

Contact the ward:

If you have any worries at all about your surgery please phone Sanderson Suite on 01744 646098 or 4B ward on 0151 430 1637 for advice from the nursing staff. Please do not return to the ward before seeking advice from a member of nursing staff.

Other useful organisations:

<http://www.patient.co.uk/>

<http://www.nhsdirect.nhs.uk/index.asp>

<http://www.patientsupport.org.uk/>

Please take time to read this information and if you have any questions please speak to a member of the nursing team.

This leaflet can be made available in alternative languages/formats on request.

Whiston Hospital
Warrington Road,
Prescot, Merseyside, L35 5DR
Telephone: 0151 426 1600



www.sthk.nhs.uk

Ear Surgery

This leaflet can be made available
in alternative languages / formats on request.

如有需要，本传单可提供其他语言/版式
此單張的其他語言/格式版本可按要求提供

Na żądanie ta ulotka może zostać udostępniona
w innych językach/formatach.

Author: ENT Department
Department: Surgical care
Document Number: STHK1023
Version: 3
Review date: 01 / 09 / 2024

Today you have had an operation on your right/left ear, under a general anaesthetic, (when you are asleep).

You have had an examination of the post-nasal space (the area at the back of the nose)

You have had a Myringotomy, (a small cut was made in the eardrum and any fluid was sucked out).

A plastic tube, (called a Ventilation Tube or Grommet), may or may not be put into the eardrum.

The grommets usually fall out after 6 - 12 months.

If you have any questions about your care, please speak to a member of the ward staff who will be happy to help.

Your nurse today is

You will need a clinic appointment, which will be sent out to you in the post.

You may feel some dizziness for a couple of days.

This is normal and will soon pass.

Until you return to clinic you are advised to do as follows:

Keep your ear/s dry.

Soak a cotton wool ball in Vaseline and place in your ear/s when having your hair washed.

Do not go swimming until after you have been seen in clinic.

After this use earplugs.

No diving, jumping in, or swimming underwater whilst the grommets are in.

Take mild painkillers if needed. (What you would normally take for a headache.)

If you develop severe earache or any discharge from the ear/s, seek medical advice from, e.g. your GP, walk-in centre, or go to your nearest Accident and Emergency department.