

Atrophy: This is shrinkage of the tissue at and around the site of the scar. This results in a depressed area.

Hyper/hypo pigmentation: Changes in the skin colouring (pigment) can occur at and around the site of the scar. This results in either lightening or darkening of skin colour.

Telangiectasia: Small red spots called purpura may become visible at and around the injection site. This is because tiny blood vessels get bigger.

Rare Side Effects

As the total dose of steroid being injected into the scar is small, the risk of the steroid getting into the blood is extremely small. This means it is rare to have generalised side effects or allergic reaction. If a reaction occurs seek medical help.

After your treatment you will be given a follow up appointment.

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Corticosteroid injections for scars Patient Information Leaflet

If you need this leaflet in a different language or accessible format please speak to a member of staff who can arrange it for you.

اگر به این بروشور به زبان دیگر یا در قالب دسترس پذیر نیاز دارید، لطفاً با یکی از کارکنان صحبت کنید تا آن را برای شما تهیه کند.

Jeśli niniejsza ulotka ma być dostępna w innym języku lub formie, proszę skontaktować się z członkiem personelu, który ją dla Państwa przygotowuje.

Dacă aveți nevoie de această broșură într-o altă limbă sau într-un format accesibil, vă rog să discutați cu un membru al personalului să se ocupe de acest lucru pentru dumneavoastră

如果您需要本传单的其他语言版本或无障碍格式，请联系工作人员为您安排。

إذا احتجت إلى هذه النشرة بلغة أخرى، أو بتنسيق يسهل الوصول إليه، يرجى التحدث إلى أحد الموظفين لترتيب ذلك لك.

Corticosteroid injections

This is a simple procedure where a small syringe and needle are used to inject a steroid solution into the scar. The steroid used is called Adcortyl (triamcinolone acetonide).

Scars

Steroid injections are used for scars which are hard and raised. They may also be red, painful or itchy. Raised scars are called hypertrophic scars.

Why have treatment?

The aim is to improve the appearance of the scar and minimise any pain or itching. You are likely to require several injections over a six month period to achieve optimum results.

How often?

- Multiple small injections may be carried out to ensure the whole scar is treated.
- You will probably need more than one session of treatment.
- Injections will be at least 3 weeks apart.
- The scar will be assessed at each visit to see if further injections are to be carried out.

Combination of treatments

Steroid injections can be used alone but are often used with other treatments. If other treatments are felt to be necessary your therapist will discuss these with you on an individual basis.

Treatments could include:

- Silicone
- Pressure therapy
- Surgery.

Your clinician will advise you.

Side effects

There are a few side effects which you may experience. These tend to improve with time. Your clinician may halt treatment if these cause any concern.

Common Side Effects

Pain: The procedure can be sore as the steroid is introduced to the scar and can remain sore for approximately 24-48 hours afterwards. An over the counter painkiller can be taken if required (check with your clinician).

Bleeding: Small amounts of spotting with blood can occur after the injection. This usually stops quickly with the application of pressure.