

Who can I contact for advice?

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Removal of Ureteric Stent Discharge Advice

This leaflet can be made available
in alternative languages / formats on request.

如有需要，本传单可提供其他语言/版式
此單張的其他語言/格式版本可按要求提供

Na żądanie ta ulotka może zostać udostępniona
w innych językach/formatach.

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This leaflet has been produced to give you general information about the removal of ureteric stent either via string or Flexible Cystoscopy. It is not intended to replace the discussion between you and your doctor, but may act as a starting point for discussion.

If after reading this you have any concerns or require further explanation, please discuss this with a member of the healthcare team caring for you.

What is a stent and why is it being removed?

A stent is a surgical device which was put into your ureter to keep it open to enable urine to drain from your kidney into your bladder. Is it being removed because the blockage has gone or has been removed, it does not need to be there anymore, or further treatment has been advised.

What are the benefits of having stent removed?

- To reduce the risk of infection
- To reduce the risk of pain and discomfort

What are the risks following the removal of my ureteric stent?

- Risk of bleeding or mild burning on passing urine when the stent is removed but this should settle in a few days
- Risk of infection which requires treatment with antibiotics
- Minimal risk of damage of ureteric wall (where the stent is) requiring further surgery
- Injury to the urethra causing scar

What can I expect when I get home?

Pain

You may experience slight pain in you lower tummy for a few days. It may also burn and sting slightly when you pass urine after the removal of the stent. Some simple pain relief such as paracetamol should relieve these symptoms.

Urine

You may see blood in your urine (a pale pink colour), this is normal and should clear within 2-3 days.

Getting back to normal

You should avoid strenuous activities or heavy lifting for a few days. Unless otherwise advised by your doctor, you are advised to drink more fluid than usual over the next 2-3 days (2-3 litres per day).

When to see medical attention

- If you become unwell with a fever
- If you are passing excessive blood and clots in the urine
- If you cannot pass any urine
- If your pain continues or become more severe
- Your urine becomes smelly and/or cloudy or if you experience pain in your kidneys