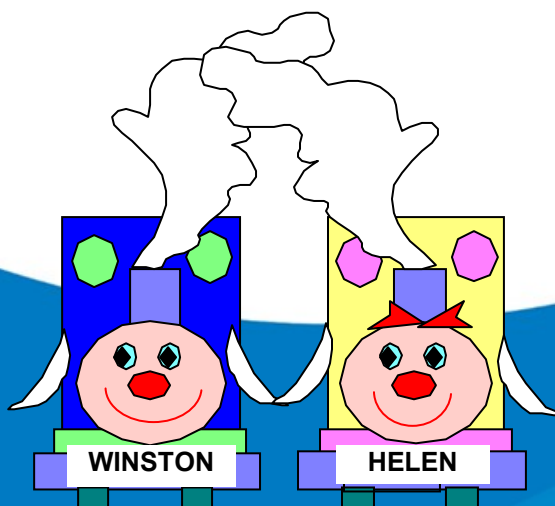


# Home Nebuliser Instructions

This leaflet can be made available  
in alternative languages / formats on request.

*如有需要，本传单可提供其他语言/版式  
此單張的其他語言/格式版本可按要求提供*

Na żądanie ta ulotka może zostać udostępniona  
w innych językach/formatach.



## Reasons for Provision of a Home Nebuliser

It is rare to need a home nebuliser for children, however, occasionally it may be necessary. You will have been given this nebuliser by a member of the respiratory team for one or more of the following reasons:

Reliever Therapy.....  
(Chronic Severe Symptoms)

Preventer Therapy.....  
(Short term- unable to use other methods of inhaled medication)

Antibiotic Therapy.....  
(For children with Bacterial growth in sputum/cough swab)

Patient Name.....

Date of provision.....Consultant.....

\*This nebuliser must not be used by anyone other than the patient named above.

Nebulisers work by producing a fine mist of drug from a liquid solution, which can be breathed in through a face mask or mouth piece.

## Instructions for use

1. Obtain medication and nebuliser, check expiry date of the medication.
2. Encourage your child to sit comfortably and provide an activity to occupy them if possible.
3. Place the medication into the holding chamber as you have been shown, keeping the chamber upright at all times.
4. Place the face mask onto the holding chamber and ensure the tubing is adequately connected to the peg at the bottom of the holding chamber, and the other end of the tube is connected to the air flow outlet on your nebuliser.
5. Ensure the air vents on the nebuliser are not blocked.
6. When your child is ready and comfortable, apply mask over their nose and mouth. If using a mouth piece, ensure this is held firmly in the teeth. Switch the nebuliser on at the on/off switch.
7. The treatment will now begin.
8. Encourage your child to breathe normally in an upright position whilst sitting down. The treatment will only take a few minutes to give, when the treatment is finished the holding chamber will 'spit'

## After the treatment

- Switch off the nebuliser and unplug from the mains supply.
- Wash the holding chamber in warm soapy water, rinse in clean water and allow it to dry.
- If you are using a Ventsteam the holding chamber should be boiled once a week in water with washing up liquid.

## Alternatives to nebulised medication

Inhaled medication can be taken through a spacer device. If this is not possible, please discuss with your respiratory nurse.

## Risks and discomforts

Occasionally:

- A sore mouth
- Oral thrush
- Hoarse voice
- Bronchoconstriction (tightening of the airways) can occur. If this happens please seek medical attention as soon as possible.

## Caring for your nebuliser

- Your nebuliser should be cleaned by wiping with a damp cloth inside and out on a regular basis e.g. once a week.
- The nebuliser contains a filter and if it gets dirty the nebuliser will not work properly and will need to be changed. If in regular use, change every 3 months.
- We recommend that you change the drug holding chamber, mouth piece/face mask and the tubing at least once a year, but earlier if necessary.
- The nebuliser itself will require an annual service
- If the nebuliser belongs to the hospital they will organise this for you. You will need to inform the respiratory nurse when this is due.
- If the nebuliser is your own, you will have to have it done privately. Ask your respiratory nurse for a recognised company who may help you to organise this.

## Cautions

If you are worried at any time that your nebuliser is not working as it should, do not use it and seek advice as soon as possible.

Take safety precautions around small children with mains power electricity supply. If using a face mask, always wash your child's face after treatment. If using a mouth piece get them to clean their teeth or rinse their mouth out. For further information, please contact: Respiratory Nurses on 0151-430-1938 or 0151-430-1453.

If you have any further questions, please contact your child's consultant via their secretary via the hospital switchboard.

The secretaries are available Monday to Friday, 9.00 am to 5.00 pm

If you need to contact the department outside of these hours, please phone either:

Ward 3F	0151 430 1616
Ward 4F	0151 430 1791

Whiston Hospital  
Warrington Road,  
Prescot, Merseyside, L35 5DR  
Telephone: 0151 426 1600

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