NAME DATE STARTED.....

-33

FLUID INPUT/OUTPUT CHART

THIS IS AN ESSENTIAL PART OF YOUR CHILD'S ASSESSMENT AND MUST BE COMPLETED FOR YOUR FIRST APPOINTMENT P



over the weekend, every time urine is passed, catch this in a measuring jug

Ş write down the amount of urine passed (in mls) in the correct time slot and then empty the jug.

record **all** drinks taken, type of drink and amount, in the correct time slot. (150mls = cup: 200mls = mug)

After two days:

just use a tick, in the correct time slot, each time urine is passed. just use a tick, in the correct time slot, each time when a drink is finished.

For two weeks:

Record all wet beds (E.g. WS - wet small amount, WM - wet medium amount, WL - wet large amount) Record BO in the correct time slot when bowels are opened (poo), using the 'Choose your poo' chart on the next page.

	Day 1		Day 2		Day 3		Day 4		Day 5		Day 6		Day 7	
	Drinks	Urine	Drinks	Urine	Drinks	Urine	Drinks	Urine	Drinks	Urine	Drinks	Urine	Drinks	Urine
		of Of	Ø	Ş		of Of	Ø	ф	Ø	Ş	Ø	Ş		F
6am														
7am														
8am														
9am														
10am														
11am														
Midday														
1pm														
2pm														
3pm														
4pm														
5pm														
6pm														
7pm														
8pm														
9pm														
10pm														
11pm														
Wet Beds														
Volumes			•		1		For clinic	c use only	1		•	1		
Day														
Night														

Instructions - Week 2

During week 2: you only need to record when bedwetting occurs. WS, WM, WL and note BO for Bowels open.

PLEASE NOTE THAT WE NEED A RECORD OF BEDWETTING FOR THE FULL TWO WEEKS.

DATE STARTED NAME

Day 12 Day 13 Day 8 Day 9 Day 10 Day 11 Day 14 choose your 20 Urine Urine Urine Urine Urine Urine Urine Ŷ Ŷ Ş Ş Ŷ Ţ Ý stick educe 6am rabbit droppings W/PG 7am Separate hand kengs, like nots (hand to pand 8am 9am sochs illow 10am bunch of grapes 97999 2 11am Savage shaped but lumpy Midday looks likes 1pm corn on cob 97708 3 2pm Like a taxwage but with made on its surface 3pm icola Ibni 4pm sausage 5pm RYDG 4 6pm Like a sourcept or shake, smooth and soft 7pm loobs illes 8pm chicken nuggets 97P9 5 9pm Soft Blate with clear cut edges (passed easily) 10pm south about 11pm porridge 97298 6 Wet beds PluPy precession rapped edges, a muchy sheet looks Ibne -333 gravy MADO 7 Watery, re-solid places EN708DVX LIQUID

Mersey and West Lancashire Teaching Hospitals NHS Trust