

How to order replacement pressure glove

Telephone: 0151 430 1237

State: For the attention of Pam/Sandra

Leave your:

- Name
- Address
- Telephone number
- Request for garments or report any problems

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Pressure Glove

This leaflet can be made available
in alternative languages / formats on request.

如有需要，本传单可提供其他语言/版式
此單張的其他語言/格式版本可按要求提供

Na żądanie ta ulotka może zostać udostępniona
w innych językach/formatach.

Therapist: _____

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How a Pressure Glove Works

A pressure glove is a garment made of elasticated lycra material which has a three way stretch.

The garment provides an even pressure to the hand around the swollen area, thus helping to reduce the amount of swelling in the hand.

If there are any scars on the hand, the glove may help to flatten the scar and reduce redness.

In order for the garment to be effective it must be worn constantly as instructed below.

How To Wear the Pressure Glove

Place the pressure glove over the affected hand wearing it with the seams on the outside. Make sure the glove is fitted correctly working the material down in between the fingers into the web spaces

Wear the glove continuously, only removing it to wash and cream massage the fingers/hand. Carry this out twice a day. Change into a clean one daily.

Exercise the hand as instructed by your therapist whilst wearing the garment. If movement is limited by the garment then remove it for the exercise session, replacing it when you have completed the exercises.

Your therapist will advise you in this matter.

Warnings

REMOVE the pressure glove if you develop:

- more swelling in the finger
- Pins and needles in the finger
- Numbness in the finger
- Blue finger tip
- Blistering or skin breakdown

Care of the Pressure Glove

Wash the garment in warm water (this is easy to do wearing it and washing your hands then removing it), let it dry naturally away from direct heat

These can be machine washed



Change into a clean one each day

Replacements can be ordered via the department over the telephone using the number on the back of this leaflet. Give reasons if any changes need to be made to the pattern, for example “too loose”, “too tight”, or “more required, no problems”

Wear the glove continuously for weeks, or until advised otherwise by your therapist