

Education

Sexual Health education/health promotion to patients to empower them to make informed choices along with access to condoms.

Training for professions

We offer HIV updates to professionals and bespoke training sessions to those caring for people with HIV.

These can be arranged by contacting the specialist nurse team on the contact details provided.

To contact the HIV team:

Abbie Bateman
HIV Specialist Nurse 01744 646482

HIV Team 01744 646482

HIV Support Practitioner 01744 457243
07341 795401

Email: specialist.nurse@sthk.nhs.uk

Out of hours:

For emergency advice, please contact:

Ward 3Y at The Royal Liverpool University Hospital on:

0151 706 2000

www.getiton.org.uk

Whiston Hospital
Warrington Road,
Prescot, Merseyside, L35 5DR
Telephone: 0151 426 1600

 /sthknhs  @sthk.nhs
www.sthk.nhs.uk

HIV Service Information for GPs

This leaflet can be made available
in alternative languages / formats
on request.

如有需要，本传单可提供其他语言/版式
此單張的其他語言/格式版本可按要求提供

Na żądanie ta ulotka może zostać
udostępniona
w innych językach/formatkach.

Author: HIV Specialist Nurse
Department: Sexual Health
Document Number: STHK1088
Version: 002
Review Date: 01 / 11 / 2024

What we offer

We offer specialist HIV care from first diagnosis to growing old with HIV, delivered by a consultant and specialist nurse team to individuals living with HIV.

We deliver our main HIV hospital clinics from St Helens Sexual Health Department and also provide a HIV outreach service which includes providing home visits, inpatient reviews and other clinical support outside of the hospital environment.

Our clinic

We provide both consultant and nurse led clinics from which patients can be reviewed and care planned.

Annual nurse reviews are offered to stable patients give an opportunity for support needs to be assessed and appropriate referrals made in addition to yearly medical and lifestyle checks.

We provide preconception advice, support during pregnancy, contraception and menopause.

Multidisciplinary Team

Weekly multi-disciplinary team meetings are held with the nursing and consultant team to ensure continuity, planning and coordination of care.

We have established referral pathways for our service users with specialist clinics.

These include a monthly joint HIV/ dermatology clinic, clinical psychology providing for mental health needs and direct access to the frailty clinic.

GPs

With the patients consent we will ensure that the GP is kept up to date in the form of clinical letters to ensure the patients have a multi-team approach to their care.

Holistic Support

In addition to the clinical team, we have a HIV support worker who works within the team to help provide and coordinate non-clinical elements of care.

We have links with third sector and community services such as Sahir House which patients known to the service can access.

Aging with HIV

HIV is a lifelong condition and many people lead long, happy and healthy lives.

As treatments have improved, so has the quality of people's lives with HIV.

It is important to recognise that not everyone who is ageing with HIV is disadvantaged and many people fifty and over are living well and fulfilling lives unaided, however it is also essential to acknowledge the reality of many people's lives and to support them to live independently and well.

Our team are sensitive to our patients needs and with the help of the annual nurse review and holistic assessment the team can help patients plan for and address these needs as they arise.

Health Promotion

We help reduce stigma within the community using the message U=U (Undetectable + Untransmittable) and celebrate awareness days.

We carry out testing within the local community to help break down barriers and access hard to reach groups.