### **Clinical Staff**

Miss L Chagla - Lead Consultant Surgeon

Miss T Kiernan - Consultant Surgeon

Miss S Bathla - Consultant surgeon

Mr A Ray - Consultant Surgeon

Mr P Yiannoullou - Consultant Surgeon

Mr R Jois - Associate Specialist

Dr O Harris - Consultant Radiologist

Dr J Todd- Consultant Radiologist

Dr D Paravasthu – Consultant Radiologist

Mrs K Hughes - Surgical Care Practitioner

Mrs M Reeves - Surgical Care Practitioner

Mrs T Scott - Surgical Care Practitioner

Mrs J Harrison - Sonographer

Mrs J Glynn - Macmillan BCN Specialist

Mrs L Baird - Macmillan BCN Specialist

Mrs G Power - Macmillan BCN Specialist

Mrs S Boughey - Macmillan BCN Specialist

Mrs N Prile - Clinic Manager

Mrs L Ledger - Wound Nurse

#### **Contact Details**

For further information / advice:

### **Burney Breast Unit**

St Helens & Knowsley Teaching
NHS Trust
St Helens Hospital
Marshalls Cross Road
St Helens
WA9 3DA
01744 646036

### **Main Hospital Switchboard:**

0151 426 1600

### **Appointments Department:**

0151 430 1234

### Mersey and West Lancashire Teaching Hospitals

## Welcome to the Burney Breast Unit

If you need this leaflet in a different language or accessible format please speak to a member of staff who can arrange it for you.

اگر به این بروشور به زبان دیگر یا در قالب دسترسپذیر نیاز دارید، لطفاً با یکی از کارکنان صحبت کنید تا آن را برای شما تهیه کند.

Jeśli niniejsza ulotka ma być dostępna w innym języku lub formacie, proszę skontaktować się z członkiem personelu, który ją dla Państwa przygotuje.

Dacă aveți nevoie de această broșură într-o altă limbă sau într-un format accesibil, vă rog să discutați cu un membru al personalului să se ocupe de acest lucru pentru dumneavoastră

如果您需要本传单的其他语言版本或无障碍格式,请联系工作人员为您安排。

إذا احتجت إلى هذه النشرة بلغة أُخرى، أو بتنسيق يسهل الوصول إليه، يرجى التحدث إلى أحد الموظفين لترتيب ذلك لك.

www.MerseyWestLancs.nhs.uk

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### **Breast Services at Burney Breast Unit**

Our unit is based at St Helens Hospital. (St Helens & Knowsley Teaching Hospital Trust).

Please book in at the reception of the unit which is in the Red Zone, lower ground floor.

### Why have you been referred to us?

Generally, you will have been referred to our Breast Service because your GP is concerned about a breast symptom;

Either a lump or pain in either breast; or a discharge from a nipple.

Once we receive a referral from your GP, you will be telephoned with an appointment to be seen within 14 days or less.

It is important that you attend this appointment and not rearrange or cancel unless absolutely necessary.

Please remember that 9 out of 10 patients attending clinic do not have breast cancer.

Breast pain is not a sign of breast cancer.

#### Our breast team

We work as a team consisting of doctors, specialist nurses and radiographers. You will be seen by an appropriate member of the team who will decide on any investigations. This means you may not necessarily see a doctor at your first appointment, but may see another member of the team.

### **Education and training**

STHK is a teaching hospital, and you may be asked whether a medical student or student nurse can sit in on your appointment to assist them with their training and development. It is completely up to you whether you allow this to happen and you will be asked beforehand for your permission. Our main aim is to ensure you receive a professional, confidential and sensitive service throughout.

### The 'One Stop' Clinic

A one stop clinic is in place to allow most investigations to be performed in one visit with some of the results available on the same day. This means your visit to the clinic could take as long as three to four hours. You may want to prepare for this by bringing a drink or snack and something to read.

Please be aware that you may see patients being called before you. This is because we have different clinics running at the same time.

# You may need to undergo some or all of the following tests. These will be discussed with you at your appointment.

Mammogram — an x-ray of the breasts that can detect changes that cannot be felt. The breasts need to be slightly compressed to perform this test. Some people may find this uncomfortable, although this should not be long lasting. This will only be applicable to patients above the age of 40. Please let staff know if you have implants in place.

**Ultrasound** — a similar scan to ones which are performed when ladies are pregnant. Some gel is applied to the breast and a 'probe' run over the surface. This does not contain any radiation and is not painful.

Fine Needle Aspiration (FNA) — a small needle test to remove a few cells from an area, usually performed with ultrasound guidance. It takes a few minutes and is usually no more painful than a blood test.

**Core biopsy** — sometimes a larger piece of tissue is needed for further analysis. This is performed under local anaesthetic to numb the area, and can sometimes be uncomfortable once the anaesthetic has worn off.

The results of needle tests (FNA & Core Biopsy) are not available on the same day as they are performed and you will be given another appointment for the results.