

Ref. No: 480240122  
From: Public  
Date: 24/01/22  
Subject: Hydrotherapy and Aquatic Physiotherapy

## REQUEST & RESPONSE

### Freedom of Information Request

### Aquatic Physiotherapy (Hydrotherapy) Provision in the United Kingdom

#### ACCESS TO AQUATIC PHYSIOTHERAPY

1. On behalf of which NHS Trust / Health Board are you responding?

St Helens and Knowsley Teaching Hospitals NHS Trust

2. Does your Trust / Health Board have access to a hydrotherapy pool?

Yes

No

Not anymore

3. If you do have access are your hydrotherapy pools onsite or offsite?  
(Tick all that apply)

- Onsite
- Offsite (NHS Facility)
- Offsite (Non NHS Facility)

4. Were all your hydrotherapy pools open prior to the COVID-19 pandemic?

- Yes
- No

5. If you do not have access to hydrotherapy pools, please tick all answers that apply to answer why that is.

Closed Due to COVID-19

Lack of funds

Insufficient space

No local pool available

Not enough adequately trained staff

Lack of appropriate local patient population

Other (please specify)

can access via St Helens CCG

6. How many hydrotherapy pools exist on your NHS Trust / Board's estate? Include those closed prior to COVID-19.

7. What are your closed hydrotherapy pools / departments now used for?

## REOPENING OF HYDROTHERAPY POOLS

8. Will all your hydrotherapy pools be re-opening?

- Yes, they are already open
- Yes, there are plans to reopen
- No
- Not sure / don't know

9. When are your hydrotherapy pools scheduled to re-open?

- Within 3 months
- Within 6 months
- Within 9 months
- Within 12 months
- Other (please specify)

10. If your hydrotherapy pools are not scheduled to reopen, why is that? *(Please select all that apply)*

- Changing area capacity
- Staffing to clean
- Access to pool
- Staff still redeployed
- Other (please specify)

11. If your hydrotherapy pools are not scheduled to reopen, has a full public consultation taken place?

- Yes
- No

12. If your hydrotherapy pools are not scheduled to reopen has an equality impact assessment taken place?

- Yes
- No

## **OPERATING HYDROTHERAPY POOLS**

13. If your hydrotherapy pools are open or scheduled to open is / will your aquatic physiotherapy (hydrotherapy) service capacity be reduced as a result of COVID-19?

Yes

No

14. What capacity are / will you be able to offer compared to pre pandemic?

Please enter a percentage (%).

15. Is / will your service be provided on a 1:1 basis?

Yes,

No we can take more than 1 patient in the pool at a time.

16. Is / will your service be provided with the therapist instructing from poolside

Yes,

No our therapist is able to treat from within the pool

17. Approximately how many sessions did you have access to your hydrotherapy pools on a weekly basis pre pandemic? (Where one session = one morning, afternoon or evening clinic)

18. Approximately how many sessions do you currently have access to your hydrotherapy pools on a weekly basis?

19. Which services use your hydrotherapy pools?

- Rheumatology
- MSK
- Orthopaedics
- Neurology
- Paediatrics
- Other (please specify)

20. Are your hydrotherapy pools used by inpatient or outpatient services?

- Inpatients only
- Outpatients only
- Both inpatients and outpatients

21. Prior to the pandemic did you provide out of hours access to your hydrotherapy pools to patient groups or private groups? e.g. NASS, Private Clinics (Please provide a list)

- Yes
- No

22. Have these sessions restarted? (Please provide a list of those which have restarted)

- Yes
- No



23. Do you currently audit the use and effectiveness of aquatic physiotherapy (hydrotherapy)?

Yes

No

24. Please list outcome measures or tools used to audit the use and effectiveness of aquatic physiotherapy (hydrotherapy)?

25. If you are happy to be contacted for further information to support aquatic physiotherapy (hydrotherapy) services remobilise please provide an email address below.