

Advice for Mothers staying on the Neonatal Unit

**If you need this leaflet in a different language or accessible format
please speak to a member of staff who can arrange it for you.**

اگر به این بروشور به زبان دیگر یا در قالب دسترس پذیر نیاز دارید،
لطفاً با یکی از کارکنان صحبت کنید تا آن را برای شما تهیه کند.

Jeśli niniejsza ulotka ma być dostępna w innym języku lub formacie,
proszę skontaktować się z członkiem personelu, który ją dla Państwa przygotowuje.

Dacă aveți nevoie de această broșură într-o altă limbă sau într-un format accesibil,
vă rog să discutați cu un membru al personalului să se ocupe
de acest lucru pentru dumneavoastră

如果您需要本传单的其他语言版本或无障碍格式，请联系工作人员为您安排。

إذا احتجت إلى هذه النشرة بلغة أخرى، أو بتنسيق
يسهل الوصول إليه، يرجى التحدث إلى أحد الموظفين لترتيب ذلك لك.

Congratulations on the birth of your baby

At present, it is necessary for your baby to be in hospital under the care of the neonatal team and we appreciate that you need to be close to your baby to feed and provide care, despite being fit and well and not otherwise needing to remain as an inpatient in hospital. We are happy to accommodate you with a bed, meals and washing facilities on the Neonatal Unit, but you do not need to consider yourself to be an inpatient, rather a mother who is here with her baby.

The staff on Ward 2E will undertake all necessary actions to enable you to stay on the Neonatal Unit; this includes dispensing any medication from the pharmacy for you to self-medicate and discharging you to the care of the community midwife.

Routine postnatal checks will be carried out for you by the community midwife, usually on days 1, 3, and 5 following the birth of your baby. A discharge assessment will be carried out for you by the community midwife on day 10.

You will be issued with a swipe card to access the accommodation on the Neonatal Unit. It is very important that you return the swipe card to Ward 2E when you are ready to go home from the Neonatal Unit so that your room can be allocated to another mum who might need to use it.

A maximum of 10 days stay in the Neonatal Unit accommodation will be authorised

Here is some further information that you might find useful during your stay:

- Ward 2E contact telephone numbers are: 0151 430 1515 or 0151 430 1516.
- Rooms are strictly **no smoking**.
- Personal mobile phones can be used in the relative rooms and public areas. Mobile phone use is permitted in the Neonatal Unit, but we may sometimes ask for them not to be used, for example during ward rounds.
- Restaurant opening times (5th Floor) are 8am – 8pm.
- Shops are located on the 1st floor. Opening times are 8am – 6pm (Mon – Fri) and 10am – 4pm (Sat and Sun).
- Costa Coffee opening times are 7.30am – 10pm (Mon – Fri) and 9am – 8pm (Sat – Sun).
- Multi-storey car park tickets refund – please ask the nurse in charge in the NNU for a free car park ticket to exit the multi-storey car park (parents only).
- In the event of the fire alarm sounding, please evacuate your room, proceed to the Neonatal Unit and report to the shift leader.
- The room will be cleaned daily, and the bed linen will be changed.
- Visiting times on the Neonatal Unit are 4.30pm – 5.30pm and 6.30pm – 7.30pm.
- Maximum 3 visitors per cot. Siblings excluded in this number.

Please contact the midwife in charge on Ward 2E if you require any assistance or have any concerns about your accommodation.

Please do not leave cash or valuables in the room.

Remember to return the swipe card to Ward 2E when you are going home!



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