

If, after reading this leaflet you have any further questions,
please contact your doctor or discharge ward on:

Whiston Hospital
Warrington Road,
Prescot, Merseyside, L35 5DR
Telephone: 0151 426 1600



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St Helens and Knowsley
Teaching Hospitals
NHS Trust

Reducing the risk of cross infection in St Helens and Whiston Hospitals

This leaflet can be made available
in alternative languages / formats on request.

如有需要，本传单可提供其他语言/版式
此單張的其他語言/格式版本可按要求提供

Na żądanie ta ulotka może zostać udostępniona
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What can you do to help reduce the risk of cross infection within the hospital?

If you are visiting a member of the family or a friend in hospital, there are number of things you can do to help prevent the spread of infection, for example MRSA, **CDI COVID**.

Getting an infection in hospital may mean that the patient discharge is postponed whilst the infection is being treated.

We want to prevent our patients getting these infections in the first place.

Remember: hospitals have many vulnerable patients.

Infection Prevention is the responsibility of **everyone** who comes into the hospital.

We ask that you:

Adhere to visiting times and to the number of visitors allowed.

2 visitors at a time, per patient.

All visitors are asked to clean their hands with the **hand sanitiser** using the dispensers at the ward entrance and patients bedside.

We ask that you adhere to any guidance such as the wearing of masks and social distancing during the **COVID pandemic**.

If you visit someone in an isolation room, wash and dry your hands **before and after** entering the room.

Do not sit on the commode, bed or use patients toilet whilst visiting.

Visitors' chairs are available on all wards.

Do not visit if you are feeling unwell or have an infection such as flu, heavy cold, skin infection or diarrhoea and vomiting for at least 48 hours after symptoms cease.

Limit the amount of presents, food items and books which can cause clutter and make cleaning difficult.

Do not touch your relative's/friend's wound or any other devices such as drips or catheters.

Politely question staff if you feel that what they are doing is not safe, and ask for an explanation.

(There may be very good reason why they are doing what they are doing, but on the other hand you may have good reason to question them).

If you are worried or unsure about any infection prevention issues ask the nurse in charge to explain, or ask to speak to a member of the Infection Prevention Team.