

Ref. No: 109270521  
From: Public  
Date: 27/05/21  
Subject: Adult elective patient pre-operative nil by mouth guideline.

## REQUEST

Please would it be possible for you to share a copy of your trusts adult elective patient pre-operative nil by mouth (or fasting or fluids and feeding) guideline.

This is to understand national practice from key centres to support a local QI initiative.

## RESPONSE

St Helens & Knowsley Teaching Hospitals NHS Trust is not in a position to currently release the information you require as it is in draft format. The Trust has therefore decided to exempt the information from disclosure in accordance with section 22 of the Freedom of Information Act as it states that information is exempt information if it is intended for future publication.