VAME	DATE STARTED

## FLUID INPUT/OUTPUT CHART

## THIS IS AN ESSENTIAL PART OF YOUR CHILD'S ASSESSMENT AND MUST BE COMPLETED FOR YOUR FIRST APPOINTMENT

For two days:

over the weekend, every time urine is passed, catch this in a measuring jug

write down the amount of urine passed (in mls) in the correct time slot and then empty the jug.

record <u>all</u> drinks taken, type of drink and amount, in the correct time slot. (150mls = cup: 200mls = mug)

<u>After two days</u>: just use a tick, in the correct time slot, each time urine is passed.

just use a tick, in the correct time slot, each time when a drink is finished.

For two weeks:

Record all wet beds (E.g. WS - wet small amount, WM - wet medium amount, WL - wet large amount)

Record BO in the correct time slot when bowels are opened (poo), using the 'Choose your poo' chart on the next page.

	Day 1		Day 2		Day 3		Day 4		Day 5		Day 6		Day 7	
	Drinks	Urine	Drinks	Urine	Drinks	Urine	Drinks	Urine	Drinks	Urine	Drinks	Urine	Drinks	Urine
				Sp.		of the second		OF THE STATE OF TH		Sp.		of the second		
6am														
7am														
8am														
9am														
10am														
11am														
Midday														
1pm														
2pm														
3pm														
4pm														
5pm														
6pm														
7pm														
8pm														
9pm														
10pm														
11pm														
Wet Beds														
Volumes	For clinic use only													
Day								Ι ΄						
Night														

## Instructions - Week 2

<u>During week 2:</u> you only need to record when bedwetting occurs. WS, WM, WL and note BO for Bowels open.

## PLEASE NOTE THAT WE NEED A RECORD OF BEDWETTING FOR THE FULL TWO WEEKS.

DATE STARTED NAM	ЛЕ
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	Day 8	Day 9	Day 10	Day 11	Day 12	Day 13	Day 14
	Urine	Urine	Urine	Urine	Urine	Urine	Urine
	Sp.	<b>S</b>	<b>S</b>	Sp.	S C	Sp.	
6am							
7am							
8am							
9am							
10am							
11am							
Midday							
1pm							
2pm							
3pm							
4pm							
5pm							
6pm							
7pm							
8pm							
9pm							
10pm							
11pm							
Wet beds							



