

Ref. No: 041260421
From: Press
Date: 26/04/21
Subject: wellbeing days

REQUEST

Please could you provide me with information regarding the introduction of any wellbeing days or mental health days for the employees in your trust. By wellbeing days, I mean days off given to employees to help them prioritise wellness or mental health. Some companies have introduced these days in response to the stress of the pandemic.

Have you introduced a wellbeing day for your employees?

If so, does this apply to all your employees or just some?

When was it introduced?

Can the wellbeing day be taken off by employees at any time of year, or is there a specific date when everyone takes the day off together?

Why did you introduce a wellbeing day?

RESPONSE

I can confirm the Trust has not introduced wellbeing days or mental health days for our employees but actively encourages them to make use of their annual leave entitlement and our Health Work and Wellbeing team if they require any support with their wellbeing and mental health.