

Contact details

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Stroke Services

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5C/D Stroke Unit Admission Information

**Patient Information
Leaflet**

**Whiston Hospital
Warrington Road
Prescot L35 5DR**

What has happened?

It is suspected/confirmed that you (or your relative) have had a stroke or TIA.

A stroke happens when the blood supply to part of the brain is cut off and brain cells are damaged or die. It is a medical emergency. In the UK, one person every 3½ minutes will suffer a stroke (The Stroke Association).

Stroke is sudden and the effects are immediate.

It will be discussed with you why this has happened and what effect it has had on you during your stay on the Stroke Unit.

What is the 'Stroke Unit'?

Stroke patients are proven to get better outcomes if treated within a specialist stroke unit. The Stroke Unit at Whiston Hospital is an area covering 2 wards on the 5th Floor. These wards are staffed with a dedicated, specialist team who will look after you from your admission to the day you leave hospital. Some members of the team will continue to see you after your discharge from hospital.

The specialist team consists of:

- Stroke Consultants
- Registrars and Junior Doctors
- Stroke Nurse Specialists
- Staff Nurses and Health Care Assistants
- Physiotherapists and Occupational Therapists

- Speech and Language Therapists
- Therapy Assistants
- Stroke Research Nurse
- Dieticians
- Clinical Psychologist
- The Stroke Association
- Student Nurses and Cadets
- Caterers and Domestic Staff

What to expect during your stay on the Stroke Unit

5C is the 'Acute' area of the unit and has 16 beds (8 Hyper Acute and 8 Acute).

When you are transferred from the A&E Department, you will go into a bed in the Hyper Acute bay. This is an area where your condition will be monitored for up to 24 hours.

Following this initial close observation period, you will be transferred to an acute bed for up to 72 hours. This bed is within the same ward area.

Please note that these time scales may alter depending on your condition.

You may even be discharged from this area if medically well.

5D is the Rehabilitation area of the Unit. When your condition is stable you will be transferred to this area to continue with therapy goals and discharge planning arrangement

Throughout your admission, you may encounter some moves around the ward areas. It is important to tell you that these moves are done to help the team monitor and care for you in the most appropriate way following your stroke. 5C and 5D is all one unit so you will have the same Doctors and Therapists throughout your admission.

Warrington Residents

The Trust provides a Hyper Acute service to eligible patients in the Warrington and Halton areas outside the working day. If you are admitted to Whiston Hospital for this service, you will be listed for a bed at Warrington Hospital when the team feel that you are ready to be transferred.

If you have any questions regarding any aspect of your stay on the Stroke Unit, please feel free to speak to any member of the team.