

Who can I contact for more help or information?

Best Health (prepared by the British Medical Association)
NHS Clinical Knowledge Summaries (formerly known as Prodigy)
NHS Direct
Patient UK
Royal College of Anaesthetists (for information about anaesthetics)
Royal College of Surgeons (patient information section)

Whiston Hospital
Warrington Road,
Prescot, Merseyside, L35 5DR
Telephone: 0151 426 1600



Vasectomy Aftercare Advice

This leaflet can be made available
in alternative languages / formats on request.

如有需要，本传单可提供其他语言/版式
此單張的其他語言/格式版本可按要求提供

Na żądanie ta ulotka może zostać udostępniona
w innych językach/formatach.

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- A vasectomy is regarded as an irreversible day case surgical procedure for men who do not wish to have more children and have completed their family. It will not protect you against sexually transmitted infections.
- It involves the bilateral removal of a small section of vas (sperm tube) and interposition of tissue between the divided and tied ends to prevent re-joining. It is usually performed under local anaesthetic but in exceptional circumstances a general anaesthetic may be necessary.
- It is unsafe to drive immediately after this procedure as it is common to experience some discomfort after the local anaesthetic wears off. There may also be some scrotal swelling and bruising with a small risk of bleeding and infection. You are advised to take the following day off work and sit quietly at home. You may resume normal activities such as work, exercise and sexual intimacy when you feel comfortable and able to do so. Up to 10% of patients may experience chronic testicular pain which may be severe in 1-2% of patients. Your skin sutures will dissolve within a few weeks and do not require removal.
- If you develop a high temperature, increased redness, throbbing or wound discharge, please contact your GP.
- You are not sterile immediately after your procedure and will need to continue using your usual contraceptive precautions until you are able to provide a semen sample at 16 weeks which show no motile sperms. Specific instructions on how to do this will be provided before your discharge from hospital. Failure of the procedure is possible but rare.
- If you experience any problems related to your operation following discharge home please contact the nurse in charge on Sanderson ward at St Helens hospital for advice via the number provided below.

Emergency Contact number
(Sanderson Suite / Ward)

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¹British Association of Urology (BAUS) website. Accessed on 07/09/2015

http://www.baus.org.uk/_userfiles/pages/files/Patients/Leaflets/Nephrostomy.pdf

Students

There may be students present during your consultation as part of their on-going training.

Please let the staff know if you wish to be seen by a doctor only.

Who can I contact if I have a problem when I get home?

If you experience any problems related to your surgery or admission once you have been discharged home. Please feel free to contact 4A, 4B or 4C ward for advice from the nurse in charge. They will assist you via the telephone, advise you return to your GP or ask you to make your way to the ED department at Whiston Hospital depending upon the nature of your concern.

4A Ward – 0151 430 1420
4B Ward – 0151 430 1637
4C Ward – 0151 430 1643