

Post-Op Buccal Urethroplasty Aftercare Advice

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in alternative languages / formats on request.

*如有需要，本传单可提供其他语言/版式
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Na żądanie ta ulotka może zostać udostępniona
w innych językach/formatach.

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Once all of your dressings have been removed in order to carry out your penile hygiene you will need to use the dressings packs provided from the ward on discharge, they include:

- Cotton tipped buds
- Bactroban ointment (use for 2 weeks)
- Non – adherent dressings
- Gauze
- Netelast knickers
- Catheter bags
- Tape (to keep catheter taped up)

Please utilise a mirror if necessary – ask your partner to help if you are not able to carry out hygiene.

Penile hygiene must be carried out twice a day (i.e. morning and night).

1. Empty Normasol sachet into the gallipot, add your cotton tipped buds into the water
2. Start by cleaning around the tip of your penis including the area where your catheter enters your urethra (water pipe)
3. Continue to clean down towards your testicles – this can vary depending upon the surgery you have had
4. Slightly dry your wound, if necessary with gauze (pat dry do not rub)
5. Then take some dry / clean cotton tipped buds to apply a fine smear of the bactroban cream along the entire suture line, plus along a small section (approx. 2cm) of your catheter tubing as this can move in and out of your urethra (This is normal)
6. Then place a N/A dressing (a clean one each time) over your penis, elevate towards your abdomen if possible. To keep this in place use the netelast knickers provided. (Supportive underwear may be used, however not boxer shorts.)
7. Change catheter bags every 7 days (if applicable)

Keep catheter taped to your abdomen at all times, change tape if necessary

Continue your catheter hygiene for 2 weeks unless otherwise informed.

You will have the following tablets to take home:

- 5 days of antibiotics – Augmentin
- 7 days of Oral mouthwash – difflam
- 14 days of topical bactroban

You will have a urethrogram (x-ray) at St Helens hospital and catheter removal on

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Emergency contact numbers:

Mon – Friday Mr Floyd sec on 0151426 1600 ext 5992 and ask for Julie Smith or Michelle Hall

Out of hours:

Ring co-ordinator phone on 4a 0151 430 1619 or co-coordinator phone 0151 430 1624

Whiston Hospital
Warrington Road,
Prescot, Merseyside, L35 5DR
Telephone: 0151 426 1600

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