

Who can I contact for more help or information?

- Best Health (prepared by the British Medical Association)
- NHS Clinical Knowledge Summaries (formerly known as Prodigy)
- NHS Direct
- Patient UK
- Royal College of Anaesthetists (for information about anaesthetics)
- Royal College of Surgeons (patient information section)

Whiston Hospital
Warrington Road,
Prescot, Merseyside, L35 5DR
Telephone: 0151 426 1600



www.sthk.nhs.uk

Transurethral Resection of a Bladder Tumour (TURBT) Aftercare Advice

This leaflet can be made available
in alternative languages / formats on request.

如有需要，本传单可提供其他语言/版式
此單張的其他語言/格式版本可按要求提供

Na żądanie ta ulotka może zostać udostępniona
w innych językach/formatach.

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Your doctor has just removed a growth from your bladder by passing a telescope through your water pipe.

When you get home it is important to drink plenty of fluids (about 2 litres daily) for the first 24-48hrs to flush your system through

Your recovery may be enhanced by remaining active and resuming normal activities as soon as you feel able to do so.

It is common to experience the desire to pass urine more frequently than usual, to have a mild burning sensation while passing urine, lower abdominal discomfort, or blood in your urine for a few days following this procedure (blood in your urine may settle but then begin again and this can occur for up to 3 weeks after your operation).

Medical Intervention is not usually required.

If you develop a fever or your urine becomes cloudy or has an offensive odour, you could have an infection. In this event, you should promptly contact your GP surgery for further assessment.

A small number of patients will occasionally require antibiotics to treat any proven urinary tract infections.

Please contact your GP / Urology ward for advice or go to the Emergency department if you notice excessive bleeding, passage of blood clots, severe pain or inability to pass urine.

If you normally take Aspirin, Clopidogrel, Warfarin, Rivaroxaban or Apixaban to thin your blood, you will be told when to safely resume taking them prior to your discharge.

A clinic appointment will be arranged by your Urologist to check on your progress and discuss the result from analysis of the growth removed from your bladder.

British Association of Urology (BAUS) website. Accessed on 07/09/2015.

http://www.baus.org.uk/_userfiles/pages/files/Patients/Leaflets/Nephrostomy.pdf

Students

There may be students present during your consultation as part of their on-going training. Please let the staff know if you wish to be seen by a doctor only.

Who can I contact if I have a problem when I get home?

If you experience any problems related to your surgery or admission once you have been discharged home.

Please feel free to contact 4A, 4B or 4C ward for advice from the nurse in charge.

They will assist you via the telephone, advise you return to your GP or ask you to make your way to the ED department at Whiston Hospital depending upon the nature of your concern.

4A Ward – 0151 430 1420

4B Ward – 0151 430 1637

4C Ward – 0151 430 1643