtered masks should they decide to wear them to protect themselves from the harmful effects of second-hand smoke.

## While our staff are in your property please:

- Do not smoke or let anyone else smoke in the home.
- Whenever possible, ask other smokers to go outside to smoke.

## We will help you by:

- Giving you an estimated time when our staff are planning to visit you at home, for example a morning or an afternoon visit.

## You can help by:

- Keeping one room smoke free prior to the visit.
- Do not smoke in the room in which you will be cared for at least 2 hours prior to treatment commencing.
- Open windows before the visit.
- Don't smoke in the home whilst staff are in your home.

## Stopping Smoking Services

If you would like help to give up smoking, please contact:

Stop Smoking Services

St Helens Area Phone: St Helens Wellbeing on 01744 371111

Halton Area Phone: Health Improvement Team on 0300 0290029

## Additional Support is available form:

Asthma + Lung UK ([asthmaandlung.org.uk](http://asthmaandlung.org.uk))  
<http://smokefree.gov/>  
<http://smokefree.nhs.uk/quit-tools/>



**Thank you for your support**