

Ref. No: 332141021  
From: Public  
Date: 14/10/21  
Subject: Mechanical Restraint

## REQUEST & RESPONSE

1. Does the NHS Trust authorize the use of any kind of mechanical restraint?

**St. Helens & Knowsley Teaching Hospitals NHS Trust does not authorize the use of mechanical restraints.**

2. What types of Mechanical Restraint is authorized? e.g. handcuffs; soft cuffs, Velcro leg restraints; emergency response belts (ERB) spit hoods.

**Not applicable**

3. Is the necessary training to apply the authorized form of mechanical restraint linked to a nationally recognized training qualification?

**Not applicable**

4. Does the NHS Trust authorize the use of Posey Mitts, if a risk assessment deems them to be a reasonable and proportionate response?

**St. Helens & Knowsley Teaching Hospitals NHS Trust does not authorize the use of Posey Mitts.**

5. Total number of recorded incidents of mechanical restraint usage (of any type) if in use for the period September 2020 – September 2021

**Not applicable**