

# Bereavement Midwives

**If you need this leaflet in a different language or accessible format please speak to a member of staff who can arrange it for you.**

اگر به این بروشور به زبان دیگر یا در قالب دسترس پذیر نیاز دارید، لطفاً با یکی از کارکنان صحبت کنید تا آن را برای شما تهیه کند.

Jeśli niniejsza ulotka ma być dostępna w innym języku lub formacie, proszę skontaktować się z członkiem personelu, który ją dla Państwa przygotowuje.

Dacă aveți nevoie de această broșură într-o altă limbă sau într-un format accesibil, vă rog să discutați cu un membru al personalului să se ocupe de acest lucru pentru dumneavoastră

如果您需要本传单的其他语言版本或无障碍格式，请联系工作人员为您安排。

إذا احتجت إلى هذه النشرة بلغة أخرى، أو بتنسيق يسهل الوصول إليه، يرجى التحدث إلى أحد الموظفين لترتيب ذلك لك.

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The Bereavement Midwives are midwives who have increased experience in caring for and supporting families during and after the loss of a baby.

The Bereavement Midwives will try to meet you while you are in hospital, although this is not always possible (for example if you choose to go home when the Bereavement Midwives are not on shift).

There are two designated rooms on the Delivery Suite for families who have a baby loss. You and your partner will be encouraged to stay with your baby for however long you wish.

The rooms are equipped with a pull-down bed and drink making facilities to make your stay as comfortable as possible.

You will be asked if you would like follow-up contact from the bereavement midwives.

The Bereavement Midwives offer support to families once they have gone home in the form of phone contact, usually between one and two weeks after discharge from hospital.

This is to see how you are getting on once home and to answer any questions or concerns you may have.

This follow-up can continue over the coming weeks and months depending on your wishes.

You will also be given contact details for the Bereavement Midwives before you go home, so that if you need them at any time, you can contact them.

If they are not available at the time you call, please leave a message with your name and contact details, they will return your call as soon as possible.

The Bereavement Midwives are not counsellors, so they are unable to offer a counselling service. However, they can help to signpost you to additional support and counselling services if necessary.

Once results from any investigations (for example, blood tests, post-mortem or placental examination) are available, you will receive a letter inviting you to an appointment with your consultant.

This appointment is to discuss the results, any questions you have about the care you received and plans for any future pregnancies.

The Bereavement Midwives would usually attend this appointment with you.

If you have any questions about the Bereavement Midwives and how they can support you, please ask your midwife or contact the Bereavement Midwives:

Email: [bereavement.midwives@sthk.nhs.uk](mailto:bereavement.midwives@sthk.nhs.uk)

Telephone: 0151 478 7613

Mobile telephone: 07775221120

## Support Groups

**Alder Centre**, Liverpool: counselling and support for anyone affected by the death of a child - 0151 252 5391 <https://www.alderhey.nhs.uk/services/alder-centre/>

**Child Death Helpline**: for anyone affected by the death of a child – Freephone 0800 282 986 / 0808 800 6019 <https://www.childdeathhelpline.org.uk/>

**SANDS** (Stillbirth and Neonatal Death Society): for anyone affected by the death of a baby Freephone 0808 164 3332 [helpline@sands.org.uk](mailto:helpline@sands.org.uk)

**Twins Trust**: bereavement support for anyone affected by twin loss – 0800 138 0509 [www.twustrust.org/supporting-you/helpline](http://www.twustrust.org/supporting-you/helpline)

**Child Bereavement UK**: counselling and support for anyone affected by the death of a child – have a local hub in Widnes. Freephone 0800 028 8840 [www.childbereavementuk.org](http://www.childbereavementuk.org)

**Liverpool Bereavement Service**: counselling for bereavement, including baby loss – 0151 236 3932 <https://liverpoolbereavement.com/baby-and-child-loss/>

**Love, Jasmine**: based in Wavertree, Liverpool – counselling and group support for anyone affected by the death of a baby (over 20 weeks gestation) - 0151 459 4779 [www.lovejasmine.org.uk](http://www.lovejasmine.org.uk)

**Dads Still Standing**: a place for dads who have suffered baby loss to find support [www.dadstillstanding.com](http://www.dadstillstanding.com)

**Daddies with Angels**: for men affected by baby loss – 07513655134 [www.daddieswithangels.org](http://www.daddieswithangels.org)

**Winston's Wish**: support for bereaved children and those supporting them Freephone 08088 020 021 [www.winstonswish.org](http://www.winstonswish.org)



**Mersey and West Lancashire  
Teaching Hospitals**  
NHS Trust

Whiston Hospital  
Warrington Road,  
Prescot, Merseyside, L35 5DR  
Telephone: 0151 426 1600

St Helens Hospital  
Marshall Cross Road,  
St Helens, Merseyside, WA9 3DA  
Telephone: 01744 26633