

Understanding what happened – hospital review following the loss of your baby

If you need this leaflet in a different language or accessible format please speak to a member of staff who can arrange it for you.

> اگر به این بروشور به زبان دیگر یا در قالب دسترسپذیر نیاز دارید، لطفاً با یکی از کارکنان صحبت کنید تا آن را برای شما تهیه کند.

Jeśli niniejsza ulotka ma być dostępna w innym języku lub formacie, proszę skontaktować się z członkiem personelu, który ją dla Państwa przygotuje.

Dacă aveți nevoie de această broșură într-o altă limbă sau într-un format accesibil, vă rog să discutați cu un membru al personalului să se ocupe de acest lucru pentru dumneavoastră

如果您需要本传单的其他语言版本或无障碍格式,请联系工作人员为您安排。

إذا احتجت إلى هذه النشرة بلغة أخرى، أو بتنسيق يسهل الوصول إليه، يرجى التحدث إلى أحد الموظفين لترتيب ذلك لك.

Author: Quality & Safety Matron Department: Maternity Services Document Number: MWL2252 Version: 001 Review date: 01 / 07 / 2027 We are sincerely sorry for the loss of your baby, and we understand that this is a difficult time to be reading new information.

It is important to understand as much as we can about what happened and why your baby died. In order to do this, in the coming weeks a hospital team at Mersey and West Lancashire Teaching Hospitals NHS Trust will hold a meeting and review the care of your baby and the care given to you.

The review will:

- look at medical records, tests and results, including post-mortem results if you have consented to one
- answer any questions you may have and address any concerns
- talk to staff involved
- look at guidance and policies to ensure the care you received was appropriate

The review may tell us that we need to change the way we do things or that good and appropriate care was given to your family.

Involving you

Your views are important, and it would be helpful if you could share your feelings and thoughts about your care, or any questions you have with us before we carry out the review. To support you in doing this, we have provided you with a key contact:

Julie Sanderson, Bereavement Midwife Or Tina Woods, Bereavement Midwife Direct Line: 0151 478 7613 Email: Bereavement.midwives@sthk.nhs.uk

Your Key contact will:

- Call you to talk to you about the review process
- Ask if you would like to ask any questions or give your perspective of your care to the review team
- Give you choices about how you might do this.

Keeping you informed

It may take up to 20 weeks to gather all the information required for a review meeting. We understand that this is a long time to wait and if you would like to meet with a consultant before the review takes place, you can arrange this through your key contact. We may, however, not have any further information about what happened and why your baby died by then.

Once the review report is completed, a consultant will discuss its findings with you. We can also send you the review report by post or email if you prefer.

If you have any questions about this information, please ask a member of staff before you leave hospital. Once you are home our key contact/member of the team will be in touch with you within 10 days.

Bereavement support is available from both local and national organisations:

Alder Centre, Liverpool: Counselling and support for anyone affected by the death of a child - 0151 252 5391 https://www.alderhey.nhs.uk/services/alder-centre/

Child Death Helpline: for anyone affected by the death of a child – Freephone 0800 282 986 / 0808 800 6019 https://www.childdeathhelpline.org.uk/

SANDS (Stillbirth and Neonatal Death Society): for anyone affected by the death of a baby Freephone 0808 164 3332 helpline@sands.org.uk

Twins Trust: bereavement support for anyone affected by twin loss – 0800 138 0509 www.twinstrust.org/supporting-you/helpline

Child Bereavement UK: counselling and support for anyone affected by the death of a child – have a local hub in Widnes. Freephone 0800 028 8840 www.childbereavementuk.org

Liverpool Bereavement Service: counselling for bereavement, including baby loss – 0151 236 3932 <u>https://liverpoolbereavement.com/baby-and-child-loss/</u>

Love, Jasmine: based in Wavertree, Liverpool – counselling and group support for anyone affected by the death of a baby (over 20 weeks gestation) - 0151 459 4779 www.lovejasmine.org.uk

Dads Still Standing: a place for dads who have suffered baby loss to find support www.dadstillstanding.com

Daddies with Angels: for men affected by baby loss – 07513655134 www.daddieswithangels.org Winston's Wish: support for bereaved children and those supporting them Freephone 08088 020 021 www.winstonswish.org

Mersey and West Lancashire Teaching Hospitals NHS Trust

Whiston Hospital Warrington Road, Prescot, Merseyside, L35 5DR Telephone: 0151 426 1600

St Helens Hospital Marshall Cross Road, St Helens, Merseyside, WA9 3DA Telephone: 01744 26633

www.MerseyWestLancs.nhs.uk