

Further information can be found at:

www.rcoa.ac.uk/patientinfo



St Helens and Knowsley
Teaching Hospitals
NHS Trust

General Anaesthetic Advice Sheet

Sanderson Suite

This leaflet can be made available
in alternative languages / formats on request.

如有需要，本传单可提供其他语言/版式
此單張的其他語言/格式版本可按要求提供

Na żądanie ta ulotka może zostać udostępniona
w innych językach/formatach.

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General Anaesthetic Advice

You may not be able to think clearly after an anaesthetic or after you have been given sedation medicine for up to 24 hours. During this time you **should**:

- Have a responsible adult accompany you home, and stay with you for a minimum of 24 hours following your operation.
- Not travel home by public transport.
- Not be left alone, or be left to look after dependant relatives, (children or elderly adults).
- Not drink alcohol or smoke for 24 hours after your operation.
- Not drive a car or ride a bike for 24 hours after your operation.
- Not operate any machinery, including domestic appliances, eg kettles, ovens, pots, pans, for 24hrs after your operation.
- Not lock yourself in any rooms alone, eg bathroom, preventing emergency access to you.
- Not make any important decisions or sign any legal documents for 24 hours following your operation.
- Not return to work within 24 hrs of your operation.
- Not post anything on social media.

Medication

Please take your usual medication as normal, unless you are told not to by your surgeon.

If you have been prescribed any medication to take at home, please follow the instructions carefully.

Further Information

You have/have not been prescribed painkillers to take at home, these are:-

1. _____

These can be taken after _____ am/pm

2. _____

These can be taken after _____ am/pm

3. _____

These can be taken after _____ am/pm