

Instructions for Semen Analysis

**If you need this leaflet in a different language or accessible format
please speak to a member of staff who can arrange it for you.**

اگر به این بروشور به زبان دیگر یا در قالب دسترس پذیر نیاز دارید،
لطفاً با یکی از کارکنان صحبت کنید تا آن را برای شما تهیه کند.

Jeśli niniejsza ulotka ma być dostępna w innym języku lub formacie,
proszę skontaktować się z członkiem personelu, który ją dla Państwa przygotowuje.

Dacă aveți nevoie de această broșură într-o altă limbă sau într-un format accesibil,
vă rog să discutați cu un membru al personalului să se ocupe
de acest lucru pentru dumneavoastră

如果您需要本传单的其他语言版本或无障碍格式，请联系工作人员为您安排。

إذا احتجت إلى هذه النشرة بلغة أخرى، أو بتنسيق
يسهل الوصول إليه، يرجى التحدث إلى أحد الموظفين لترتيب ذلك لك.

Whiston Hospital
Warrington Road,
Prescot, Merseyside, L35 5DR
Telephone: 0151 426 1600

St Helens Hospital
Marshall Cross Road,
St Helens, Merseyside, WA9 3DA
Telephone: 01744 26633

Instructions for Semen Analysis (Sperm Test)

Please follow these instructions carefully, as a badly taken sample will affect your results.

Appointment

You must have an appointment before bringing a sample to the laboratory.

A specimen brought without an appointment will not be examined.

Semen analysis is a complex investigation which takes several hours and can only be undertaken by specially trained staff.

Please telephone the laboratory on **0151 430 1831** or **0151 430 1837** to arrange an appointment. The appointment booking service will be open from Monday to Sunday from 8am to 7pm.

Semen analysis clinics will run every week on a Tuesday and Thursday between 8-11am.

The specimen must be brought to the Pathology Laboratory, Nightingale House at Whiston Hospital (by you or your partner) on the date and time arranged with the laboratory.

The specimen **must** arrive **within 45 minutes of production**.

Collecting the sample

Abstain from **sexual intercourse or masturbation within 48 hours prior to providing the sample** - However, you should not have abstained from sex for more than **seven days**.

The laboratory will ask questions about your sample. Wash your hands. Rinse and dry thoroughly as soap is harmful to sperm.

Use the sterile container provided

- Coitus interruptus is **not recommended** and should only be used in exceptional cases due to the risk of incomplete collection.
- Special condoms for fertility investigations may be an alternative under **exceptional circumstances**.
- **Do not** use a sheath/condom or lubricants as they are harmful to sperm.
- Container must be stored at room temperature prior to use and **do not** open the container until you are ready to produce the sample.
- Collect the sample by masturbation **ONLY**, collecting the **entire specimen** in the container. If you are unable to produce the sample by masturbation, please contact your GP or referring clinician for referral to a clinician led andrology clinic at the Liverpool Women's Hospital.
- Seal the container **immediately** afterwards then clearly write your **name, date of birth, date and time** of production of the sample on the label of the container.
- **Keep the sample warm** by carrying it under your clothing near to your body.