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Linezolid

If you need this leaflet in a different language or accessible format
please speak to a member of staff who can arrange it for you.

اگر به این بروشور به زبان دیگر یا در قالب دسترس پذیر نیاز دارید،
لطفاً با یکی از کارکنان صحبت کنید تا آن را برای شما تهیه کند.

Jeśli niniejsza ulotka ma być dostępna w innym języku lub formacie,
proszę skontaktować się z członkiem personelu, który ją dla Państwa przygotowuje.

Dacă aveți nevoie de această broșură într-o altă limbă sau într-un format accesibil,
vă rog să discutați cu un membru al personalului să se ocupe
de acest lucru pentru dumneavoastră

如果您需要本传单的其他语言版本或无障碍格式，请联系工作人员为您安排。

إذا احتجت إلى هذه النشرة بلغة أخرى، أو بتنسيق
يسهل الوصول إليه، يرجى التحدث إلى أحد الموظفين لترتيب ذلك لك.

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What is Linezolid?

Linezolid is an antibiotic used to treat infections caused by bacteria. Your doctor may decide to give you linezolid if it is effective against the type of bacteria causing your infection.

When would I be given them?

Your doctor may decide to give you a linezolid if it is the most effective antibiotic for your infection. They will only do so after carefully considering the risks to you and benefits of the antibiotic over other options.

How should I take them?

Linezolid is taken orally twice a day every 12 hours, for example 8am and 8pm. If you're in hospital linezolid may be given through your vein by a nurse. Your doctor will decide how long you need to take linezolid. Do not stop taking until your doctor tells you to stop, even if you start to feel better.

Are there any side effects?

Like all medicines, linezolid can cause side effects. Linezolid can occasionally cause damage to your eyes.

Please inform your doctor immediately if you experience any changes in your vision such as blurred vision, blind spots or colour changes.

Linezolid can reduce your production of blood cells. This can increase the risk of you getting infections or becoming anemic (having a low number of red blood cells). You may be more at risk of this side effect if you have been taking linezolid for more than 10 days. A blood test will be performed before and during treatment for those on long courses. This will show if you are developing any of these side effects. If you do develop these side effects your doctor will review your treatment.

If you have any of the following symptoms please contact your doctor immediately:

- Fever, chills or a sore throat
- Severe headache
- Problems with your sight
- Bleeding gums, blood in your stool or unexpected bruising or bleeding
- Tingling in your hands or feet.

Other Advice

Some foods can increase your blood pressure when taking linezolid. You should avoid the following types of food:

- Mature or aged cheese, liver, kidney, pickled herring, broad beans, game
- Beer and wine
- Fermented or air-dried meats such as salami
- Yeast extracts for example Bovril, Oxo, marmite
- Fermented soya bean products e.g. soy sauce
- More than 500g of dark chocolate per day
- Protein diet supplements
- Sour cream and yoghurt
- Peanuts and some fruits (such as figs, grapes, oranges, pineapples, plums, prunes, raisins, avocados and tomatoes).

This list is not exhaustive.

It is important to tell your doctors or pharmacist about any medications you are taking. This includes any herbal medicines and medicines such as decongestants and flu remedies that you have bought from a supermarket or Pharmacy.

Who can I speak to if I have any questions?

If you have any concerns or questions please speak to your doctor or pharmacist who will be happy to help. Please remember that serious consequences are rare and there are many benefits to taking these medicines.