

Ref no: 210031120
From: Public
Date: 03/11/20
Subject: Staff wellbeing

REQUEST & RESPONSE

1. How many designated cycle parking spaces are available on Trust property? *(Please provide the answer as the total number of cycles that could be accommodated in designated spaces)*

Whiston Hospital = 41

St Helens Hospital = 54

2. How many showers are available exclusively for staff use?

30 showers

3. How many changing rooms are available exclusively for staff use?

30 changing rooms

4. Which of the following are available to staff within the Trust: *(A yes/no response is sufficient)*

Mindfulness and wellbeing sessions: **YES**

Talking therapy: **YES**

Exercise classes/on site gym: **YES (Prior to COVID)**

Staff physiotherapy service: **YES**

Complementary therapies *(massage, reflexology etc.)*: **No**

5. How many working days were lost due to staff sickness for mental health/stress during the 2019-20 year?

Absence Reason	Calendar Days Lost
S10 Anxiety/stress/depression/other psychiatric illnesses	1082

6. How many people were employed by the Trust on permanent and fixed term contracts at the end of the 2nd quarter, 2019-20?

Employment Cat	Total Employees
Permanent	5625
Fixed Term Temp	425