

How to contact us

If you are currently attending Whiston Hospital or St Helens Hospital ask your doctor or nurse to contact us.

If you are at home you can reach us on the following number:

0151 430 1189

Whiston Hospital
Warrington Road,
Prescot, Merseyside, L35 5DR
Telephone: 0151 426 1600



/sthknhs



@sthk.nhs

www.sthk.nhs.uk

What is the MDT?

This leaflet can be made available
in alternative languages / formats on request.

如有需要，本传单可提供其他语言/版式
此單張的其他語言/格式版本可按要求提供

Na żądanie ta ulotka może zostać udostępniona
w innych językach/formatach.

Author: Nurse Specialist
Department: Gastroenterology
Document Number: STHK1567
Version: 9.1
Review date: 01 / 11 / 2023

Every patient who has a diagnosis of cancer has to be discussed at a multi-disciplinary team meeting (MDT). An MDT comprises of medical and non-medical professionals who are responsible for your care. It will include doctors (surgeons, pathologists, radiologists, oncologists to name a few), specialist nurses and allied health professionals such as dieticians and physiotherapists.

The MDT will meet as a collective group to decide what the best treatment is to recommend for your cancer. This ensures that the most appropriate treatment is planned for you. The MDT meeting takes place once a week.

You will be discussed at the MDT which focuses on cancer of the stomach and oesophagus, pancreas or liver, bile duct and gallbladder. All your investigation results will be reviewed and discussed along with your general health. The results of decisions made at the MDT will be carefully recorded in your file and discussed with you at clinic.

The following is a list of the MDT core members who work together in preparing your treatment plan:

Consultant Gastroenterologist specialises in the non-surgical treatment of cancer of the stomach and oesophagus

Consultant Surgeon removes or controls cancer by surgery

Consultant Radiologist views images from machines such as x-ray, computerised tomography (CT) to determine the extent of the cancer location and extent of cancer in the body

Consultant Histopathologists are doctors trained to look in detail at tissue samples to determine a diagnosis.

Consultant Oncologists are skilled in non-surgical forms of cancer treatment, including radiotherapy and chemotherapy.

Palliative Care Specialists are doctors or nurses who specialise in alleviating symptoms not curing, and provides support and information to patients and their families.

Nurse Specialists provide support and information to patients and their families throughout investigations, diagnosis and treatment. Helps patients make informed decisions about their treatment and guide them through the different services.

Dietitians are trained to provide advice on nutrition during illness and using diet to manage symptoms.

MDT Co-ordinator Co-ordinates the MDT meeting and provides administrative support.

Key Workers are responsible for co-ordinating your care and promoting continuity, ensuring you know who to contact for advice and information.

Key Worker & Contacts

With your consent, you will be allocated a key worker whose role is to co-ordinate your care and promote continuity e.g. ensuring you know who to contact for information and advice.

Key worker _____ Tel no. _____

Person telephone number

Gastroenterologist _____ Surgeon _____

Palliative Care _____ Oncologist _____

Nurse Specialist _____ Dietician _____