



Colour this picture in and bring along to your Minor Op, we would love to see it.

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## What you need to know about your minor operation

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## What is a minor operation?

A minor operation is a small surgical procedure.

Your doctor has arranged for you to have this so we can remove something from your skin or to find out why your skin looks or is behaving differently.

Because it is only a small procedure, you do not have to be put to sleep and can go home the same day.

You will be looked after by our lovely team of doctors and nurses and you can also bring a grown up with you.



## Before your minor operation

Please remember to eat and drink as normal on the day of your minor operation.

Your minor operation will take place in the Yellow Zone at St Helens Hospital and we ask that you attend one hour before your appointment.

When you arrive at the Yellow Zone you will meet someone from our Children's Team, so they can put some cream on the spot that the doctor will be looking at. This cream will make the spot go numb so that when the doctor gives you the local anaesthetic, it won't feel too sore.

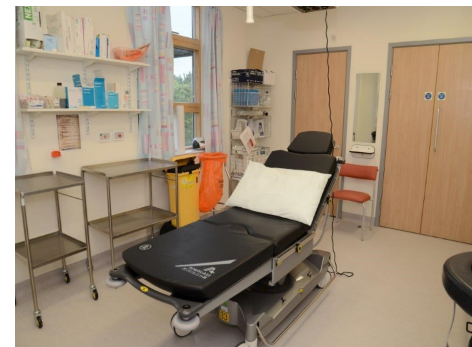


You will need to wait for the cream to work, so bring something to keep you busy like a book, your tablet, a computer game or music to listen to.

You can also take this into the minor operation room with you along with your grown up.

## Welcome to our minor operation

When your cream has been on for about an hour, we will call you into our minor operations theatre.



Your grown up will be talking to the doctor whilst the nurses help you get comfortable on the bed and take the cream off.

The doctor will explain everything they are doing as they are going along.

After the doctor or nurse has washed your skin, they will put in what is called a local anaesthetic. This is done with a needle and makes the whole area numb so you will not feel a thing during your minor operation.

The local anaesthetic is given by a small needle, but because you had the cream on you will hardly feel it. Sometimes it can sting a little bit but this is only for a few seconds, all we ask is that you keep nice and still. Your grown up can be right next to you the whole time.