

**The Advice Line Service: 01744 646454**

We have an answer phone service in the Rheumatology Department if you require any advice or need to change your therapy appointment.

Remember to speak slowly and clearly state the name of the person who the message is for.

Leave your name, hospital number and contact number.

### **When will we call you back?**

If you call the Advice Line Monday - Friday we will attempt to call you back on 2 occasions within 2 working days.

The advice line is not open at weekends or bank holidays and is not for medical emergencies.

St Helens Hospital  
Marshall Cross Road,  
St Helens, Merseyside, WA9 3DA  
Telephone: 01744 26633



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# Rheumatology MDT Foot Clinic

This leaflet can be made available  
in alternative languages / formats on request.

如有需要，本传单可提供其他语言/版式  
此單張的其他語言/格式版本可按要求提供

Na żądanie ta ulotka może zostać udostępniona  
w innych językach/formatach.

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## Why should I attend the foot clinic?

The aim is to help you understand and manage your foot problem.

## What does a Podiatrist do?

A Podiatrist looks at and assesses all of your foot health needs, which involves:

- A vascular assessment
- A neurological assessment
- A functional/mechanical assessment
- A footwear/insole assessment
- A skin and nails assessment
- Education on maintaining healthy feet

## What does your appointment involve?

Depending upon your individual needs, an appointment consists of **either**:

An assessment by a Podiatrist to identify your individual foot problem and agree an appropriate treatment plan. This may involve general advice on foot care/footwear/referral to your local podiatry service.

You may also be referred to the Orthotic Department for insoles and or footwear.

### Or

An assessment by the Rheumatology Therapy Team (Podiatrist, Physiotherapist and Occupational Therapist). This is a group assessment of your individual problem and how to best manage this.

Each appointment will take approximately 30 minutes.

You will have the opportunity to arrange individual appointments with any of the Rheumatology staff should you require this.

You will have opportunity to ask questions about your foot condition and express any concerns you may have.

## What do I need to bring?

- Shoes/insoles normally worn
- A list of your questions/concerns
- A list of medication and if appropriate any foot dressings currently in use

## Parking

St Helens Hospital now has a pay and display car park. If you hold a blue disability badge there are limited spaces allocated for your use. Please note these also incur charges after 20 minutes.

## Location

Your appointments will be at St Helens Hospital, Rheumatology Department, Ground Floor, Purple Zone.

## Who are the team members?

Lead Podiatrist	Zoe Critchley
Physiotherapist	Debbie Lenton
Occupational Therapist	Yvonne Hough
Orthotist	Sandie Wilson