

Please note:

For accurate results, the specimen should reach the laboratory **within 2 hours** of being produced.

The specimen must be brought to the **Visitors Reception, Pathology Laboratory, Nightingale House at Whiston Hospital** (by you or your partner) within 2 hours of production.

Microbiology Department 0151 430 1837

Post Vasectomy Semen Analysis

If you need this leaflet in a different language or accessible format please speak to a member of staff who can arrange it for you.

اگر به این بروشور به زبان دیگر یا در قالب دسترس پذیر نیاز دارید، لطفاً با یکی از کارکنان صحبت کنید تا آن را برای شما تهیه کند.

Jeśli niniejsza ulotka ma być dostępna w innym języku lub formie, proszę skontaktować się z członkiem personelu, który ją dla Państwa przygotowuje.

Dacă aveți nevoie de această broșură într-o altă limbă sau într-un format accesibil, vă rog să discutați cu un membru al personalului să se ocupe de acest lucru pentru dumneavoastră

如果您需要本传单的其他语言版本或无障碍格式，请联系工作人员为您安排。

إذا احتجت إلى هذه النشرة بلغة أخرى، أو بتنسيق يسهل الوصول إليه، يرجى التحدث إلى أحد الموظفين لترتيب ذلك لك.

Whiston Hospital
Warrington Road,
Prescot, Merseyside, L35 5DR
Telephone: 0151 426 1600

St Helens Hospital
Marshall Cross Road,
St Helens, Merseyside, WA9 3DA
Telephone: 01744 26633

Instructions for Collecting Post Vasectomy Semen

You have been asked to bring a semen sample to the laboratory following your vasectomy.

The sample should be produced 16+ weeks post surgery.

Please follow the instructions below:-

Appointment

You must have an appointment before bringing a sample to the laboratory.

A specimen brought without an appointment will not be examined.

Post vasectomy samples can only be undertaken by specially trained staff.

Please telephone the laboratory on **0151 430 1831** or **0151 430 1837** to arrange an appointment. The appointment booking service will be open from **Monday to Sunday** from **8am to 7pm**.

Post vasectomy clinics will run every week on a **Tuesday** and **Thursday** between **1-3pm**.

The specimen must be brought to the Pathology Laboratory, Nightingale House at Whiston Hospital (by you or your partner) on the date and time arranged with the laboratory.

Collecting the sample

- Before collecting the sample, it is important that **you have not had sexual intercourse or masturbated within the past 48 hours**.
- However, you should not have abstained from sex or masturbation for more than **seven days**.
- The laboratory will ask questions about your sample.
- Wash your hands.
- Rinse and dry thoroughly as soap is harmful to sperm.
- **Use the sterile container provided**
- **Do not** use a sheath/condom as these are harmful to sperm.
- **Do not** open the container until you are ready to produce the sample.
- Collect the sample by masturbation, collecting the **entire specimen** in the container. If you are unable to produce the sample by masturbation please contact your GP or referring clinician for referral to a clinician led andrology clinic at the Liverpool Womens Hospital.
- Seal the container **immediately** afterwards.
- Write your **name, date of birth, date and time** of production of the sample on the label of the container.
- **Keep the sample warm** by carrying it under your clothing near to your body.